

**COURSE  
fee-\$10**



**UFT WELFARE FUND**



# SI BEAGLE LEARNING CENTERS PROGRAM

WWW.UFT.ORG

VOLUME 29, NUMBER 1

FALL 2014

## HOW TO REGISTER

### FALL LEARNING CENTER CLASS SCHEDULE

**Start date:** Monday, September 8, 2014

**End date:** Friday, November 21, 2014

- Registration deadline: Monday, August 18, 2014
- Classes are 11 sessions, unless otherwise noted (See calendar below):

WEEK	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
1	9/8/14	9/9/14	9/10/14	9/11/14	9/12/14
2	9/15/14	9/16/14	9/17/14	9/18/14	9/19/14
3	9/22/14	9/23/14	9/24/14	—	—
4	9/29/14	9/30/14	10/1/14	10/2/14	10/3/14
5	10/6/14	10/7/14	10/8/14	10/9/14	10/10/14
6	—	10/14/14	10/15/14	10/16/14	10/17/14
7	10/20/14	10/21/14	10/22/14	10/23/14	10/24/14
8	10/27/14	10/28/14	10/29/14	10/30/14	10/31/14
9	11/3/14	—	11/5/14	11/6/14	11/7/14
10	11/10/14	—	11/12/14	11/13/14	11/14/14
11	11/17/14	11/18/14	11/19/14	11/20/14	11/21/14

- There will be no classes on the following days:

Thursday, September 25 - Rosh Hashanah

Friday, September 26 - Rosh Hashanah

Monday, October 13 - Columbus Day

Tuesday, November 4 - Election Day

Tuesday, November 11 - Veteran's Day

### INTERSESSION SCHEDULE

**Start date:** Monday, January 5, 2015

**End date:** Friday, February 6, 2015

- Registration deadline: Monday, December 15, 2014
- Classes are 5 sessions, unless otherwise noted (See calendar below):

WEEK	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
1	1/5/15	1/6/15	1/7/15	1/8/15	1/9/15
2	1/12/15	1/13/15	1/14/15	1/15/15	1/16/15
3	—	1/20/15	1/21/15	1/22/15	1/23/15
4	1/26/15	1/27/15	1/28/15	1/29/15	1/30/15
5	2/2/15	2/3/15	2/4/15	2/5/15	2/6/15

- There will be no classes; Monday, January 19 - Dr. Martin Luther King, Jr. Day

All registration **MUST** be received **BY MAIL ONLY** and sent to:

**UFTWF Retiree Programs  
Si Beagle Learning Centers  
52 Broadway, 17th Floor  
New York, NY 10004**

Please note: We **CANNOT** check to see if we received your registration. Allow four to six weeks for processing from the date we receive it in the office.

Any *other* questions, please call the main office at 212-598-6879 from July 7, 2014-August 29, 2014.

#### ❖ ELIGIBILITY

UFT retirees will be registered before spouses, registered domestic partners, AFT, NYSUT and PSC members.

#### ❖ REGISTRATION FEES

**ALL CHECKS/MONEY ORDERS MUST BE MADE PAYABLE TO UFTWF RETIREE PROGRAMS (NO CASH ACCEPTED).**

Use the registration coupon for all courses, seminars, trips and Defensive Driving. There is a **\$10** fee for each course, including Dine Around and Theater Experience and \$2 for each seminar. All fees are NON-REFUNDABLE and NON-TRANSFERABLE.

#### ❖ COURSES

- The maximum number of courses you may register for is **three**.
- You must register for the course(s) in advance. We will not accept payment the day of the course.
- Write one check/money order for courses.

In addition to the three courses you may register for:

#### ❖ SEMINARS

- No fee for benefit seminars (e.g. legal plan, health benefits).
- You **MUST** register for all seminars in advance to guarantee seating.
- Write one check/money order for seminars.

#### ❖ TRIPS

- You may register for up to **five** trips.
- The price shown is the complete fee for each trip.
- Write a separate check/money order for **each** trip.
- All trips are RAIN or SHINE.
- REFUNDS ARE MADE UPON WRITTEN REQUEST UP TO **FOUR** WEEKS PRIOR TO TRIP DATE. Mail refund request to: **UFTWF Retiree Programs**, 52 Broadway, 17th Floor, NY, NY 10004. Attn: Gerri Herskowitz, Director.
- Refunds will be issued in four to six weeks.

#### ❖ THEATER EXPERIENCE

- Individual checks for different shows to be collected at each session made payable to **UFTWF Retiree Programs**.

#### ❖ DINE AROUNDS

- Individual checks for each restaurant will be collected at orientation session made payable to **UFTWF Retiree Programs**.
- Refunds are contingent upon policy of the vendor.

#### ❖ DEFENSIVE DRIVING

- Enclose a separate check/money order for \$30 payable to **UFTWF Retiree Programs** for NYSUT Defensive Driving.

#### ❖ TO REGISTER

- **Each registrant must complete** a separate registration coupon with their name, last four digits of social security number, address, phone number and course information.
- Provide the correct course/seminar/trip code(s) and course/seminar/trip title(s)
- Spouses, registered domestic partners, AFT, NYSUT and PSC members are wait-listed. Do not enclose a payment for them.
- If a spouse is not registering for any of the programs, do not write his/her name in the line provided.
- Each registrant must pay with his/her own checks/money order made payable to **UFTWF Retiree Programs**. Include on the checks/money orders the course number exactly as it appears in the course description. Enclose payment with the registration form.
- **DO NOT** staple or tape your check to your registration form.
- **MEMBERS CANNOT PAY FOR OTHER MEMBERS.**

**NB:** View Si Beagle offerings online at [www.uft.org](http://www.uft.org), click chapters/retirees/programs, then scroll to bottom of page to view the Si Beagle and download coupon to send it in for registration.

#### ❖ GENERAL INFORMATION

- Your course selection coupon will be stamped either with a green "ENTERED" or a red "SORRY COURSE, SEMINAR or TRIP FULL" and returned to you in the mail. Bring the coupon to every session your course meets if it is marked in green. It serves as your admission card. If your coupon is stamped in red it indicates that you will not be admitted and your name will be put on a WAIT LIST. WAIT LISTED retirees, registered domestic partners, AFT, NYSUT and PSC members will be notified of course openings by a Borough Section Coordinator according to the date registration was received.
- Queens and Manhattan retirees will be sent UFT ID cards. Sign these ID cards and present them to enter the buildings.
- Overpayments will be issued in four to six weeks.
- We reserve the right to cancel any course that has fewer than 15 students registered by the first session. Registered students will be notified and issued full refunds. Refunds will be issued in four to six weeks.
- New courses, seminars and trips are added periodically in our Learning Centers. These are exempt from the three-course maximum. Look for announcements in the RTC column in each issue of the New York Teacher or on the UFT website.

### KEEP THIS ISSUE!

After you have sent in your registration, keep this issue as a reminder of the dates of your courses, seminars and trips.

## RETIREE PROGRAMS DEPARTMENT

Michael Mulgrew *President, UFT* • Tom Murphy *Chapter Leader, UFT-RTC* • Sandra March *UFT Liaison to the RTC* • Gerri Herskowitz *Director, UFTWF Retiree Programs*  
Sasha Greene, *LMSW Director, UFTWF Retiree Social Services* • Lynn Lospenuso *Retiree Communications Coordinator*

## BOROUGH LEARNING CENTERS

**UFT BRONX LEARNING CENTER** 2500 Halsey St., Bronx, NY 10461 • (718) 862-6069/ (718) 862-6004 • Cheryl Bing-Howard, Elizabeth Harris, Sally Morales, Coordinators  
**UFT BROOKLYN LEARNING CENTER** 335 Adams St., 24th Floor, Brooklyn, NY 11201 • (718) 722-6961/ (718) 722-6962 • Evelyn Dorell, Kathy Giannou and Regina O'Jff, Coordinators  
**UFT MANHATTAN LEARNING CENTER** 50 Broadway, 2nd Floor, New York, NY 10004 • (212) 510-6478/ (212) 510-6479 • Lucy Carrubba, Jo-Ann Hauptman, Esta Heitner and Carol Melucci, Coordinators  
**UFT QUEENS LEARNING CENTER** 97-77 Queens Blvd., 8th Floor, Rego Park, NY 11374 • (718) 830-5711/ (718) 830-5710 • Laura Chin, Ray Taruskin and Nina Tribble, Coordinators  
**UFT STATEN ISLAND LEARNING CENTER** 4456 Amboy Rd., Staten Island, NY 10312 • (718) 605-1400 • Ely R. Cohen and Audrey Zimring, Coordinators

## OUTREACH SECTIONS

**UFT NASSAU SECTION** Seena Bryan, Coordinator • (516)935-4522 • **UFT NEW JERSEY SECTION** Angela Reformato Solomon, Coordinator • (732) 595-6197  
**UFT SUFFOLK SECTION** George Borsuk, Coordinator • (631) 367-0047 • **UFT WESTCHESTER/ROCKLAND/PUTNAM SECTION** Frank Pollice, Coordinator • (845) 356-2033

## TDA WORKSHOPS

Since 1988, retirees have had the right to defer distribution of their Tax Deferred Annuity (TDA) money when they retire. To help you understand the choices you may make, we are offering the workshops listed below. All meetings are 10:30 a.m.-12:30 p.m. except So. New Jersey which is 10:30 a.m.-12 p.m. There is no fee for TDA Workshops.

Please follow the normal seminar registration procedure using the course number indicated. For Florida TDA Workshops, please turn to page 14.  
**BRONX: XF 801** Wednesday, Oct. 22. Bronx Learning Center, 2500 Halsey St.

**BROOKLYN: KF 801** Friday, Oct. 24. Brooklyn Learning Center, 335 Adams St., 24th Floor.

**MANHATTAN: MF 801** Thursday, Oct. 23. Manhattan Learning Center, 52 Broadway, 19th Floor, Room D.

**QUEENS: QF 801** Friday, Oct. 24. Queens Learning Center, 97-77 Queens Blvd. 8th Floor.

**STATEN ISLAND: RF 801** Friday, Oct. 31. Staten Island Learning Center, 4456 Amboy Rd.

**NASSAU/SUFFOLK: NF 801** Thursday, Nov. 6. Freeport Memorial Library, 144 W. Merrick Rd., Freeport.

**NORTHERN NEW JERSEY: JF 801** Wednesday, Oct. 29. Fort Lee Recreation Center, 1501 Stillwell Ave., Fort Lee.

**SOUTHERN NEW JERSEY: JF 802** Monday, Oct. 27. Forsgate Country Club, 375 Forsgate Dr., Monroe Township.

**WESTCHESTER/ROCKLAND/PUTNAM: WF 801** Tuesday, Oct. 28. Grinton I. Will Library, 1500 Central Park Ave., Yonkers.

## LEGAL PLAN MEETINGS

These meetings provide information on the UFT Welfare Fund Legal Plan benefit. The attorney will discuss power of attorney, free simple wills, health care proxies and how to access the plan from different states. An elder law attorney will be at the meeting to talk about elder law supplement, elder law issues and estate planning and trusts. There is no fee. All meetings are scheduled from 10:30 a.m.-12:30 p.m.  
**BRONX: XF 803** Thursday, Oct. 16. Bronx Learning Center, 2500 Halsey Street.

**QUEENS: QF 803** Wednesday, Nov. 5. Queens Learning Center, 97-77 Queens Blvd. 8th floor.

**STATEN ISLAND: RF 803** Friday, Sept. 12. Staten Island Learning Center, 4456 Amboy Road.

## ANNUAL MEMBERSHIP MEETINGS

All meetings are held from 9:45 a.m.-1 p.m. with coffee served at 9:45 a.m. Online registration is available for annual meetings only at <http://uft.org/RTCannualmeetings>

**BRONX: XA 001** Wednesday, Mar. 4. Bronx Learning Center, 2500 Halsey St.

**BROOKLYN: KA 001** Tuesday, Mar. 3. UFT Headquarters, 52 Broadway, 2nd Fl. Auditorium.

**MANHATTAN: MA 001** Tuesday, Feb. 24. UFT Headquarters, 52 Broadway, 2nd Fl. Auditorium.

**QUEENS: QA 001** Monday, Feb. 2. Forest Hills Jewish Center, 106-06 Queens Blvd.

**STATEN ISLAND: RA 001** Wednesday, Jan. 28. Li Greci's Staaten, 697 Forest Ave.

**NASSAU: NA 001** Tuesday, Jan. 6. Adelphi University, Ruth S. Harley University Court - Room 202/3, South Avenue, Garden City.

**SUFFOLK: UA 001** Monday, Mar. 9. Suffolk County Community College, Michael J. Grant Campus, Sagtikos Arts and Sciences Bldg., Van Nostrand Theater, Crooked Hill Road, Brentwood.

**NORTHERN NEW JERSEY: JA 001** Wednesday, Feb. 25. Doubletree Hotel, 2117 Route 4 East, Fort Lee.

**SOUTHERN NEW JERSEY: JA 002** Wednesday, Jan. 21. Radisson Hotel, 50 Gibson Pl., Freehold.

**WESTCHESTER/ROCKLAND/PUTNAM: WA 001** Tuesday, Feb. 3. Congregation Sons of Israel, 300 North Broadway, Upper Nyack.

## NYSUT DEFENSIVE DRIVING COURSES

Successful completion of the NYSUT Defensive Driving course (two sessions except for Staten Island) entitles you to a discount on your liability and collision insurance, and up to four points off if you incurred violation points on your driver's license. Bring your license to the first session. *Participants must attend both sessions.* You may make up one session at another location during the same term. Contact Esta Heitner, Manhattan Learning Center, (212) 510-6478 or 6479 (Tuesday through Thursday) from September 9 through November 20.

The cost is \$30. The standard \$10 course registration fee is waived. Make checks payable to **UFTWF RETIREE PROGRAMS.** Please remember to write the course number on your check.

**BRONX: XF 701** Friday, Oct. 17. One session. Bronx Learning Center, 2500 Halsey St. 10 a.m.-5 p.m. B. Levine.

**BROOKLYN: KF 701** Two Fridays, Oct. 10 & 17. Brooklyn Learning Center, 335 Adams St., 24th Floor. 10 a.m.-2 p.m. B. Gallagher.

**MANHATTAN: MF 701** Two Fridays, Oct. 10 & 17. Manhattan Learning Center, 50 Broadway,

2nd Floor. 10:30 a.m.-2:30 p.m. N. Remland.  
**QUEENS: QF 701** Two Fridays, Sept. 12 & 19. Queens Learning Center, 97-77 Queens Blvd., 8th Floor. 10:15 a.m.-2:15 p.m. N. Remland.  
**STATEN ISLAND: RF 701** Friday, Dec. 5. One session. Lunch hour included. Staten Island Learning Center, 4456 Amboy Rd. 10 a.m.-5:15 p.m. B. Levine.

## SPECIAL EVENTS

REFUNDS ARE MADE UPON WRITTEN REQUEST UP TO *FOUR* WEEKS PRIOR TO EVENT. Mail refund request to: **UFTWF Retiree Programs**, 52 Broadway, 17th Floor, NY, NY 10004. Attn: Gerri Herskowitz, Director.

**BRONX: XF 651 END TERM PARTY** Celebrate the end of the year with good company, good times and good food. Wednesday, Nov. 19. 10-12. \$25. Advance registration required on or before Nov. 12. C. Bing-Howard/S. Morales/E. Harris.

**BROOKLYN: KF 651 SHOW & SCHMOOZE** Enjoy a sumptuous full buffet, a great show and a chance to display our wonderful achievements. Thursday, Dec. 4. 11:30-3. \$25. Advance

registration required on or before Nov. 20. E. Dorell/K. Giannou/R. Olff.  
**STATEN ISLAND: RF 651 END TERM PARTY** Enjoy the choraleers, line dancers, festivities, food and friendships. Join us at Li Greci's Staaten, 697 Forest Avenue. Wednesday, Dec. 3. 12 noon. \$33. Advance registration required on or before Nov. 20. E. Cohen/A. Zimring.  
**NASSAU: NF 600 NOT BACK TO SCHOOL LUNCHEON** Tuesday, Sept. 9. Verdi's of Westbury, 680 Old Country Rd., Westbury. 12:30 p.m. \$34. S. Bryan.  
**NEW JERSEY: JF 600 SOUTHERN NEW JERSEY ANNUAL LUNCHEON** Monday, Oct. 27. 12 noon. Forsgate Country Club, 375 Forsgate Drive, Monroe Township. \$32. A. Solomon.

## NASSAU SECTION

### COURSES

Unless otherwise noted, all courses have a \$10 fee (which is non-refundable and non-transferable).

### MONDAY

#### NF 101 RETIREES READ-BOOK CLUB

Read and discuss one book per month. Participants will be mailed the first title in August. The other books are chosen by the group: fiction & non-fiction. Freeport Memorial Library, 144 West Merrick Rd. (bring quarters for parking meters) in Freeport. Three sessions: Sept. 8; Oct. 6; Nov. 17. 10:30-12:30. S. Bryan.

**NF 102 ZUMBA GOLD** Have fun learning dance routines that are designed for mature adults based on the same dance moves as the original Zumba. Use modified movements and longer warm ups and cool downs. Freeport

Memorial Library, 144 West Merrick Rd. (bring quarters for parking meters) in Freeport. Four consecutive sessions. Begins Oct. 20. 10-12. Y. Roth.

### THURSDAY

#### NF 401 MODERN BIBLICAL SCHOLARSHIP: FOUR ASPECTS

Learn what modern biblical scholars have thought about early books of the Hebrew Bible. Read and discuss Abraham revisited - Oct. 9; Jacob - Oct. 16; Joseph - Oct. 23; Moses, Egypt and the Sinai - Oct. 30. Plainview Old Bethpage Library, 999 Old Country Road, Plainview. Four consecutive sessions. 2-4. \$12 includes registration and materials. D. Skolnik.

### SEMINARS

Unless otherwise noted, all seminars have a \$2 fee

(which is non-refundable and non-transferable).

**NF 805 THE HISTORY OF THE NEW YORK YANKEES** Take a trip down memory lane learning the history of the NY Yankees from their beginnings as the Highlanders to the present day. Please bring your memorabilia and questions to join in the fun. Plainview Old Bethpage Library, Rooms C and D, 999 Old Country Road, Plainview. Thursday, Oct. 2. 2-4. B. Casanovas.

**NF 806 AGING WITH GRACE** Listen and discuss the ideas of being a senior and a wise elder with a psycho-therapist and author. Learn the challenges of this stage in life. Develop a new approach to aging. Plainview Old Bethpage Library, Room B, 999 Old Country Road, Plainview. Friday, Nov. 7. 1-3. J. Bryan.

**NF 807 HEALTHY AGING WITH EXERCISE & PHYSICAL ACTIVITY FROM THE NATIONAL INSTITUTE OF HEALTH** An introduction on "how to get moving" and how to set exercise goals and stick with them.

Each participant receives an activity guide and DVD. Comfortable clothing and sneakers suggested. Plainview Old Bethpage Library, Room A, 999 Old Country Road, Plainview. Thursday, Nov. 13. 2-4. Y. Roth.

**NF 808 LEARN ABOUT THE APPLE iPHONE & APPLE iPAD** Learn to navigate your Apple iPhone and Apple iPad more smoothly using tips and tricks. Bring Apple iPhone or Apple iPad to class. Plainview Old Bethpage Library, Auditorium, 999 Old Country Road, Plainview. Friday, Nov. 21. 1:30-4:30. L. Cohen.

**NF 809 THEY WROTE THE SONGS: MUSIC OF DOO WOP & EARLY ROCK** Listen to the stories and music of two great song writing teams: Leiber & Stoller (Hound Dog, Stand By Me); Pomus & Shuman. (Save the Last Dance for Me, This Magic Moment). Freeport Memorial Library, 144 West Merrick Rd, Freeport. Bring quarters for meters. Monday, Nov. 24. 10:30-1. H. Bloch.

## SUFFOLK SECTION

### COURSES

Unless otherwise noted, all courses have a \$10 fee (which is non-refundable and non-transferable).

### MONDAY

**UF 101 MAH JONGG** Enjoy learning the

basics and those who are familiar can play together. Bring a set and current Mah Jongg card (if you have one). NYSUT Headquarters, 3rd floor, 150 Motor Parkway, Hauppauge. Five consecutive sessions. Begins Sept. 8. 9:30-11:30. S. Farkas.

**UF 102 CANASTA** Learn the basics and those who know the game can play among themselves. NYSUT Headquarters, 3rd floor, 150

Motor Parkway, Hauppauge. Five consecutive sessions. Begins Sept. 8. 12-2. S. Farkas.

### SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

**UF 805 GIANTS OF CINEMA** Enjoy movie

lectures on Kern, Gershwin, Rodgers & Hammerstein, Woody Allen and Neil Simon followed by a movie and lunch (bring/buy) at Cinema Arts. You then choose the movie you would like to see at the cinema. Cinema Arts Centre, 423 Park Ave., Huntington. Four sessions: Oct. 31; Nov. 7, 14, 21. 10:15-4:15. \$82. P. Harwood.



# NEW JERSEY SECTION

## COURSES

Unless otherwise noted, all courses have a \$10 fee (which is non-refundable and non-transferable).

## TUESDAY

**JF 201 MAH JONGG** Beginners enjoy learning this ancient game that involves skill, strategy and luck. Experienced players gain expertise in finer points. Bring a set and current Mah Jongg card (if you have one). Monmouth County Library, 125 Symmes Drive, Manalapan. Eight sessions. Begins Sept. 9. 10-12. B. Waldman.

**JF 202 CANASTA** Review basics and enjoy playing this game. No prior knowledge needed. Bring a deck of cards with two jokers. Monmouth County Library, 125 Symmes

Drive, Manalapan. Eight sessions. Begins Sept. 9. 12:15-2:15. B. Waldman.

## WEDNESDAY

**JF 301 ACRYLIC PAINTING** Basic, intermediate and advanced techniques of paint, brushes, composition and subject matter. Materials needed for first class: set of six basic acrylic paints, a variety of brushes, pad of canvas paper, canvas board and/or canvas. Additional materials list distributed in class. Monmouth County Library, 125 Symmes Drive, Manalapan. Eight sessions. Begins Sept. 10. 9:30-11:30. L. Gilbert.

## SEMINARS

Unless otherwise noted, all seminars have a \$2

fee (which is non-refundable and non-transferable).

**JF 805 UNRAVELING THE MYSTERIES OF CREDIT & CREDIT REPORTS** Learn about credit basics, the different types of credit available, the most commonly used credit option and credit cards. Gain an understanding of personal credit reports, their management and the effects on the credit process. Fort Lee Recreation Center, 1501 Stillwell Ave., Fort Lee. Wednesday, Sept. 17. 10-12. No Fee. K. Haefelin, NYSUT.

**JF 806 HOW TO KEEP ACCURATE MEDICAL RECORDS** Keep accurate medical records on health coverage and complimentary roles of SHIP, Medicare, GHI and HMO's. Q&A. Monmouth County Library, 125 Symmes Drive, Manalapan. Monday, Sept. 29. 10-12. No Fee. R. Burwick.

**JF 807 NYSUT MEMBER BENEFITS**

Overview of programs and services including Catastrophic Insurance, Long Term Care, financial related plans and discounted programs. Fort Lee Recreation Center, 1501 Stillwell Ave., Fort Lee. Wednesday, Oct. 15. 10-12. No Fee. TBA.

**JF 808 NYSUT MEMBER BENEFITS** Overview of programs and services including Catastrophic Insurance, Long Term Care, financial related plans and discounted programs. Monmouth County Library, 125 Symmes Drive, Manalapan. Monday, Oct. 20. 10-12. No Fee. TBA.

**JF 809 HOW TO KEEP ACCURATE MEDICAL RECORDS** Keep accurate medical records on health coverage and complimentary roles of SHIP, Medicare, GHI and HMO's. Q&A. Fort Lee Recreation Center, 1501 Stillwell Ave., Fort Lee. Wednesday, Nov. 19. 10-12. No Fee. R. Burwick.

# WESTCHESTER/ROCKLAND/PUTNAM SECTION

## COURSES

Unless otherwise noted, all courses have a \$10 fee (which is non-refundable and non-transferable).

## MONDAY

**WF 951 DINE AROUND** Enjoy a lovely lunch at three of the area's finer restaurants. An orientation session takes place on Tuesday, Sept. 9 in the projection room (mezzanine level) at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Bring your checkbook and pen. Checks are payable to **UFTWF Retiree Programs**. 10-12. F. Pollice.

## THURSDAY

**WF 401 BRIDGE** Supervised play of the hand. All aspects of each deal is critiqued: bidding, play and defense. Improve your game while having fun. All levels welcome. Held in the projection room (mezzanine level) at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers. 10-12. R. Marchione.

## FRIDAY

**WF 501 MAH JONGG** For those who wish to learn and experienced players. Instruction provided. Rules sanctioned by the National Mah Jongg League. Bring your own Mah Jongg card and set (if you have one). Held in the projection room (mezzanine level) at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers. 9 sessions. Begins Sept. 12. 10:30-12:30. M. Schuster.

**WF 502 CANASTA** Beginners receive instruction on the fundamentals of the Modern American version of the game. All levels welcome. Bring a deck of cards (with jokers). Held in the projection room (mezzanine level) at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers. 10 sessions. Begins Sept. 12. 1-3. M. Schuster.

**WF 851 THEATER EXPERIENCE** On and off Broadway at discounted prices. Bring several checks to each session for the purchase of tickets. Checks are payable to **UFTWF Retiree Programs**. All sessions are at the Northeast Jewish Center, 11 Salisbury Road

(off Tuckahoe Rd. across from Bally's parking lot), Yonkers. Three sessions: Sept. 12; Oct. 10; Nov. 14. 12-2. S. Eisenberg.

## SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

**WF 805 HEALTH BENEFITS FOR RETIREES** An explanation of retiree health benefits and Medicare. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Monday, Sept. 15. 10:30-12:30. No Fee. B. Shiller.

**WF 806 NYSUT MEMBER BENEFITS** Overview of programs and services including Catastrophic Insurance, Long Term Care, financial related plans and discount programs. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Monday, Oct. 6. 10:30-1:30. No Fee. TBA.

**WF 807 IDENTITY THEFT: HOW TO PREVENT IT** Learn how your identity can be stolen causing you financial losses, emotional suffering and how you can protect yourself from this crime. Q&A. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Monday,

Oct. 20. 10:30-1:30. No Fee. K. Haefelin, NYSUT.

**WF 808 THEY WROTE THE SONGS** Listen to the stories and music of two great writing teams of the 50s & 60s: Leiber & Stoller (Hound Dog, Charlie Brown); Pomus & Shuman, (Hushabye, This Magic Moment). Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Tuesday, Oct. 21, 10:30-1:30. H. Bloch.

**WF 809 HOW TO KEEP ACCURATE MEDICAL RECORDS** Keep accurate medical records on health coverage and complimentary roles of SHIP, Medicare, GHI and HMO's. Q&A. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Monday, Oct. 27. 10:30-1:30. No Fee. R. Burwick.

**WF 810 UNRAVELING THE MYSTERIES OF CREDIT & CREDIT REPORTS** Learn about credit basics, the different types of credit available, the most commonly used credit option and credit cards. Gain an understanding of personal credit reports, their management and the effects on the credit process. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Monday, Nov. 3. 10:30-1:30. No Fee. K. Haefelin, NYSUT.

# TRIPS

ALL TRIPS ARE SEPARATED BY MONTH THEN DATE. BUS TRIPS ARE LISTED AT THE END.

PLEASE MAKE SURE YOU PUT THE CORRECT CODE & TITLE OF THE TRIP ON YOUR REGISTRATION FORM.

BRING THE STAMPED REGISTRATION FORM WITH YOU ON THE TRIP.

Refunds will be made upon your written request, up to four weeks prior to trip date.

Mail refund request to: UFTWF Retiree Programs, 52 Broadway, 17th Floor, NY, NY 10004. Attn: Gerri Herskowitz, Director.

## SEPTEMBER

**RF 901 SNUG HARBOR CULTURAL CENTER GARDENS TOUR** Guided tour of the Chinese Scholar's Garden, the Tuscan Garden and the Rose within this "Staten Island Jewel." After tour, you may explore the grounds. Meet at the end of the parking lot on Fillmore St. in S.I. by the red barn. **Tuesday, Sept. 9.** 1 p.m.-3 p.m. \$10. M. Mammana.

**MF 901 MADISON SQUARE GARDEN ALL ACCESS TOUR/LUNCH AT STAGE DOOR DELI** Go behind-the-scenes of exclusive VIP areas, the new spectacular chase bridges and view the Knicks and Rangers lockers rooms at this state of the art arena. Lunch at Stage Door Deli. Meet at MSG box office lobby, 7th Ave. & 32nd St. in Manhattan at 12:15 p.m. for a 12:30 p.m. tour. **Tuesday, Sept. 16.** 12:15

p.m.-4:15 p.m. \$48. J. DeNave.

**WF 901 BIALYSTOKER THE BEAUTIFUL/LUNCH AT KATZ'S DELICATESSEN** Tour Bialystoker Synagogue, once site of the Underground Railroad. Learn the history of the Lower East side. Sites include the Educational Alliance, Beth Hamedrash Hagadol (once the largest Russian Jewish Orthodox Congregation in U.S.) and visit a Shtibi. Lunch at Katz's Delicatessen. Meet in front of Bialystoker Synagogue, 7-11 Bialystoker Pl./Willett St. (bet. Grand & Delancey Sts.) in Manhattan at 9:30 a.m. for a 10 a.m. tour. **Tuesday, Sept. 16.** 9:30 a.m.-2:30 p.m. \$54. S. Eisenberg.

**QF 901 HISTORIC LOWER MANHATTAN WALKING TOUR WITH ANTHONY GRIFA** Learn the historical significance of these sites: Manhattan's only pre-Revolutionary church, the original Capital Building, a

Florentine Palazza, the NY Stock Exchange, the first U.S. department store, the world's tallest building and more. Meet on the SE corner of Broadway & Chambers St. at 10:45 a.m. for an 11 a.m. tour. **Wednesday, Sept. 17.** 10:45 a.m.-12:30 p.m. \$13. R. Taruskin.

**KF 901 SUMMER MANSIONS OF ASTORIA WITH JUSTIN FERATE** Astoria Village was once a summer colony of many wealthy 19th century New Yorkers. Discover some of these historic treasures that remain from the "Age of Innocence" on this guided walking tour. Lunch on your own at Opa Restaurant. Meet at the SW corner of 31st St. & 30th Ave. in Astoria at 9:45 a.m. for a 10 a.m. tour. **Friday, Sept. 19.** 9:45 a.m.-3:30 p.m. \$16. R. Olf.

**RF 902 ALICE AUSTEN HOUSE** Guided tour of this landmark house at the entrance to NY Harbor and the history of America's first

woman photographer. Docent conducts a hands-on photography demonstration. Bring your camera and take photos of the picturesque house and outdoor seascapes. Meet at the House entrance, 2 Hylan Blvd. in S.I. at 12:45 p.m. for a 1 p.m. tour. **Friday, Sept. 19.** 1 p.m.-3 p.m. \$10. M. Mammana.

**UF 901 ENVIRONMENTAL MARSH & BIRDING TOUR** Have a Sunken Meadow State Park naturalist experience with a marsh tour, birding, clamming, environmental studies and more. Leisurely walk through sandy pathways. Enjoy a picnic lunch (included) at the park. Meet at the Park, Sunken Meadow Parkway in Kings Park at 10:45 a.m. for an 11 a.m. tour. **Friday, Sept. 19.** 10:45 a.m.-3:15 p.m. \$40. G. Borsuk.

**WF 902 BATTERY PARK PUBLIC ART WITH SYLVIA LAUDIEN/LUNCH AT**



**BOBBY VAN'S** Visit a variety of public art, temporary projects by the Public Art Fund and permanent installations in Battery Park, one of NY's most innovative parks. Compare the unique character of public art with private art collections. Lunch at Bobby Van's. Meet in front of the National Museum of the American Indian, 1 Bowling Green in Manhattan at 9:30 a.m. for a 10 a.m. tour. **Friday, Sept. 19.** 9:30 a.m.-3:30 p.m. \$57. S. Eisenberg.

**RF 903 MORAVIAN CEMETERY TOUR WITH HISTORIAN RICHARD SIMPSON** Established in 1740, some of S.I.'s earliest settlers and their families rest here. Tour guide introduces us to a veritable "who's who of S.I.," its historical significance and also the beauty and serenity of its acreage. Wear casual clothes and comfortable shoes. Meet in front of the New Dorp Moravian Church, 2205 Richmond Rd. in S.I. **Tuesday, Sept. 23.** 1:30 p.m.-3 p.m. \$12. M. Mammama.

**WF 903 NY ACADEMY OF MEDICINE/ CONSERVATORY GARDENS/LUNCH AT FOX & FIDDLE WITH JUSTIN FERATE** Private tour of the Rare Book and Historical Collections that contain medical books printed in the late 17th and early 19th centuries. Then tour the six acre Conservatory Garden on Fifth Avenue. Lunch at Fox & Fiddle. Meet on the west side of 5th Ave. & 103rd St. in Manhattan at 9:30 a.m. for a 10 a.m. tour. **Tuesday, Sept. 23.** 9:30 a.m.-3:30 p.m. \$52. S. Eisenberg.

**XF 902 TRIBECA: THE TRIANGLE BELOW CANAL WITH ANTHONY GRIFA** Tribeca is best known for the Tribeca Film Festival, celebrity sightings, trendy restaurants and multi-million dollar lofts. Explore the "Soul of Tribeca," beneath its glossy image lies a neighborhood that sprung from Dutch settlers to artist pioneers. Meet on the S.E. corner of Chambers St. & Broadway in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Monday, Sept. 29.** 10:15 a.m.-12:30 p.m. \$13. C. Bing-Howard.

**MF 902 THE AFRICAN BURIAL GROUND/LUNCH AT SAZON** Enjoy a tour, site visit, film and memorial talk about both free and enslaved Africans that were buried in a 6.6-acre burial ground in Lower Manhattan from the 1690s until 1794. The grounds were rediscovered in 1991. Lunch at Sazon. Meet at the Burial Ground, 290 Broadway at 11:15 a.m. in Manhattan. **Tuesday, Sept. 30.** 11:15 a.m.-4:15 p.m. \$46. J. DeNave.

**QF 902 CHINESE AMERICAN: EXCLUSION/INCLUSION AT THE NEW YORK HISTORICAL MUSEUM** Docent led tour of the exhibit that raises the question: "What does it mean to be an American?" by considering centuries of trade and immigration between the U.S. and China. Meet at the NY Historical Museum, 170 Central Park West at Richard Gilder Way (77 St.) in Manhattan at 11 a.m. for an 11:15 a.m. tour. **Tuesday, Sept. 30.** 11 a.m.-12:15 p.m. \$18. L. Chin.

**RF 904 MUSEUM OF INTERESTING THINGS** Revisit the past with this engaging and interactive presentation and demonstration of some inventions that changed our country and our way of life. Focus on inventions of the Industrial Revolution and Mechanical Era and communications. Meet at the museum entrance, 177 Prince St. in Manhattan. **Tuesday, Sept. 30.** 1 p.m.-3 p.m. \$18. M. Mammama.

**UF 902 OHEKA CASTLE TOUR & LUNCH** Docent led tour of Oheka Castle followed by lunch. Meet at Oheka Castle, 135 Westgate Dr. in Huntington, L.I. at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Sept. 30.** 10:45 a.m.-2:45 p.m. \$74. G. Borsuk.

**WF 904 BROOKLYN BROWNSTONE NEIGHBORHOOD EATS TOUR WITH URBAN OYSTER** Discover delicious mom and pop shops and restaurants, experience how food is the engine of a local eco-system. Visit old and new school culinary entrepreneurs. Meet at Stinky Brooklyn Cheese Shop, 215 Smith St. in Brooklyn at 10:30 a.m. for an 11 a.m. tour. **Tuesday, Sept. 30.** 10:30 a.m.-2:30 p.m. \$63. S. Eisenberg.

## OCTOBER

**MF 903 MUSEUM OF CHINESE IN AMERICA (MOCA) GALLERY TOUR/LUNCH AT THE RED EGG** This educator led gallery tour provides an overview of *Chinese in America* from the 19th century to the present. Lunch at The Red Egg. Meet at MOCA, 215 Centre St. at 11 a.m. for an 11:15 a.m. tour. **Thursday, Oct. 2.** 11 a.m.-3:30 p.m. \$47. J. DeNave.

**QF 903 FROM THE MARGINS: LEE KRASNER & NORMAN LEWIS, 1945-1952 AT THE JEWISH MUSEUM** Docent led tour of the exhibit that examines Lee Krasner, an American female abstract expressionist painter and college artist and Norman Lewis, first African American abstract expressionist painter. How did their lives intersect in promulgating the expressionist movement? Meet at the Jewish Museum, 1109 Fifth Avenue (92nd St.) in Manhattan at 11 a.m. for an 11:15 a.m. tour. **Friday, Oct. 3.** 11 a.m.-12 noon. \$20. N. Tribble.

**RF 905 AUTUMN TEA** Enjoy a delightful tea, homemade appetizers, sandwiches and sweets in the historical colonial kitchen sponsored by the Conference House Association Auxiliary. You can take a self-guided tour of the Conference House which was the site of an unsuccessful attempt to end the American Revolutionary War. Meet at the Conference House, 298 Satterlee St. in S.I. **Friday, Oct. 3.** 12 noon-4 p.m. \$32. M. Mammama.

**MF 904 MURRAY HILL WALKING TOUR WITH ANTHONY GRIFA/LUNCH AT ROSSINI'S** Stroll through the neighborhood and view many architectural gems including the DeLamar Mansion, J.P. Morgan Jr. House, E.J. Robb Mansion and Sniffen Court. Lunch at Rossini's. Meet on SE corner of Park Ave. & E. 37th St. at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 7.** 10:15 a.m.-3:45 p.m. \$66. J. DeNave.

**WF 905 CROSSING DELANCEY/LUNCH AT SCHILLER'S** Tour Chasam Sopher, the oldest functioning synagogue in NY, the Stanton St. Synagogue, Streits Matzohs, Economy Candy and more. Lunch at Schiller's. Meet in front of Chasam Sopher, 10 Clinton St. in Manhattan at 9:30 a.m. for a 10 a.m. tour. **Tuesday, Oct. 7.** 9:30 a.m.-2:30 p.m. \$65. S. Eisenberg.

**NF 901 LUNCH & THEATER: OTHER DESERT CITIES AT THE BROADHOLLOW THEATER IN ELMONT, L.I.** Enjoy a three course lunch at King Umbertos followed by a three minute drive to the Broad Hollow Theater to see the play, *Other Desert Cities*. The play involves a family with different political views and a long held secret. Meet at King Umbertos, 1343 Hempstead Turnpike in Elmont at 12 p.m. - 5 p.m. **Wednesday, October 8.** 12 noon. \$61. S. Bryan.

**UF 903 THE BOY FROM OZ PRODUCTION & LUNCH AT RUVO'S IN PORT JEFFERSON** Enjoy lunch at Ruvo's followed by the production of *The Boy from Oz* at Theater Three. Meet at Ruvo's, 105 Wynn Lane at 11:45 a.m. for a 12 noon lunch. **Wednesday, Oct. 8.** 11:45 a.m.-4:30 p.m. \$49. G. Borsuk.

**XF 903 MOUNT MORRIS PARK WITH JOSEPH SVEHLAK & LUNCH AT SYLVIA'S** Discuss Harlem's rich history and view magnificent churches, century brownstones and civic buildings as we stroll through Harlem's Mount Morris Park. Enjoy a soul food lunch at Sylvia's Restaurant. Meet in the Metro-North's waiting room at 125th St. & Park Ave. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Thursday, Oct. 9.** 10:15 a.m.-2:30 p.m. \$45. E. Harris.

**QF 904 GRAMERCY PARK TO MADISON SQUARE WALKING TOUR WITH ANTHONY GRIFA** Stroll past the oldest known cooperative apartment building and a former Quaker house (currently a synagogue). View 19th century mansions, the National Arts Club, Players Club and Gramercy Park, the only private park in NYC and more. Tour ends in Madison Square where you can see the statuary and sight of the original Madi-

son Square Garden. Wear comfortable shoes. Meet on the NW corner of Irving Place & East 18 St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, Oct. 9.** 10:45 a.m.-12:30 p.m. \$13. L. Chin.

**XF 904 LOWER EASTSIDE MEMORIES** Stroll through the streets that once made up the most densely populated neighborhoods in the world. Sites include former cultural institutions of the past: the Educational Alliance, the Daily Forward building, synagogues and the haunts of Eddie Canter, Tony Curtis, Lillian Wald and more. Meet on the SW corner of Houston & Ludlow Sts. (in front of Katz's Deli) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 14.** 10:15 a.m.-12:30 p.m. \$13. C. Bing-Howard.

**MF 905 OROZCO MURALS AT THE NEW SCHOOL/LUNCH AT GENE'S** Curator led tour of five frescoes by Orozco; the famous lobby design by Joseph Urban and the Tishman Auditorium. Lunch at Gene's. Meet in the New School lobby, 66 West 12th St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Oct. 14.** 10:45 a.m.-3:45 p.m. \$41. J. DeNave.

**RF 906 LIBERTY SCIENCE CENTER** Enjoy a full day of fun and education that includes entrance to all 12 exhibits, viewing of an IMAX film and docent led tour of the major new exhibition, *Beyond Rubik's Cube*. Parking fees are additional. Meet at the Center's entrance, Liberty State Park, 222 Jersey City Blvd. in Jersey City, N.J. **Tuesday, Oct. 14.** 9 a.m.-3 p.m. \$19. M. Mammama.

**QF 905 AFTERNOON TEA AT LADY MENDI'S TEA SALON** Enjoy a traditional English afternoon tea. Meet at The Inn at Irving Place, 56 Irving Place (bet. 17 & 18 Sts.) in Manhattan at 12 noon. **Wednesday, Oct. 15.** 12 noon - 2 p.m. \$67. L. Chin.

**NF 902 OLD WESTBURY GARDENS & MANSION IN OLD WESTBURY, L.I.** Tour the historic Charles II style mansion furnished with English antiques and formal gardens in beautiful fall colors. Meet at Old Westbury Gardens group tour desk, 71 Old Westbury Road in Old Westbury, L.I. at 12:45 p.m. for a 1 p.m. tour. **Wednesday, October 15.** 12:45 p.m.-2 p.m. \$9. S. Bryan.

**WF 906 NY NEIGHBORHOOD WATERFRONT EATS TOUR/WATER TAXI TOUR WITH URBAN OYSTER** Visit artisan markets, chocolate factories, historic restaurants and brand new shops. Taste delicious treats while learning about the waterfront. Enjoy a round trip scenic cruise aboard NY Water Taxi. Meet at Bowne & Co. Printing Shop, 211 Water St. in Manhattan at 10:30 a.m. for an 11 a.m. tour. **Friday, Oct. 17.** 10:30 a.m. - 4 p.m. \$78. S. Eisenberg.

**XF 905 MANSIONS, MILLIONS & MAGNIFICENCE WITH ANTHONY GRIFA** Tour includes commentary on the Metropolitan, Harmony, Knickerbockers and Lotus Clubs as well as the history, architecture and landmarks of the wealthiest enclaves. View mansions and sites associated with James Duke, Joseph Pulitzer, Donald Trump, Nelson Rockefeller and more. Meet in front of General Sherman statue, 5th Ave. & 59th St. (near Plaza hotel) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Monday, Oct. 20.** 10:15 a.m. - 12:45 p.m. \$13. S. Morales.

**MF 906 THE CENTURY ASSOCIATION: A PRIVATE NYC CLUB/LUNCH AT KELLARI TAVERNA** The Century Association was established in 1846 as a club for "authors and artists." Curator led tour gives us a glimpse of the remarkable art collection of works by Durano, Cole and other Hudson River School painters. Lunch at Kellari Taverna. Meet at the Association, 7 West 43 St. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 21.** 10:15 a.m.-3:15 p.m. \$48. J. DeNave.

**RF 907 THE MARITIME WORLD OF JOHN A. NOBLE** Guided tour of the galleries, education center and exhibitions including *Noble's Houseboat Studio*, *Daily Life at Snug Harbor* and *Treasures of Snug Harbor*. Create your own maritime masterpiece using

an intaglio printing press (no printmaking experience necessary). Meet at the museum, 1000 Richmond Terrace in S.I. **Tuesday, Oct. 21.** 11 .m.- 1p.m. \$10. M. Mammama.

**MF 907 GHOSTLY GREENWICH VILLAGES WALKING TOUR WITH ANTHONY GRIFA/LUNCH AT CUBA** Visit sites where strange mists, sounds and falling objects have been reported including Mark Twain's Mystery House; the former Potter's Field where 15,000 corpses are buried; and the site where Eleanor Roosevelt's ghost was reported. Lunch at Cuba. Meet at NW corner of Bleeker St. & 7th Ave. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Thursday, Oct. 23.** 10:15 a.m.-3:45 p.m. \$54. J. DeNave.

**QF 906 THE PLAYERS CLUB/LUNCH AT PETE'S TAVERN** Docent led tour of this historic brownstone for arts aficionados. See the room where actors formed Actors Equity, the apartment of 19th century Shakespearan actor, Edwin Booth and more. Lunch at Pete's Tavern. Meet at The Players Club, 16 Gramercy Park South in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, Oct. 23.** 10:45 a.m.-2:15 p.m. \$43. R. Taruskin.

**QF 907 57TH STREET ART GALLERY TOUR WITH VIDA SCHREIBMAN** Visit 57th Street, the home to blue chip art galleries in several landmark Art Deco buildings. See several art galleries on this docent led tour. Meet in the Fuller Building lobby, 41 East 57 St. (Madison Ave.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Oct. 24.** 10:45 a.m.-12:30 p.m. \$20. N. Tribble.

**UF 904 GRAMERCY PARK WALKING TOUR & LUNCH AT BARBOUNIA'S** Discover the architecture of Gramercy park with a docent led tour followed by lunch at Barbounia's. Meet at Barbounia's, 250 Park Ave. South (20th St.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Oct. 24.** 10:45 a.m.-2:45 p.m. \$58. G. Borsuk.

**XF 906 ALICE'S TEA CUP** Enjoy a traditional afternoon tea party with scones, tea sandwiches, desserts and tea. Meet at Alice's Tea Cup, 156 E. 64th St. (off Lexington Ave) in Manhattan at 11:45 a.m. for a 12 noon tea party. **Friday, Oct. 24.** 11:45 a.m.-2 p.m. \$58. E. Harris.

**MF 908 ART DECO ARCHITECTURE AT THE BANK OF NEW YORK (BNY) MELLON/LUNCH AT BOBBY VAN'S** Guided tour of the BNY Mellon's dazzling lobby with red and gold mosaic walls; visit to the 49th floor with spectacular views; and the creations of art deco muralist, Hildreth Meiere in the museum. Lunch at Bobby Van's. Meet at BNY, 1 Wall St. (at 80 Broadway) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. **Tuesday, Oct. 28.** 11:15 a.m.-3:45 p.m. \$43. J. DeNave.

**WF 908 DUMBO WITH SYLVIA LAUDIEN** Tour one of Brooklyn's trendiest neighborhoods, Dumbo. Visit art centers and galleries (formerly vacant factories) and the newly designed waterfront which offers amazing views of NYC. Lunch on your own at one of Dumbo's many restaurants. Meet on the corner of Jay & Front Sts. in Brooklyn at 9:30 a.m. for a 10 a.m. tour. **Tuesday, Oct. 28.** 9:30 a.m.-1:30 p.m. \$17. S. Eisenberg.

**RF 908 HERBS FOR LIFE WITH GERT COLEMAN** Join in an engaging conversation with a member from the S.I. Herb Society about the uses of herbs. Make an herbal sugar scrub to take home. Optional: informal tour of the Colonial Herb Garden. Meet at the Conference House visitor's center (adjacent to the parking lot at the foot of Hylan Blvd.), 7455 Hylan Blvd. in S.I. **Wednesday, Oct. 29.** 1 p.m.-3p.m. \$17. M. Mammama.

**NF 904 QUICK & EASY DESSERTS** learn some quick and easy desserts for the upcoming holiday season. Cook and bake in small groups and taste the end results. Meet at A la Carte Culinary Services, 32 Atlantic Ave. in Lynbrook at 1:45 p.m. for a 2 p.m. class. Parking in back. **Wednesday, October 29.** 2 p.m.-4 p.m. \$48. S. Bryan.

**KF 905 LINCOLN CENTER PERFORMING ARTS CENTER & LUNCH** Tour the venues where famous artists have performed. Learn



about iconic landmarks and the newly transformed Alice Tully Hall. Lunch at Pomodoro Rosso. Meet at the Lincoln Center tour desk in the David Rubenstein Atrium, 61 West 62nd St. (Broadway) in Manhattan at 11 a.m. **Thursday, Oct. 30.** 11 a.m. - 3 p.m. \$61. R. Olff.

**QF 908 URBAN GLASS TOUR/LUNCH AT JUNIOR'S** Guided tour of Brooklyn's newly refurbished glass working facility for amateurs, experienced and professional artisans. View a glass blowing demo, other techniques and the current exhibition of craftsmen's glass projects. Learn how the art glass is created. Lunch at Junior's. Meet at Urban Glass, 647 Fulton St. in Brooklyn at 11:15 a.m. for an 11:30 a.m. tour. **Thursday, Oct. 30.** 11:15 a.m. - 2:30 p.m. \$43. R. Taruskin.

**MF 909 ROOSEVELT HOUSE TOUR/LUNCH AT TONY'S DiNAPOLI** Tour the former home of Franklin, Eleanor and Sara Delano Roosevelt. Hear about the Roosevelt's family's lives, civic activities and governmental positions as they transformed the nation and the world. Lunch at Tony's DiNapoli. Meet at Roosevelt House, 47-49 East 65th St in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Oct. 31.** 10:45 a.m.-3:45 p.m. \$53. J. DeNave.

## NOVEMBER

**RF 909 PIZZA: "EVERYTHING YOU EVER WANTED TO KNOW ABOUT PIZZA & WERE AFRAID TO ASK" WITH JIM MCBRATNEY** Enthral yourself in the history of this popular food from the very first pizza created to honor Italy's Queen Margarita in 1895 to its current version. Enjoy a delicious pizza lunch and beverage. Meet at the Jimmy Max Restaurant, 280 Watchogue Rd. in S.I. **Monday, Nov. 3.** 11 a.m.-1p.m. \$12. M. Mammana.

**XF 907 UPTOWN TREASURES WITH ANTHONY GRIFA** View works by artists, El Greco, Goya and Velasquez; the 360° Joaquin Sorolla murals room; and artifacts from prehistoric to the present time at the Hispanic Society Museum. Tour the Academy of Arts & Letters honoring historical figures. Stroll through Trinity Cemetery. View the Church of the Intercession. Meet on NW corner of 155th St. & Broadway in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Wednesday, Nov. 5.** 10:15 a.m. - 12:45 p.m. \$13. S. Morales.

**MF 910 MUSEUM OF BIBLICAL ART (MOBIA)/LUNCH AT PORTER HOUSE** Guided tour focuses on biblically inspired art from historical to contemporary. View the exhibition *Durer, Rembrandt, Tiepolo: The Jansma Master Prints Collection from the Grand Rapids Art Museum*. Lunch at Porter House New York. Meet at MOBIA, 1865 Broadway (61st St.) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. **Thursday, Nov. 6.** 11:15 a.m.-3:45 p.m. \$49. J. DeNave.

**QF 909 HELENA RUBINSTEIN: BEAUTY IS POWER AT THE JEWISH MUSEUM** Docent led tour of the *Helena Rubinstein: Beauty is Power* exhibit. Learn how this poor girl from the Krakow's Jewish ghetto revolutionized the cosmetics world and became the queen of beauty and a leading philanthropist. Meet at the Jewish Museum, 1109 Fifth Ave. (92 St.) in Manhattan at 11 a.m. for an 11:15 a.m. tour. **Thursday, Nov. 6.** 11 a.m. - 12 noon. \$20. L. Chin.

**QF 910 RADIO CITY CHRISTMAS SPECTACULAR** See the Christmas Spectacular show with the world renowned Rockettes. View Santa Claus' ride in 3D, listen to organ pipe music, watch the Rockettes precision dance to holiday music and more. Meet at Radio City, 1260 Ave. of the Americas (50th St.) in Manhattan at 10:30 a.m. for an 11 a.m. show. **Friday, Nov. 7.** 10:30 a.m.-12:30 p.m. \$57. R. Taruskin.

**RF 910 NATIVE AMERICAN DREAM CATCHERS WITH KATHY TRIMARCO** Join a resident artist from the Greenbelt Nature Center to celebrate the rich cultural heritage of the Native Americans by creating

dreamcatchers. Materials are included. Meet in the Greenbelt Nature Center lobby, 700 Rockland Ave. in S.I. **Friday, Nov. 7.** 1 p.m.-3p.m. \$12. M. Mammana.

**XF 908 TENEMENT MUSEUM** Sweat Shop Worker tour and discussion: visit the Levine Family's garment workshop and the Rogarshevsky's Sabbath table at the turn of the 20th century. Explore how immigrants balance work, family and religion at a time of great change. Meet at the museum's visitor center, 103 Orchard St. (corner of Delancey St.) in Manhattan at 9:45 a.m. for a 10 a.m. tour. **Thursday, Nov. 13.** 9:45 a.m.-12 noon. \$26 E. Harris.

**QF 911 HELENA RUBINSTEIN: BEAUTY IS POWER AT THE JEWISH MUSEUM** Docent led tour of the *Helena Rubinstein: Beauty is Power* exhibit. Learn how this poor girl from the Krakow's Jewish ghetto revolutionized the cosmetics world and became the queen of beauty and a leading philanthropist. Meet at the Jewish Museum, 1109 Fifth Ave. (92 St.) in Manhattan at 11 a.m. for an 11:15 a.m. tour. **Friday, Nov. 14.** 11 a.m. - 12 noon. \$20. N. Tribble.

**MF 911 CITY CENTER INSIDER'S TOUR/NOCELLO LUNCH** Tour focuses on the history and architecture of this landmarked building. The City Ballet & City Opera started here and is the home to the Alvin Ailey Dance Theatre, Manhattan Theatre Club and the Women's Project Theatre. Lunch at Nocello. Meet at City Center, 131 West 55 St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Nov. 18.** 10:45 a.m.-3:45 p.m. \$48. J. DeNave.

**WF 910 CHELSEA ART GALLERIES WITH SYLVIA LAUDIEN/LUNCH AT EL QUIJOTE** Stroll the streets of Chelsea, visit 6-8 art galleries and see the newest buildings in the neighborhood. Lunch at El Quijote. Meet in front of Clement Moore Park, 10th Ave. & 22nd St. in Manhattan at 9:30 a.m. for a 10 a.m. tour. **Tuesday, Nov. 18.** 9:30 a.m.-2:30 p.m. \$58. S. Eisenberg.

**NF 905 COOKING CREATIVE SIDE DISHES** Side dishes can always make the meal especially with the holidays coming. Learn something new while cooking in small groups and tasting the end results. Meet at A la Carte Culinary Services, 32 Atlantic Ave., Lynbrook at 1:45 p.m. for a 2 p.m. class. Parking in back. **Wednesday, November 19.** 2 p.m.-4 p.m. \$48. S. Bryan.

**MF 912 THEODORE ROOSEVELT BIRTHPLACE/TAPAS LUNCH AT BOQUERIA** Guided museum tour and film that depicts the life and accomplishments of the only U.S. President who was born and raised in NYC and became immortalized on Mount Rushmore. Lunch at Boqueria. Meet at Roosevelt Birthplace, 28 East 20th St in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, Nov. 20.** 10:45 a.m.-3:45 p.m. \$53. J. DeNave.

**KF 908 CHINESE AMERICAN: EXCLUSION/INCLUSION** Guided tour looking at years of trade and immigration between the U.S. and China. Learn about Angel Island, the "Ellis Island" of the west coast. Meet at the NY Historical Society, 170 Central Park West (77th St.) in Manhattan at 10:30 a.m. for a 11 a.m. tour. **Friday, Nov. 21.** 10:30 a.m.-3 p.m. \$18. R. Olff.

**WF 911 THE GROLIER CLUB & DAVID FINDLAY JR. GALLERY WITH JUSTIN FERATE/LUNCH AT MONTEBELLO** Enjoy a private tour of two special exhibits: Edgar Allan Poe and Chairman Mao's Little Red Book at The Grolier Club. Take a short stroll to the David Findlay Jr. Gallery for a guided tour by gallery director, Louis Newman. Lunch at Montebello. Meet at NE corner of Park Ave. & 60th St. in Manhattan at 9:30 a.m. **Friday, Nov. 21.** 9:30 a.m.-3:30 p.m. \$71. S. Eisenberg.

**MF 913 CONGREGATION EMANU-EL OF NEW YORK/LUNCH AT TONY'S DiNAPOLI** Emanu-El was founded in 1845 by a small group of German-Jewish immigrants. The Emanu-El Congregation consolidated with Temple Beth-El when the congregation increased in size and affluence and moved the

worship services to a larger and grander site. Guided tour includes both the temple and museum. Lunch at Tony's DiNapoli. Meet at Temple Emanu-El, 1 East 65 St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Nov. 25.** 10:45 a.m.-3:45 p.m. \$43. J. DeNave.

**WF 912 CHAIM GROSS STUDIO MUSEUM/LUNCH AT PALMA** Visit the former home and studio of the 20th century's most significant sculptors. View major wood and marble carvings spanning 60 years. Lunch at Palma's. Meet at the museum, 526 LaGuardia Pl. in Manhattan at 9:30 a.m. for a 10 a.m. tour. **Tuesday, Nov. 25.** 9:30 a.m.- 3 p.m. \$63. S. Eisenberg.

## DECEMBER

**MF 914 GRAND CENTRAL TERMINAL WALKING TOUR WITH JOSEPH SVEHLAK/FABIO PICCOLO FIORE LUNCH** Guided tour gives an in-depth look at the art, architecture, history and recent \$200 million renovation. Highlights include: The Kissing Gallery, The Whispering Gallery and a private apartment. Lunch at Fabio Piccolo Fiore. Meet at the Grand Central information booth in the center of the main concourse in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Dec. 2.** 10:15 a.m.-3:45 p.m. \$55. J. DeNave.

**WF 913 THE CLOISTERS FORT TRYON PARK, WASHINGTON HEIGHTS WITH JUSTIN FERATE/LUNCH AT NEW LEAF CAFÉ** Private tour of the Cloisters which houses the Metropolitan Museum of Art's European medieval art collection. Enjoy the beauty of Fort Tryon Park. Lunch at Bette Midler's new Leaf Café. Meet outside the Cloisters entrance, 99 Margaret Corbin Dr. in Manhattan at 9:45 a.m. for a 10:15 a.m. tour. **Tuesday, Dec. 2.** 9:45 a.m.-3 p.m. \$74. S. Eisenberg.

**RF 911 CHRISTMAS AT THE BURKE/SEGUINE MANSION** Tour the mansion dressed for the Christmas season; festive music and light refreshments included. Meet inside the mansion's entrance, 440 Seguire Ave. in S.I. **Thursday, Dec. 11.** 1 p.m.-4 p.m. \$74. M. Mammana.

## BUS TRIPS

**XF 901 THIMBLE ISLANDS CRUISE & LUNCH AT USS CHOWDER POT III** Cruise along the Connecticut shore and embark past 23 inhabited islands composed of pink granite. Learn the history of the "Thimbles." Lunch at the Chowder Pot III. Visit the Trolley Museum and the Bishops Orchards Farmer's Market. Meet the bus at Bronx UFT, 2500 Halsey St. in the Bronx at 7:30 a.m. for an 8 a.m. departure. **Thursday, Sept. 18.** 7:30 a.m.-5:30 p.m. \$90. C. Bing-Howard.

**KF 902 THIMBLE ISLANDS CRUISE** Cruise along the Connecticut shore and embark past 23 inhabited islands composed of pink granite. Learn the history of the "Thimbles." Lunch at the Chowder Pot III. The coordinator will call regarding menu selections. Stop at the Bishops Orchards Farmers Market and the Trolley Museum. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 7:30 a.m. for an 8 a.m. departure. **Wednesday, Oct. 1.** 7:30 a.m.-6 p.m. \$90. R. Olff.

**KF 903 A GOLDEN OKTOBERFEST IN POMONA, NY** Arrive at the Platzl Braahaus and be greeted with a welcome reception that includes music, dancing and entertainment. All day enjoy different soups, salads, veggies, desserts, roasts including a Standing Steamship Roast and beverages including German beer. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 8:30 a.m. for a 9 a.m. departure. **Thursday, Oct. 9.** 8:30 a.m.-6:30 p.m. \$82. R. Olff.

**WF 907 BUS TOUR OF YONKERS WATER TREATMENT PLANT/ "DAYLIGHTING" THE SAW HILL RIVER/LUNCH AT X20 WITH JUSTIN FERATE** Ride the bus to the Yonkers Water Treatment Plant, Untermyer Gardens and some of Yonker's neighborhoods. See the newly transformed Saw Mill

River. Lunch at Xavier's X20. Meet outside Yonkers Train Station, 5 Buena Vista Ave. in downtown Yonkers at 9 a.m. for a 9:30 a.m. departure. **Tuesday, Oct. 21.** 9 a.m.-4 p.m. \$85 S. Eisenberg.

**KF 904 BUS TRIP TO PORT JEFFERSON: THE BOY FROM OZ PERFORMANCE & LUNCH AT RUVO'S** Explore the quaint village of Port Jefferson prior to lunch at Ruvo's Restaurant. After lunch, enjoy a matinee performance of *The Boy from Oz* at Theater Three. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 8:15 a.m. for a 8:45 a.m. departure. **Wednesday, Oct. 22.** 8:15 a.m.-6:30 p.m. \$79. R. Olff.

**NF 903 BUS TRIP TO KYKUIT: ROCKEFELLER ESTATE & UNION CHURCH IN POCANTICO HILLS, NY** Tour the Union Church with famous stained glass windows by Matisse and Chagall. Enjoy lunch (on your own) at Tastefully Yours Café at the Phillipsburg Manor followed by a classic tour of the Rockefeller Estate. Meet the North Fork Bus Express (park your car) at the Christopher Morley Park, 500 Seasingtown Road in Roslyn (right off the L.I.E.) at 9:15 a.m. for a 9:45 a.m. departure. **Wednesday, October 22.** 9:15 a.m.-6 p.m. \$62. S. Bryan.

**KF 906 BROOKLYN NAVY YARD TOUR & LUNCH** Focus on almost 400 years of city history by exploring the Brooklyn Navy Yard. The vast historic complex is being reborn as a haven for artists' and movie productions. Lunch at Ted n' Honey's Café in the Yard. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 9:30 a.m. for a 10 a.m. departure. **Monday, Nov. 3.** 9:30 a.m.-3 p.m. \$55. R. Olff.

**WF 909 BASEBALL CREATION & EVOLUTION BUS TRIP WITH PETER LASKOWICH/LUNCH AT EL QUIJOTE** Baseball comes from NYC. Trace the growth of baseball and visit the sites that provided the game with its culture and eventually setting in motion its modern era. Lunch at El Quijote. Meet at Madison Square Park, 5th Ave. & 23rd St. in Manhattan at 9 a.m. for a prompt 9:30 a.m. departure. **Tuesday, Nov. 4.** 9 a.m.-4 p.m. \$88. S. Eisenberg.

**KF 907 BROOKLYN ARMY TERMINAL TOUR & LUNCH** Discover the past, present and future of this historic waterfront complex. Learn the important role the terminal played in WWII. Lunch at Pete's Brooklyn Eats. Coordinators will call for your menu selection. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 9:30 a.m. for a 10 a.m. departure. **Thursday, Nov. 13.** 9:30 a.m.-3 p.m. \$80. R. Olff.

**XF 909 HUNTERDON HILLS PLAYHOUSE IN HAMPTON N.J.** Enjoy *A Playhouse Christmas* composed of humorous skits and spectacular dance numbers all backed by a live on-stage orchestra. Experience the magic of theatre along with fine dining (choice of seven entrees) at New Jersey's premiere dinner theatre. Meet the bus at the Bronx UFT, 2500 Halsey St. at 9 a.m. for a 9:30 a.m. departure. **Monday, Nov. 17.** 9:30 a.m.-5:30 p.m. \$91. E Harris.

**KF 909 BARNES MUSEUM & LUNCH IN PHILADELPHIA, PA** Tour one of the finest collections of Post-Impressionist and Early Modern Art. View Renoir, Cezanne, Matisse and American masters as Glackens and Prendergast. Lunch at Positano Coast. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 7:30 a.m. for an 8 a.m. departure. **Friday, December 5.** 7:30 a.m.-6 p.m. \$77. R. Olff.

**WF 914 NYC'S FAMOUS FILM & TV SITES BUS TOUR WITH MOVIE HISTORIAN, TOM ORZO/LUNCH AT HURLEY'S** Explore the early aspects of NY's crucial role in creating the film industry, its relocation to California and its return to NY. Visit places from our favorite films and TV shows. Lunch at Hurley's Saloon. Meet in front of Longacre Theater, 234 W. 48th St. in Manhattan at 9 a.m. for a prompt 9:30 a.m. departure. **Tuesday, Dec. 9.** 9 a.m.-4 p.m. \$76. S. Eisenberg.



# COURSES

Unless otherwise noted, courses in all boroughs will begin on Monday, September 8 and conclude Friday, November 21 and have a \$10 fee (which is non-refundable and non-transferable).

## BRONX

### MONDAY

- XF 101 BASIC STITCHES** Learn the basic stitches for crocheting, knitting and needlework. Bring your own project. 10-12. C. Rodriguez.
- XF 102 JEWELRY CREATIONS: ADVANCED** Enjoy designing and creating your own jewelry. Use wire, beads and polymer clay to make necklaces, earrings and bracelets. 10-12. R. Demers.
- XF 103 SPANISH: MIXED LEVELS** Refresh your knowledge of the Spanish language and culture. Learn communication skills and sing songs. One year of Spanish recommended. 10-12. R. Hollingsworth.
- XF 104 WORKING OUT TOGETHER** Enhance fitness, balance, strength and flexibility using seated and standing exercises to enjoyable music. 10-12. A. Stern.
- XF 105 ADVANCED BRIDGE** Learn new bidding techniques and conventions along with techniques in hand play and defense. 10-12:15. A. Lisle.
- XF 106 INTERMEDIATE QUILTING** Students will work on various quilting techniques using either hand sewing, machines or both. Continue working on projects that you started or experiment with new materials. 10-12. S. Rieber.
- XF 107 CREATIVE WRITING** Examine writing techniques and literary styles to inspire you to write in various genres: poetry, drama, memoir and fiction. Seven consecutive sessions. 10-12. F. McKinnon.
- XF 108 SMILE IN SPANISH (SONRIE EN ESPANOL)** Explore the language, literature, grammar, culture and music of many Spanish speaking countries. Native speakers are welcome. 12:30-2:30. R. Hollingsworth.
- XF 109 THE BROADWAY MUSICAL** Explore the work of four lyricists who worked with Richard Rodgers. 12:30-2:30. H. Fritsch.
- XF 110 BEAD WEAVING** Learn several bead weaving stitches to make bracelets/necklaces; how to string beads or work with a needle and thread. Materials needed: beading mat, scissors, fire line 6 lbs. (beading wire), #10 beading needle, #6 or #8 seed beads in two or three colors that match or contrast; #11 seed beads in one or two colors. Three sessions: Nov. 3, 10, 17. 12:30-2:30. S. Ravick.
- XF 111 INTERMEDIATE BRIDGE** Learn to use strong and weak opening bids and responses, hand play and defense, overcalls and doubles. 12:30-2:45. A. Lisle.
- XF 112 CANASTA** Beginners will receive instruction on the fundamentals of the Modern American version of the game. All levels. 12:30-3. M. Schuster.
- XF 113 QUILTING: BEGINNER** Create using needles, thread and all kinds of fabrics. Make a 9 Patch Pillow. Materials needed for first class: ½ yard of contrasting fabric, white cotton quilting thread, white quilting needles (size 8-12) and pins with thick heads. 12:45-3. J. Goldberg.

### TUESDAY

- XF 201 INTERMEDIATE LINE DANCING** Dance instruction at a faster pace than beginners. Familiarity with vines, shuffles, jazz boxes and kickball change are recommended. No partner needed. 10-12. C. Force.
- XF 202 SHORT STORIES** Exploration and discussion of life through the genre of the story. \$20 includes registration and materials.

10-12. A. Pruzan.

- XF 203 RUBBER STAMPING & PAPER CRAFTS** Basic rubber stamping techniques are used to create handmade items: greeting cards, stationery and scrapbook paper. Different project each week. \$35 includes registration and materials. 10-12. C. Nguyen.
- XF 204 MAH JONGG** For those new to the game will receive instruction based on rules sanctioned by the National Mah Jongg League. All levels welcome. 10-12. M. Schuster.
- XF 205 WATERCOLORS: INTERMEDIATE/ADVANCED** Watercolor techniques: wet-on-wet, wet on dry. Broaden your understanding of color theory and effect of light on form. Experiment with pen and ink and colored pencils in conjunction with watercolor. Materials needed for first class: Strathmore 140 lb. watercolor paper. Additional materials discussed at first class. 10-12:15. A. Strinsky.
- XF 206 MOSAICS: INTERMEDIATE/ADVANCED** Continue with ongoing projects or begin new advanced level projects. Not for beginners. Must use your own tools and supplies. Safety goggles mandatory. 10-12:15. P. O'Connell.
- XF 207 CALLIGRAPHY** Copperplate calligraphy with the pointed pen. Review basics, plus variations, flourishes, greeting cards and envelope design. Beginners welcome. Materials needed: Higgins Eternal Ink, ruler, Hunt 101 nib and oblique penholder. 12:30 -2:30. C. Nguyen.
- XF 208 LET'S DANCE: BEGINNER** Increase your stamina, improve your balance by dancing to rhythms of Salsa, Cha Cha, Merengue, Bachata, Rumba, Bolero and Samba. Nine sessions. You can register for **XF208** or **XF311**, but not both. 12:30-2:30. N. DeLaLuz.
- XF 209 ADVANCED BEGINNERS BRIDGE** For those who who have taken a beginners class. Continuation of simple techniques in bidding, declarer play and defense. 12:30-2:45. A. Lisle.
- XF 210 WATERCOLORS: BEGINNER/INTERMEDIATE** Experiment with color while learning basic techniques. Emphasis on encouraging individual style and exploring the medium of watercolor. Materials needed for first class: Strathmore 140 lb. watercolor pad. Additional materials discussed at first class. 12:30-2:45. A. Strinsky.
- XF 211 MOSAICS: ALL LEVELS** Glass mosaics with multi-media accents. Produce two and three dimensional art projects. Beginners will pay additional \$10 at first class for a starter Art kit. Separate materials list handed out at first class. Safety goggles mandatory. 12:30-2:45. P. O'Connell.
- XF 212 VIEW OF AMERICAN HISTORY: 1900-2000** Open ended discussions of important events. Prior course not required. 12:30-3. S. Solomon.
- XF 213 LINE DANCING: BEGINNER** Learn the Cowboy Charleston, Bartender Stomp and more. Geared to the new line dancer. No partner needed. 12:45-2:45. C. Force.

### WEDNESDAY

NO CLASSES WEDNESDAY, NOV. 19.

- XF 301 KUNDALINI YOGA & MEDITATION** New to yoga or a practicing yogi – all levels welcome. Kundalini Yoga uses breath movement and meditation to balance the body, increase energy flow and quiet the mind. Wear loose clothing. Bring a pillow and mat to

first class. 10-12. C. LaBue.

- XF 302 TRADITIONAL RUG HOOKING** Use the simple technique of rug hooking to create wall hangings, rugs, bags, pillows and more. New and recycled materials, fabrics, yarns, ribbons, knits can be used to create these beautiful pieces. 10-12. M. Bottjer.
- XF 303 PRACTICAL SPANISH FOR EVERYDAY USAGE** Discover the joy of learning expressions, idioms, writing and conversational skills. All levels welcome. 10-12. M. Salaman.
- XF 304 ITALIAN** Encourage development of reading and conversational skills. Learn conjugation of verbs and use of idioms. All levels welcome. Required book: *Raccontini Simpatici* by Liliانا Briefel. 10-12. A. DeGennaro.
- XF 305 TAI CHI** Introduction and practice of the basic principles and movements of this ancient Chinese exercise. 10-12:30. Y. H. Wang.
- XF 306 ZUM ZUM** Fun ways to a great shape, using hypnotic Latin and International music. 10:30-12. R. Jacobson.
- XF 307 FILM DIRECTORS** Compare directors of *Film Noir*. Discuss the choice of, actors, camera angles, lightening, set design and special effects. 12-3. D. Hammitt.
- XF 308 WRITING WORKSHOP** Have any short stories, a novel in the works, memoirs, essays or poems you'd like to share for constructive criticism, polishing and possible publication? Join us. 12:30-2:30. C. Mason.
- XF 309 BASIC JEWELRY DESIGNS** Learn the basic skills to make necklaces, earrings and bracelets. 12:30-2:30. R. Demers.
- XF 310 BASIC DRAWING** Sketch still-life, portraits and landscapes. Emphasis on tonal contrast and creating textures in realistic drawings. Field trip: weather permitting. Materials needed for first class: drawing pad, #2 & #4 pencils, erasers. 12:30-2:45. A. Strinsky.
- XF 311 TAKE THE LEAD** Dance to the rhythms of Salsa, Cha Cha, Merengue, Bolero, Samba, Rumba and Bachata. Enjoy the flow and dance your stress away. You can register for **XF208** or **XF311**, but not both. 12:30-3. N. DeLaLuz.
- XF 312 TAI CHI: ADVANCED BEGINNERS & ADVANCED** Continue the practices and basic principles of this ancient art of exercise. 1-3. Y. H. Wang.

### THURSDAY

- XF 401 SPANISH FILMS (ENGLISH SUBTITLES)** Focus on direction, cinematography and performances from Spanish and Latin American directors and actors that rival Hollywood film making. For lovers of the Spanish language and fans of foreign film. No class: Sept. 18. 9:45-12:15. E. Martin.
- XF 402 COME SING WITH US** Learn and perform arrangements of show tunes and folk songs. 10-12. D. Warner.
- XF 403 YOGA** Learn to develop self-awareness, strength, flexibility and a sense of calm. Bring an exercise mat, a large towel and a small pillow. 10-12. M. Gladwin.
- XF 404 SENIORS NEED TO EXERCISE!** Feel better and stronger with simple seated and standing exercises that improves strength, balance and flexibility. Total body workout for seniors. 10-12. A. Stern.
- XF 405 BEGINNING BRIDGE** Expand your mind! If you have held a deck of cards you can learn the rewarding game of bridge. No experience necessary. 10-12. L. Frank.
- XF 406 INTERMEDIATE ACRYLIC PAINT-**

**ING** Refresh and expand your painting skills. Beginners welcome. 10-12. L. Calilli.

- XF 407 EXERCISE FOR FUN** Use light free weight exercises, stretching and toning, and core training to maintain and improve fitness with a certified instructor. 12:30-2:30. R. Mendel.
- XF 408 ADVANCED BRIDGE** Improve your bridge skills by fine tuning your bidding and defense. Lessons with supervised play. 12:30-2:30. L. Frank.
- XF 409 DOO WOP: U.S.A. – THE EAST & THE SOUTH** Take a musical tour of the East and the South with groups like the Five Satins, The Shirelles, The Five Keys, Maurice Williams & The Gladiolas/Zodiacs and more. \$20 includes registration and materials. 12:30-3:30. H. Bloch.
- XF 410 ADVANCED ACRYLIC PAINTING** For experienced painters to foster innovation and independence. 12:15-2:45. L. Calilli.
- XF 411 MAH JONGG: INTERMEDIATE** For those who have knowledge of the basic rules under which the game is played, but wish to gain greater knowledge and expertise in the fine points. 12:30-3. J. Kleinberg.
- XF 412 CREATIVE QUILTING: INTERMEDIATE** Master quilt making techniques: rotary cutting, speed piecing template making and more. Sew pieces by hand or with your portable machine. Finish incomplete projects and use leftover fabric scraps. Note: quilting samples are needed. 12:30-3. J. Beckwith.

### FRIDAY

- XF 501 MIDDLE EASTERN DANCE** The ancient art of belly dancing. Enjoy Arabic, North African and Turkish movements while listening to beautiful music and learning to play its rhythms on the zills (finger cymbals). All levels welcome. 9:45-11:45. A. Beeman.
- XF 502 LET'S RECYCLE** Let's recycle potato chip bags, can tabs, newspapers and magazines and turn them into unique items. 10-12. O. Mercado.
- XF 503 INTRODUCTION TO SPANISH** Vocabulary, grammar and basic skills are provided to facilitate maximum language learning. 10-12. M. Salaman.
- XF 504 BEGINNERS DIGITAL PHOTOGRAPHY** Learn to use your camera! Learn how to use your camera's controls and settings to take better pictures, take your photos off the camera or memory card and move them to a computer or storage device. Bring your camera, all attachments and a flash drive. 10-12. S. Walker.
- XF 505 EXERCISE PLUS** Blend of exercises designed to tone, strengthen and increase stamina and flexibility. Low impact aerobics included. Bring to class: light hand weights, bands and sticky floor mats. 10-12. D. Dolan.
- XF 506 INTERMEDIATE & ADVANCED DIGITAL PHOTOGRAPHY** For those who already take pictures and have a basic sense of camera operation. More advanced camera operation, composition and use of computer to enhance your images. Bring your camera and instruction booklet. Bring a flash drive. 12:30-2:30. S. Walker.
- XF 507 NEW PERSPECTIVES ON TRAVEL** Both domestic and foreign travels are ways to open up and view the world differently. Learn how to enhance your next vacation through PowerPoint, literature, art history and travel tips. Material covered includes cruises, air travel and land excursions. 12:30-2:30. R. Corn.



## XF 508 SILK PAINTING: BEGINNERS

Create wearable-decorative silk panels. Learn to use dyes to design simple or intricate art projects. \$35 includes registration and materials. 12:30-3. S. Chavez.

**XF 851 THEATER EXPERIENCE** Attend dramas, musicals, dance and concerts at discounted prices. Bring several checks. All checks are payable to **UFTWF Retiree Programs**. Three sessions: Sept. 19; Oct. 10; Nov. 7. 12:30-2. C. Bing-Howard.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**XF 805 CONQUER CLUTTER, ENJOY YOUR LIFE** Learn how to develop a plan and begin simplifying your life so you can have

more time for fun and what really matters to you. Friday, Sept. 12. 12:30-2:30. J. Rose.

**XF 806 MUTINY ON THE BOUNTY** Learn the history of the South Sea adventure and view the 1935 Academy Award winning film. Friday, Sept. 19. 10-1. F. McKinnon.

**XF 807 REPAIR & REMAKE YOUR OLD JEWELRY** Do you have broken jewelry sitting in a drawer? Get opportunities to repair and update items with trending styles. Friday, Oct. 3. 10-12. R. Demers.

**XF 808 CONQUER CLUTTER, ENJOY YOUR LIFE** Learn how to develop a plan and begin simplifying your life so you can have more time for fun and what really matters to you. Friday, Oct. 3. 12:30-2:30. J. Rose.

**XF 809 ALZHEIMER'S DISEASE** Get insight and valuable information on what you need to know about Alzheimer's Disease,

how to get help and the resources available to sufferers and caregivers. Friday, Oct. 10. 12-2. E. Ratner.

**XF 810 MAN OF LA MANCHA** Learn how Miquel Cervantes enduring tale of Don Quixote journeyed from classic literature to a Broadway musical to the 1972 award winning film. Friday, Oct. 17. 10-1. F. McKinnon.

**XF 811 PARTY DANCES** Learn how to Wobble, do the Cupid Shuffle, Electric Slide and more. No more sitting at weddings, affairs and events. Friday, Oct. 24. 10-12. C. Force.

**XF 812 CONQUER CLUTTER, ENJOY YOUR LIFE** Learn how to develop a plan and begin simplifying your life so you can have more time for fun and what really matters to you. Friday, Oct. 24. 12:30-2:30. J. Rose.

**XF 813 DRUMMING CIRCLE** Learn the basic rhythm from the Middle East that allows

you to relax, relate and release. Bring a single headed drum or pot. Begin with a basic drum meditation. Friday, Oct. 31. 10:30-12. R. Jacobson.

**XF 814 YOGA & YOGA DIET FOOD SAMPLING** Short yoga class and a sampling of a yogi diet. Recipe handouts distributed. Bring a towel, mat and wear loose clothing. Friday, Nov. 7. 10-12:30. C. LaBue.

**XF 815 CRIMINAL JUSTICE: THE TRIAL** Presentation dealing with the trial of a criminal case from jury selection through verdict. Friday, Nov. 7. 12:30-3. L. Hartstein.

**XF 816 RUSSIAN TRAVEL** Emphasis on the culture and history of Russia-Moscow and St. Petersburg are highlighted. Learn about the Moscow Metro, the Bolshoi, Gorby Park, Sochi and the Hermitage. Friday, Nov. 14. 10-12. A. Strinsky.

## BROOKLYN

### MONDAY

**KF 101 INTERMEDIATE STAINED GLASS** Work on projects using a glass cutter, soldering iron and glass grinder. Safety goggles mandatory. \$45 includes registration and materials. 9:30-12:15. D. Johnson.

**KF 102 STRETCH & RELAX** Improve flexibility and balance with gentle exercise. Learn relaxation techniques. Bring large towel or mat. 10-12. T. Pratt.

**KF 103 INTERMEDIATE LINE DANCE** Enjoy the fun of dancing and exercise. Classic line dances included. All levels. 10-12. E. Scheff.

**KF 104 BEGINNERS BRIDGE** Learn to play this popular game. Review basic rules and skills. 10-12:15. I. Barnett.

**KF 105 BEGINNERS LATIN DANCE** Improve circulation and develop stamina while working out to great music. 10-12:15. B. Sayegh.

**KF 106 LATIN AEROBICS: INTERMEDIATE/ADVANCED** Improve circulation and develop stamina while working out to great music. 12:30-2:30. B. Sayegh.

**KF 107 INTERMEDIATE BEADING** Materials list distributed at first class. Not a beginners class. 12:30-3. C. Horn.

**KF 108 MAH JONGG** Learn or come and play this popular game. 12:30-3. E. Scheff.

**KF 109 SKETCHING & PAINTING WITH GEORGE** Explore and use different types of media including acrylics, pastels, oils and more. All levels. 12:30-3. G. Kerasiotis.

**KF 110 THE PLEASURE OF POETRY** Discuss and read aloud poems that explore love, aging, friendship and the human condition presented by the teacher and students. \$15 includes registration and materials. 1-3. M. Glenn.

### TUESDAY

**KF 201 INTERMEDIATE BRIDGE** Basic training to improve playing skills. 10-12:15. I. Barnett.

**KF 202 QUILTING: BEGINNERS/INTERMEDIATE** Create beautiful works of art sewing quilts, decorative accessories and pillows. \$15 includes registration and materials. 10-12:30. J. Putterman.

**KF 203 VINTAGE GREAT FILMS & STARS** Screen and analyze films that have been overlooked or forgotten. Film include: *Walk on the Wild Side; Never on Sunday; Cheaper by the Dozen; East of Eden* and more. \$15 includes registration and materials. 10-12:30. R. Romer.

**KF 204 SKETCHING & DRAWING** Elements of design using pencil, charcoal and ink. Bring 9" x 12" Strathmore drawing pad, HB pencil and kneaded eraser to first class. 10-12:30. E. Comins.

**KF 205 BEGINNERS FRENCH** Textbook: *French Made Simple*. Build skills in speaking and understanding French. 10:30-12:30. G. Metivier.

**KF 206 JAZZERCISE** Stretching and dancing to Jazz, Rhythm & Blues, Salsa, Cha Cha, Swing, Mambo and Meringue. 12:30-2:30. K. Sanson.

**KF 207 INTRODUCTION TO SEED BEADING: BEGINNER** Learn the basic techniques of making seed bead jewelry. Purchase your own supplies. \$15 includes registration and some materials. 12:30-3. S. Walton.

**KF 208 SERIOUS READING** Read and discuss short stories, poems and the novel, *The Book Thief* by Markus Zusak. \$15 includes registration and materials. 1-3. J. Trachten.

**KF 209 P.A.C.E.** Low impact exercise program for people with arthritis. Gentle activities help increase joint flexibility, range of motion and muscle strength. 1-3. T. Pratt.

**KF 210 WATERCOLOR WORKSHOP** Various techniques of watercolor explored. Supplies needed: 9" x 12" watercolor pad (cold-pressed), set of watercolor transparent paints, #6 round brush and 1/2 flat brush. 1-3. E. Comins.

### WEDNESDAY

**KF 301 BEGINNER STAINED GLASS** Work on projects using a glass cutter, soldering iron and glass grinder. Safety goggles mandatory. \$45 includes registration and materials. 9:30-12:15. D. Johnson.

**KF 302 SHAKESPEARE** Read and discuss *Twelfth Night*. 10-12. J. Trachten.

**KF 303 BELLYDANCE & BOLLYWOOD** Enjoy sampling dance movements from the Mid-East and Bollywood. All levels welcome. 10-12. A. Beeman.

**KF 304 ITALIAN: ADVANCED BEGINNERS** For those with basic knowledge of Italian grammar and conversation. Textbook discussed in class. Advanced conversation and composition. 10-12:30. J. Worth.

**KF 305 BEAD WORKSHOP** Make beautiful beaded jewelry. Materials needed for first class: one tube #11 beads, one tube #6 multi-colored beads, 22 gauge wire, two bead cones. 10-12:30. T. Gesuele.

**KF 306 CLASSIC MYSTERY & SUSPENSE FILMS** Films include: *Day of the Jackal; The Hunt for Red October; Donny Brasco; Scarface* and more. \$15 includes registration and materials. 12-3. R. Romer.

**KF 307 BEGINNING CANASTA** Learn the basics and some table rules in this popular game. Nine consecutive sessions. 12:30-3. P. Pincus.

**KF 308 JEWELRY: ADVANCED BEGINNERS TO INTERMEDIATE** Create handmade jewelry using the art of seed beading. Must know basics of seed beading techniques. Materials list distributed at first class. \$15 includes registration and patterns. 12:30-3. S. Walton.

**KF 309 CREATIVE WRITING** Be inspired. Learn specific techniques and receive creative support in preparing and polishing your materials like memoirs, fiction and essays. \$15 includes registration and materials. 12:30-3. M. Eller.

**KF 310 ADVANCED ITALIAN** For those with basic knowledge of Italian grammar and conversation. Textbook discussed in class. Advanced conversation and composition. \$15 includes registration and materials. 1-3. J. Worth.

### THURSDAY

**KF 401 EXERCISE FOR FITNESS** Exercise for fun and fitness using chairs and mats. 10-12. T. Pratt.

**KF 402 POLYMER CLAY: BEGINNER** Learn the proper way to condition the clay and use techniques to create pendants, earrings and a broche. Five consecutive sessions. \$20 includes registration and materials. 10-12. M. Suthiwong.

**KF 403 DIGITAL PHOTOGRAPHY** Learn the basics of how to take a good picture and downloading them using an Apple computer. Use your digital camera through hands on experience. Bring your digital camera to class. Bring a flash drive. 10-12:30. J. Griffith.

**KF 404 OPERA** Learn what makes opera one of the greatest of all art forms. Audio and video excerpts of great operatic scenes and different operatic voice types. Insights into character development and plots. See a final dress rehearsal for *The Barber of Seville* at the Metropolitan Opera House with an optional backstage tour. Five consecutive sessions. Begins Oct. 23. \$15 includes registration and materials. 10-12:30. J. Dzik.

**KF 405 FRENCH: INTERMEDIATE/ADVANCED** Improve your ability to speak and understand French while having fun. It's "La Vie Parisienne" in a setting with grammar review, literature, films, food, wine and lots to talk about in French. \$15 includes registration and materials. 10:30-12:30. G. Metivier.

**KF 406 JAZZ JOURNEY WITH GRACE** From New Orleans to New York and all the places in between. Take a virtual tour through the world of Jazz and its fascinating history: the music, the players, the styles, the stories. Journey is enhanced by guest lecturers from the Jazz community. 1-3. G. Metevier.

**KF 407 INTERMEDIATE SPANISH** Communication and comprehension are the objective. Practice conversation through contemporary experience and readings. Some background in Spanish is beneficial. \$15 includes registration and materials. 1-3. E. Drayton.

**KF 408 LINE DANCE: BEGINNERS/ADVANCED** Enjoy the pleasure and exercise of dance. 1-3. N. Cangiano.

**KF 409 PAINTING WITH PAULA** Explore the flexibility and possibilities of painting with acrylics. All levels. 1-3. P. Hazlewood.

### FRIDAY

**KF 501 ADVANCED QUILTING** For those who completed beginners sampler and have

ability to work independently on individual projects. \$15 includes registration and materials. 10-12. J. Putterman.

**KF 502 BEGINNERS TAI CHI** Introduction to basic principles and movement. 10-12:30. J. He.

**KF 503 INTRODUCTION TO COMPUTER TECHNOLOGY** Basic introduction to computer skills using an Apple computer. No internet/email access available. \$15 includes registration and materials. Bring a flash drive. 10-12:30. C. Rosen.

**KF 504 ACRYLIC PAINTING & PASTELS** Introduction to basics of painting that emphasizes drawing, composition, value and color theory. Techniques of creating with pastels explored. Bring drawing pad, charcoal pencil, kneaded eraser and paint supplies. Materials list given in class. Seven consecutive sessions. Begins Oct. 10. 10-1. J. Lippmann.

**KF 505 SHORT STORIES** Enjoy and discuss gems from *American Short Story Masterpieces* (Dell, 1989) Edited by Raymond Carver & Tom Jenks. Available online. Five consecutive sessions. Begins Oct. 24. \$15 includes registration and materials. 12:30-3. M. Eller.

**KF 506 TAI CHI: INTERMEDIATE/ADVANCED** Knowledge of basic moves is required. Improve and perfect your movements. Materials fee discussed at first class. 1-3. J. He.

**KF 507 DOLLS** Sew beautiful dolls using a variety of embellishments: beads, lace and paint which are decorative, comforting and fun to assemble. \$20 includes registration and materials. Seven consecutive sessions. 1-3. J. Putterman.

**KF 508 APPLE iPad** Learn how to operate this new electronic device. Bring your Apple iPad to class. Must know Apple ID and password. 1-3. C. Rosen.

**KF 509 SCULPTURE & COLLAGE** Work with varied media: paint, paper mache, plaster, wood and more to complete a project. No experience necessary. Purchase your own supplies. Safety goggles mandatory. Seven consecutive sessions. 1-3. I.J. Haber.

**KF 510 KNITTING** Beginners learn the basics. Intermediate and advanced students select a project and receive assistance in new techniques. Materials needed: Size 7 needle, worsted weight yarn and patterns. Seven sessions. Begins Sept. 12. \$15 includes registration and materials. 1-3. S. Staton.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**KF 805 PASSION FOR TRAVEL** Find enjoyment whether traveling solo, with a partner or group. Share travel tips. Thursday, Sept. 11. 10-12:30. C. Silverman.

**KF 806 JOYS OF SOLO TRAVEL** Enjoy travelling, but can't find traveling companions or prefer to travel solo. Travel solo worry free! Instructor shares her experience and offers solo travel tips. Friday, Sept. 12. 10-12:30. C.



Silverman.

**KF 807 KEEP YOUR BRAIN STIMULATED**

Learn memory games and other mind sharpeners to keep your brain stimulated. Thursday, Sept. 18. 1-3. S. Louer.

**KF 808 CAROL KING SALUTE**

The life and career of this singer and songwriter. View her and other artists perform the songs she wrote and a cast performance from the Broadway musical, *Beautiful*. Friday, Sept. 19. 10-12:30. D. Isoldi.

**KF 809 BRAIN GAMES** Learn memory games, various activities and mnemonic tricks

to stimulate the memory. Thursday, Oct. 2. 1-3. S. Louer.

**KF 810 BEACH BOYS: BACK TO THE BEACH** The career of the Beach Boys from the 1960's to today. See performances from their 1998 "lost" concert and their 50th anniversary in 2013. Discuss their success and special recordings. Friday, Oct. 3. 10-12:30. D. Isoldi.

**KF 811 AUDREY HEPBURN** She is recognized as a remarkable American actress, fashion icon and regarded by some as the most naturally beautiful woman of all time.

Thursday, Oct. 9. 12:30-3. L. Grant.

**KF 812 BURT LANCASTER** One of the best American film actors and Academy Award winner for Best Actor in *Elmer Gantry*. He was known for his athleticism, distinctive smile and warm baritone voice. Thursday, Oct. 16. 10-12:30. L. Grant.

**KF 813 FAMILY & THE LAW** Explore the history of family law from Hammurabi to today, from stele to test tube. Thursday, Oct. 23. 10-12. D. Stillman.

**KF 814 MATISSE: CUT OUTS** Learn and discuss *Matisse's Cut Outs* and the exhibit

at MOMA. Lecture and slide presentation.

Friday, Nov. 7. 12:30-3. S. Gansl.

**KF 815 EL GRECO** The Hispanic Historical Society, MOMA and the Frick collaborated on the largest El Greco exhibit outside the Prado. Learn and discuss the life and works of El Greco. Friday, Nov. 14. 12:30-3. S. Gansl.

**KF 816 HOW TO KEEP ACCURATE MEDICAL RECORDS** Keep accurate medical records on health coverage and complimentary roles of SHIP, Medicare, GHI and HMO's. Q&A. Thursday, Nov. 13. 10:30-12:30. No Fee. R. Burwick.

## MONDAY

**MF 101 MORE GREAT VINTAGE FILMS & STARS** Films include: *The Sandpiper*, *The Counterfeit Traitor*, *A Streetcar Named Desire*, *Singing in the Rain* and more. 9:30-12:30. R. Romer.

**MF 102 SHORT STORY INTO FILM** Read a short story for each class and view the screen adaptation the following week. Discuss the merits of both the literary story and the movie after each film. \$20 includes registration and materials. 9:45-12:15. W. Wyss.

**MF 103 THE ART OF MAGIC** Learn professional magic tricks with emphasis on cards and coins. Bring a deck of cards and four quarters to the first class. Additional materials to be determined. 10-12. S. Gertzman.

**MF 104 IMPRESSIONISM ART IN FRANCE** An in-depth look at the art and artists of Impressionism in 19th Century France. 10-12. D. Becker.

**MF 105 CALLIGRAPHY** Copperplate calligraphy with a pointed pen: review basics, plus variations, flourishes, greeting cards and envelope design. Beginners welcome. Materials needed: paper, Higgins Eternal Ink, ruler, Hunt 101 nib and oblique penholder. 10-12. C. Nguyen.

**MF 106 DANCERCISE** Dance and exercise for fitness and fun. Learn Country Western, Folk, Line and Broadway Styles. 10-12. G. Adler.

**MF 107 DUPLICATE BRIDGE** Must be an experienced player. No instruction. 10-12:30. B. Cantara.

**MF 108 RUBBER STAMPING & PAPER CRAFTS** Basic techniques to create hand-made items: greeting cards, stationery, scrapbook paper, one-of-a-kind gifts. A different project each week. \$35 includes registration and materials. 12:30-2:30. C. Nguyen.

**MF 109 BEGINNING FRENCH** Learn conversational French grammar, vocabulary and everyday expressions and phrases. 12:45-2:45. M. Louis.

**MF 110 YIDDISH LANGUAGE & CULTURE** Conversation, reading, stories, poems and songs. Some knowledge of Yiddish required. 12:45-2:45. M. Leberstein.

**MF 111 STRETCH & RELAX** Improve flexibility and balance with gentle exercise. Learn relaxation techniques. 12:45-2:45. T. Pratt.

**MF 112 BRIDGE: INTERMEDIATE** Instruction and free play. Bring your own cards. 12:45-2:45. R. Cantara.

**MF 951 DINE AROUND** Enjoy cuisine for lunch at different restaurants on a Monday or Friday. Checks are payable to **UFTWF Retiree Programs**. List of restaurants will be mailed to you. R. Victor.

## TUESDAY

**MF 201 WOODWORKING** Learn to make small toys, household objects and salvage longtime favorite pieces. Power tools provided. Materials to be determined. Safety goggles mandatory. \$30 includes registration and materials. Six consecutive sessions. 9:30-12:30. M. Duberstein.

**MF 202 BRIDGE INSTRUCTION: AD-**

**VANCED BEGINNER** Instruction and free play. Must have some experience in playing bridge. 9:45-12:15. C. Rubin.

**MF 203 INTERMEDIATE SPANISH** Learn to understand and speak fluent Spanish. Emphasis on grammar and vocabulary. Knowledge of reading, writing and speaking some Spanish is required. Book: *Spanish Now, Level 1* by Silverstein, Wald & Pomerantz. No beginners. Begins: Sept. 16. 10-12. M. Stahl.

**MF 204 ITALIAN: BEGINNER** Grammar, easy conversation and simple reading. Books: *Italian, A Self-Teaching Guide* by Edoardo A. Lebano (2nd edition) Chapter 1-6; *Raccontini Simpatici* by Lilianna Briefel (2nd edition). 10-12. A. DeGennaro.

**MF 205 SHORT STORIES** Discussion of style and its significance in selected short stories. 10-12. A. Zuckerberg.

**MF 206 THE DOO WOP EXPERIENCE** Re-live the music of the 50's and 60's. Discuss and view rare performances of the groups now and then. Learn Doo Wop harmony, sing-a-long, listen and analyze recordings. 10-12. D. Isoldi.

**MF 207 INTERMEDIATE FRENCH** Reinforce oral and written communication skills. Study familiar situations in everyday life. Some knowledge of French required. 10-12. M. Louis.

**MF 208 CHORUS** Learn simple elements of music while experiencing the joy of singing. 10-12. T. Morino.

**MF 209 ITALIAN: INTERMEDIATE/ADVANCED** Italian I pre-requisite. Some skill in conversation and reading necessary. Grammar, reading and conversation are covered. Book: *Italian, A Self-Teaching Guide* by Edoardo A. Lebano (2nd edition) Chapters 7-14. 12:15-2:15. A. DeGennaro.

**MF 210 GOLDEN VOICES** Study of artistry and lives of great opera stars: Alexander Kipnis, Jonas Kaufman, Eleanor Steber. Six sessions: Sept. 9, 23; Oct. 7, 21, 28; Nov. 18. 12:15-2:15. B. Haspel.

**MF 211 BEADING: BEGINNERS** Learn basic skills of bead weaving to make jewelry. Must be able to thread a fine needle. Materials needed: scissors, pen/pencil, smooth cloth to bead on, two colors of each - #11 and #8 seed beads, #10 beading needles, Nymo D thread or fireline (6 to 8 lbs.). Project lists will be supplied. 12:15-2:45. H. Weinberg.

**MF 212 SPANISH FOR BEGINNERS** Learn Spanish based on simple vocabulary, basic grammar and conversational skills. Book: *Easy Spanish Step-by-Step* by Barbara Bregstein. Begins Sept. 16. 12:30-2:30. M. Stahl.

**MF 213 MAH JONGG** All levels welcome. Particular attention given to beginners. Please bring a current National Mah Jongg League card to class. 12:30-2:30. H. Rothman.

**MF 214 MIDDLE EASTERN DANCING** Ancient art of belly dancing. Enjoy Arabic, North African and Turkish movements while listening to beautiful music and learning to play the zills (finger cymbals). All levels welcome. 12:45-2:45. A. Beeman.

## WEDNESDAY

**MF 301 HEBREW: ADVANCED BEGINNERS** Focus on conversational modern (Israeli) Hebrew supplemented with read-

ing, comprehension and written expression. Pre-requisite: must be able to read and write Hebrew letters (both print and cursive). 9:30-11. E. Katz.

**MF 302 COMEDY APPRECIATION** Explore the art and craft of stand-up comedy and how the comic perspective can decrease pain and increase happiness. Guest comedians and classic videos. 9:45-11:45. P. Herzich.

**MF 303 BRIDGE: ADVANCED BEGINNERS & INTERMEDIATE** Instruction and free play. 9:45-12:15. R. Cantara.

**MF 304 STAINED GLASS** Work on projects using glass cutter, soldering iron and glass grinder. Safety goggles mandatory. \$35 includes registration and materials. 9:45-12:45. M. Duberstein.

**MF 305 CREATIVE WRITING** Featuring you, as the writer, with exercises and source material designed to enhance the "creative imperative" within you, providing you with opportunities for self-expression. Join us on the journey no matter if you are a beginner, intermediate or advanced writer. \$15 includes registration and materials. 10-12. M. Glenn.

**MF 306 TAI CHI** Introduction to basic principles and movements of this ancient Chinese exercise. 10-12. J. He.

**MF 307 RECORDER: INTERMEDIATE** Improving your technique and understanding. 10:15-12:15. R. Zeitlin.

**MF 308 HEBREW: INTERMEDIATE/ADVANCED** Knowledge of Hebrew grammar, vast experience in conversational Hebrew and a wide-ranged vocabulary is required. Reading without vowels is a must. 11:15-1:15. E. Katz.

**MF 309 HISTORY & THE CINEMA** Films include: *Serpico*; *Hannibal*; *Golda*; *42*; *Excalibur*; *Lansky* and more. 11:45-2:45. L. Carrubba.

**MF 310 DRAWING FOR ABSOLUTE BEGINNERS** Study the basic principles of drawing that create volume. Gain an understanding of the cube, sphere, contour and gesture. Materials needed: HB, B, 2B, 4B pencils, kneaded eraser, pencil sharpener, chamois and a Strathmore 11"x14" medium surface drawing pad. 12:30-2:30. R. Baumann.

**MF 311 GETTING THE MOST FROM YOUR APPLE iPad** Learn to download, read and enjoy books/magazines, surf the web, view photos and videos and use organizational tools. Bring your Apple iPad to class. WiFi provided; you don't need cellular 4G service. Eight consecutive sessions. You may register for either **MF 311** or **MF 404**, but not both. 12:30-2:30. B. Hauptman.

**MF 312 CANASTA** Learn and play the Modern American version of the popular game. It's an easy game to play, but difficult to master. 12:30-3. J. Kotkin.

**MF 313 QI QONG (TAI CHI) DEEP BREATHING EXERCISES** First hour standing up; second hour sitting on chairs. 12:45-2:45. J. He.

**MF 314 RECORDER: ADVANCED** Improve your technique and ensemble playing. 12:45-2:45. R. Zeitlin.

**MF 315 HEBREW: BEGINNERS** For those with minimal or no knowledge of the Hebrew language. Learn to write and converse in Hebrew. Knowledge of Hebrew reading is assumed. 1:30-3. E. Katz.

## THURSDAY

**MF 401 DRAWING** Creative work done with wet and dry media. Bring a #2 pencil, eraser, ball point pen and paper to first class. You may register either for **MF 401** or **MF 410**, but not both. 9:30-11:30. J. Comins.

**MF 402 ITALIAN CINEMA** View some of Italy's classic films in Italian with English subtitles. Films include: *Seven Beauties*; *Agata and the Storm*; *The Son's Room* and more. Discussion in English. \$15 includes registration and materials. 9:30-12:30. J. Worth.

**MF 403 BEAD WEAVING: ADVANCED** More complex projects allow for individual creativity for the advanced student. Bring to class: favorite color seed beads (size 11/0 and 8/0), #10 beading needles, fireline (6 lb.) and cloth to bead on. No beginners. 9:45-12:15. J. Schatz.

**MF 404 LEARN THE APPLE iPad** Learn to email, download, read and enjoy books, surf the web, take photos and view videos and use organizational tools. Bring your Apple iPad to class. WiFi provided; you don't need cellular 4G service. Eight sessions. Begins Sept. 11. You may register for either **MF 311** or **MF 404** but not both. 10-12. L. Malchik.

**MF 405 YOGA** Gentle stretching and relaxation practices which bring about a feeling of peace and well being in the mind, body and spirit. 10-12. C. DeVito.

**MF 406 SHERLOCK HOLMES** Examine all new cases of the world's most famous detective and his mortal enemy, Prof. Moriarty. Read *A Study in Scarlet* for the first class. 10-12. E. A. Livingston.

**MF 407 GREAT IDEAS OF WESTERN CIVILIZATION** Read and discuss several essays in the book *Against the Current* by Isaiah Berlin. 10-12. I. Greenfield.

**MF 408 LATIN DANCE** Learn the Cha Cha, Mambo and Salsa at your own pace. Improve stamina, balance and memory while having fun. 10-12. B. Sayegh.

**MF 409 QUILTING** Create beautiful works of art. Sew quilts, pillows and decorative accessories. \$15 includes registration and materials. 12:15-2:45. J. Putterman.

**MF 410 DRAWING** Creative work done with wet and dry media. Bring a #2 pencil, eraser, ball point pen and paper to first class. You may register for either **MF 401** or **MF 410**, but not both. 12:15-2:45. J. Comins.

**MF 411 JOY OF CHESS: BEGINNER/INTERMEDIATE** Learn to play this grand game. Bring chess sets to class. Seven consecutive sessions. 12:30-2:30. J. Turbin.

**MF 412 COMPUTERS: BEGINNER** No prior knowledge necessary. Word processing (MS Word) and introduction to the Internet on Apple MacBook computers. Access to computer advised for practice. Bring a flash drive. \$15 includes registration and materials. Eight consecutive sessions. 12:30-2:30. L. Malchick.

**MF 413 BEAD WEAVING: INTERMEDIATE** Projects are as simple or complex as you like which allows for individual creativity. Bring to class: favorite color seed beads (size 11/0 and 8/0), #10 beading needles, fireline (6 lb.) and cloth to bead on. No beginners. 12:30-3. J. Schatz.



**MF 414 NUTRITION COGNITION** Beat the high cost of health care by staying well. Apply the science of nutrition to maintain good health and prevent disease and dysfunction. 12:45-2:45. S. Elbaz.

**MF 415 GENEALOGY: ANCESTORS & DESCENDANTS** Research your family history by using the Internet, Census and other resources to create a family tree, book or other venue. Three sessions: Nov. 6, 13, 20. National Archives field trip: Tuesday, Nov. 18. 12:45-2:45. L. Hoenig.

**MF 416 DIGITAL PHOTOGRAPHY: BEGINNERS** Introduction to control and settings. Bring your camera and instruction booklet. Information on purchasing a camera provided. 12:45-2:45. S. Walker.

**MF 417 ACTING** Use theater exercises, monologues and scene work to further your skills in a low risk environment. 12:45-2:45. E. Rosen.

**MF 851 THEATER EXPERIENCE** Attend plays both Broadway and off-Broadway, concerts and operas at discount. Bring several checks to each session. Checks are payable to **UFTWF Retiree Programs**. Tickets distributed at each class. Three sessions: Sept. 18; Oct. 16; Nov. 20. 10:15-12:15. J. DeNave.

## FRIDAY

**MF 501 LEARN TO PLAY THE PIANO**

Bring your own electronic keyboard to class. Work on the ABC's of piano playing. Beginners and intermediates welcome. 9:45-11:45. N. Zamcheck.

**MF 502 VOCAL TECHNIQUE WORKSHOP** Use your natural instrument as a means of interpretation and communication. Five sessions: Sept. 12, 19; Oct. 10, 24; Nov. 14. \$20 includes registration and materials. 10-12. B. Haspel.

**MF 503 CHINESE BRUSHWORK: PAINTING & CALLIGRAPHY** Learn Chinese brush painting and writing. All levels welcome. 10-12. S. Ng.

**MF 504 PLAYWRITING** Learn how to create dramatic characters and develop a strong plot while writing short scenes and plays. Constructive feedback is offered. Seasoned or first-time playwrights. \$15 includes registration and materials. 10-12. M. Polsky.

**MF 505 BEAD WEAVING: BEGINNER TO INTERMEDIATE** Learn basic to intermediate skills of beadweaving to create various types of jewelry. Materials needed: scissors, pen/pencil, smooth cloth to bead on, two colors of either 11/0 or 8/0 seed beads, #10 beading needle, Nymo D thread or fireline (6 to 8 lbs.). List supplied for projects. 10-12:30. E. Esses.

**MF 506 ZUMBA FOR RETIREES** Slow paced with easy steps to follow for active adults using a variety of music including Salsa, Cumbia, Cha-Cha, Mambo, Meringue, Twist, Jazz and

Flamenco. Incorporates warm-ups and dance combined with fitness movement and stretch exercises. 10:15-12:15. B. Sayegh.

**MF 507 HISTORICAL LEADERS & THE CINEMA** Films include: *George Washington; Henry VIII, Esther and Napoleon*. 11:45-2:45. L. Carrubba.

**MF 508 IMPROVISATIONAL THEATER** Create characters, scenes and even full plays using your imagination and working together. \$15 includes registration and materials. 12:45-2:45. M. Polsky.

**MF 509 WATERCOLOR PAINTING** Develop your artistic ability painting landscapes, seascapes and flowers. All levels welcome. Bring watercolor set and pad to first class. 12:45-2:45. S. Ng.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**MF 805 CAROLE KING SALUTE** The life and career of this singer and songwriter. View her and other artists perform the songs she wrote and a cast performance from the Broadway musical, *Beautiful*. Tuesday, Sept. 16. 12:30-2:30. D. Isoldi.

**MF 806 MEDICAL MYTHS/TAKES** Broaden your perspective about appropriate treatments

for health issues including acid reflux, high cholesterol, flu and more. Monday, Sept. 22. 12:30-2:30. S. Elbaz.

**MF 807 FOLK MUSIC SING-ALONG** Join voices to sing folk songs that spurred activism that helped restore the Hudson River, civil rights, unite workers for unions and environmental concerns. Some lyrics supplied. Tuesday, Sept. 30. 12:30-2:30. H. Levin.

**MF 808 HOW TO KEEP ACCURATE MEDICAL RECORDS** Keep accurate medical records on health coverages and the complementary roles of SHIP, Medicare, GHI and HMO's. Q & A. Tuesday, Oct. 7. 10-12. No Fee. R. Burwick.

**MF 809 SHORT STORY STRUCTURE & HOW IT WORKS** Examine the structure of the short story and how authors implement the structure in their work. Monday, Nov. 3. 12:30-2:30. I. Greenfield.

**MF 810 THE BATTLE OVER CITIZEN KANE** *Citizen Kane* almost never made it to the movie theater. This is the saga of how it overcame the opposition of W.R. Hearst and made it. Wednesday, Nov. 19. 11:45-2:45. L. Carrubba.

**MF 811 MIRACLE AT MIDNIGHT** View and discuss this television film of how thousands of Danish Jews were saved by the Danes from the Nazis. Friday, Nov. 21. 11:45-2:45. L. Carrubba.

## MONDAY

**QF 101 COMPUTER INTERNET** Navigate the internet with step by step instructions for e-mail, internet sites, difference in browsers. Become comfortable using the internet for banking, shopping, e-mail and social communication. Must be familiar with a mouse, a keyboard and have access to computer with internet. You will be communicating with the instructor through e-mail. 10:15-12:15. A. Cumba.

**QF 102 DRAWING & SKETCHING: ADVANCED** Use charcoal, pen, pencil and ink wash. Explore black and white media. Supply list distributed at first class. 10:15-12:15. L. D'Abate.

**QF 103 LOVE YOUR APPLE iPad** Learn to use this computing device that suits most of our retirees needs: e-mail, surfing the web, playing games with friends wherever they are and getting the most benefit and enjoyment. Bring your Apple iPad to class. WiFi provided; you don't need 4G service. You may register for either **QF 103** or **QF 113** or **QF 210** or **QF 401**, but no more than one. 10:15-12:15. L. Cohen.

**QF 104 TAI CHI: ANCIENT CHINESE MARTIAL ART** Practice the basic principles and movements of this ancient Chinese exercise. Wear comfortable shoes and clothing. 10:15-12:15. Y. Wang.

**QF 105 BRIDGE: BEGINNERS** Give yourself an intellectual challenge in a social setting while learning the basics. 10:15-12:15. J. Fasman.

**QF 106 ART WITH AN IMPRESSIONIST FLAIR** Learn how to paint in the impressionistic style. Work from still-life and photos. Each class begins with teacher demonstration. Supply list mailed before first class. 10:15-2:15. B. DeCeglie.

**QF 107 MYSTERY STORIES** What fun it is to solve "who dunits." Analyze classic and contemporary mysteries. Discuss and view famous detective films. Reading list available at first class. Read *A River in the Sky* by Elizabeth Peters before first class. 10:30-12:30. M. Eller.

**QF 108 GUITAR: BEGINNERS & INTERMEDIATE** Note reading, chord progressions and finger picking patterns. Songs from folk and popular genres included. Bring your own

guitar, preferably with acoustic strings. 10:30-12:30. M. Patelson.

**QF 109 ENSEMBLE MUSIC** Instrumentalists: explore a variety of music combinations and styles in an intimate setting of duos, trios, quartets and chamber music. Must have basic proficiency on an instrument (strings, woodwind, percussion or keyboard). 12:45-2:45. M. Patelson.

**QF 110 FILM EDITING USING APPLE iMOVIE** Do you have a smart phone, Apple iPad or digital camera? Create and share home videos everyone will want to watch. Combine the best pictures and video scenes, add transitions and create a perfect soundtrack. 12:45-2:45. A. Cumba.

**QF 111 DRAWING & SKETCHING: BEGINNERS & INTERMEDIATE** Use charcoal, pen, pencil and ink wash. Explore avenues of expression in black and white media. Supply list distributed at first class. 12:45-2:45. L. D'Abate.

**QF 112 FRENCH: INTERMEDIATE** Reading, conversation and grammar review. Improve comprehension, conversation skills and pronunciation. Required book: *Building Better French* (2nd edition), Annie Heminway. 12:45-2:45. N. Lehman.

**QF 113 LOVE YOUR APPLE iPad** Learn to use this marvelous computing device that suits most of our retirees needs: e-mail, surfing the web, playing games with friends wherever they are and getting the most benefit and enjoyment. Bring your Apple iPad to class. WiFi provided; you don't need 4G service. You may register for either **QF 103** or **QF 113** or **QF 210** or **QF 401**, but no more than one. 12:45-2:45. L. Cohen.

**QS 114 ISRAELI FOLK DANCING: INTERMEDIATE** Learn traditional Israeli circle and line dances. Wear sneakers or flat soled shoes. 12:45-2:45. A. Bloom.

**QS 115 BRIDGE WORKSHOP: BEGINNERS & ADVANCED BEGINNERS** Supervised practice for the inexperienced player. Improve your logic, concentration and reasoning skills, while increasing bidding and playing knowledge. 12:45-2:45. J. Fasman.

## TUESDAY

**QF 201 SPANISH: BEGINNERS & ADVANCED BEGINNERS** Learn to communicate in Spanish for daily use. Emphasis on

grammatical principles to facilitate listening, speaking and reading. For beginners or those with some knowledge of the language. Required textbook: *Easy Spanish Step by Step* by Barbara Bregstein. 10:15-12:15. E. Martin.

**QF 202 DIGITAL PHOTOGRAPHY** Basic photographic techniques to help make a better photographer. Learn how to crop, edit and improve your photographs using an Apple iMac computer, iPhoto, iTunes and photo booth. Must be comfortable using a computer mouse and keyboard. Class will create a slide show that is viewable from any computer. Bring a camera and a USB cord to connect your camera to the computer. 10:15-12:15. R. Cooper.

**QF 203 ORIGAMI: JAPANESE ART OF PAPER FOLDING** Projects include gift containers, flowers, butterflies, birds, other animals and more. Items can be used as gifts. Materials discussed at first class. 10:15-12:15. R. Malinconico.

**QF 204 MIDDLE EASTERN DANCING** Exercise while learning a unique style of dance. Learn the origins of folkloric dances (including belly dancing) of the Middle East. Wear comfortable clothing and soft soled shoes, flats or sneakers. 10:15-12:15. V. Quinones.

**QF 205 MAH JONGG** Beginners will enjoy learning this ancient game involving skill and luck. More experienced players will gain expertise in fine points. Bring your own Mah Jongg card and set (if you have one). 10:15-12:15. R. Feldman.

**QF 206 OIL PAINTING: STILL LIFE & PORTRAITURE** Beginners and advanced students welcome. First class is a still life demonstration. Supply list mailed before first class. 10:15-2:15. E. Morozowski.

**QF 207 STAINED GLASS** Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and complete their projects. Experienced students receive guidance on more advanced creations. Work at your own pace. Safety goggles mandatory. Supply list mailed before first class. \$65 includes registration and materials. 10:30-2:30. L. Carbone.

**QF 208 CLASSIC FILMS: ENEMIES OF THE STATE** Are the characters heroes, heroines or enemies? View and discuss: *Z, Spartacus, Across the Pacific* and more. 11-2. P. Levenson.

**QF 209 SPANISH: INTERMEDIATE/ADVANCED** For those with prior knowledge of Spanish to enhance communication skills

for daily use. Required textbook: *Advanced Spanish Step by Step* by Barbara Bregstein. 12:45-2:45. E. Martin.

**QF 210 LOVE YOUR APPLE iPad** Learn to use this computing device that suits most of our retirees needs: e-mail, surfing the web, playing games with friends wherever they are and getting the most benefit and enjoyment. Bring your Apple iPad to class. WiFi provided; you don't need 4G service. You may register for either **QF 103** or **QF 113** or **QF 210** or **QF 401**, but no more than one. 12:45-2:45. R. Cooper.

**QF 211 LINE DANCING: BEGINNERS & BEGINNERS PLUS** Great way to exercise by learning dances in a variety of music styles: old and new, Cha Cha, Mambo, Tango, Waltz. No partners or experience necessary. 12:45-2:45. R. Malinconico.

**QF 212 SOCIAL MAH JONGG** Play for fun and enjoyment. Bring your own Mah Jongg card and set (if you have one). 12:45-2:45. R. Feldman.

## WEDNESDAY

**QF 301 PIANO KEYBOARD: BEGINNER & INTERMEDIATE** Note reading, chord playing and a variety of music is covered. Bring your own keyboard (61 keys) and headphones. You may register for either **QF 301** or **QF 310**, but not both. 10:15-12:15. M. Patelson.

**QF 302 ADVANCED PHOTOGRAPHY** meet at various sites in Queens and Long Island to practice camera techniques. After field trip, review images to refine printing and print finishing techniques at the Queens Learning Center lab. Required: your own transportation to each site. Four sessions: Sept. 10, 24; Oct. 8, 22 plus three field trips (3 hrs. each) sites and dates distributed at first class. 10:15-12:15. J. Kramer.

**QF 303 CREATIVE WRITING** Do you have a novel in the works, a memoir, short stories or essays you would like to share for constructive criticism, polishing and possible publication? 10:15-12:15. TBA.

**QF 304 YOGA** Learn how to release stress while becoming stronger and more flexible. The adapted poses allow everyone: beginners to experienced yogis; those with injuries and illnesses to become physically fit. You may register for either **QF 304** or **QF 504**, but not both. No class Nov. 5. 10:15-12:15. T. Pratt.



**QF 305 BRIDGE: INTERMEDIATE** Review, reinforce and expand bidding knowledge. Preset hands provide for application of the basics to declarer and defender card play. 10:15-12:15. J. Fasman.

**QF 306 PASTEL PAINTING** Become acquainted with pastel as a painting medium. Drawing skills, understanding design concepts and color theory are stressed. Paintings are developed from photos students choose. Supply list mailed before first class. 10:15-2:15. C. Obergfell.

**QF 307 THE BIBLE & MODERN SCHOLARSHIP** Topics include: Abraham, Jacob, Joseph and Moses (Exodus 1-18). Four sessions: Sept. 10, 17, 24; Oct. 1. \$15 includes registration and materials. 10:30-12:30. D. Skolnik.

**QF 308 STAINED GLASS** Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and complete their own projects. Experienced students receive guidance on more advanced creations. Work at your own pace. Safety goggles mandatory. Supply list mailed before first class. \$65 includes registration and materials. 10:30-2:30. L. Carbone.

**QF 309 ZUMBA GOLD** Learn dance routines designed for beginners and older adults: Salsa, Cha Cha, Mambo and more. Modification of movement used with longer warm up and cool down periods. Improve your balance, flexibility and cardio strength. Wear comfortable clothes and shoes. Bring a towel and water bottle. 12:30-2:30. Y. Roth.

**QF 310 PIANO KEYBOARD: BEGINNER & INTERMEDIATE** Note reading, chord playing and a variety of music is covered. Bring your own keyboard (61 keys) and headphones. You may register for either **QF 301** or **QF 310**, but not both. 12:45-2:45. M. Patelson.

**QF 311 KNITTING** Beginners learn the basics. Bring yarn and knitting needles to first class. Advanced knitters will select a project, follow patterns and instructions. Instructor assistance as needed. Eight sessions. Begins Sept. 10. 12:45-2:45. E. Weinstein.

**QF 312 BRIDGE WORKSHOP: INTERMEDIATE** Improve your skills with supervised practice. Find answers and solve problems as you play the game. 12:45-2:45. J. Fasman.

## THURSDAY

**QF 401 LOVE YOUR APPLE IPAD** Learn to use this marvelous computing device that suits most of our retirees needs: e-mail, surfing the web, playing games with friends wherever they are and getting the most benefit and enjoyment. Bring your Apple iPad to class. WiFi provided; you don't need 4G service. You may register for either **QF 103** or **QF 113** or **QF 210** or **QF 401**, but no more than one. 10:15-12:15. A. Cumba.

**QF 402 CANASTA** Introduction to the basics. Enjoy playing and developing your skills. You may register for **QF 402** or **QF 404**, but not

both. 10:15-12:15. A. Dryshpel.

**QF 403 MATURE MOVES** Lively and energizing easy-does-it aerobic and calisthenics workout. Loose clothing and sneakers required. Check fitness with your doctor. No class: Oct. 30 and Nov. 6. 10:15-12:15. G. Judelson.

**QF 404 CANASTA** Introduction to the basics. Enjoy playing and developing your skills. You may register for **QF 402** or **QF 404**, but not both. 10:15-12:15. L. Cohen.

**QF 405 LITERATURE THAT CHALLENGED & CHANGED AMERICAN CIVILIZATION** Examine and discuss the critical ideas and writings that shaped and formed our American identity as people and as a nation from Paine's Common Sense through Sinclair's The Jungle. Four sessions: Sept. 11, 18; Oct. 2, 9. 10:15-12:15. L. Gappelberg.

**QF 406 ACRYLIC PAINTING** Application and technique. Emphasis on individual expression, the study of color, composition and design. Be ready to paint at first class. Required: vinyl, latex, non-latex or rubber gloves. Supply list mailed before first class. 10:15-2:15. M. Gorsky.

**QF 407 PAINTING IN WATERCOLORS** Work from live still life or your own drawings, prints or photos. Use the watercolor traditions within a contemporary framework to explore composition, color, value and perspective. Watercolor experimentation encouraged for students to find their personal expression. All levels. Six sessions. Begins Oct. 16. 10:15-2:15. C. Rickey.

**QF 408 QUILTING** Stack fabric of several squares or rectangles. Cut four straight cuts, slide them around and re-sew: simple great looking blocks. Sew by hand or machine. Machines available in class. Basic quilting supplies necessary. All levels welcome. \$20 includes registration and materials. 11-2. J. Isaacs.

**QF 409 CONTEMPORARY POETRY** Use creativity and imagination to write and discuss poetry. 12:45-2:45. A. Spero.

**QF 410 SINGER'S SINGERS** Nearly forgotten timeless popular tunesmiths and singers of standards are kept alive with plenty of rare sought after vocal examples on audiotape. Presentations include memorabilia, fully researched biography and history. Q & A. Eight consecutive sessions. Begins Oct. 2. 12:45-2:45. D. Singer.

**QF 411 LINE DANCING: BEGINNER** Great way to exercise by learning dances in a variety of music styles: old and new, Cha Cha, Mambo, Tango, Waltz. No partners or experience necessary. 12:45-2:45. R. Malinconico.

**QF 412 MAH JONGG** Beginners will enjoy learning this ancient game involving skill and luck. More experienced players will gain expertise in fine points. Bring your Mah Jongg card and set (if you have one). 12:45-2:45. L. Cohen.

## FRIDAY

**QF 501 MAH JONGG** Beginners will enjoy

learning this ancient game involving skill and luck. More experienced players will gain expertise in fine points. Bring your Mah Jongg card and set (if you have one). 10:15-12:15. R. Biren.

**QF 502 PLEASURES OF READING** Read and discuss contemporary short stories from The O. Henry Prize Stories, 2014 (Anchor). Read the first two stories before first class. Eight sessions. Begins Oct. 3. 10:15-12:15. M. Levinson.

**QF 503 OPERA: ROSSINI REVISITED** Discuss Rossini's life and renowned operas. Four sessions: Sept. 12, 19; Oct. 3, 10. 10:15-12:15. S. Orphanos.

**QF 504 YOGA** Learn how to release stress while becoming stronger and more flexible. The adapted poses allow everyone: beginners to experienced yogis; those with injuries and illnesses to become physically fit. You may register for either **QF 304** or **QF 504**, but not both. 10:15-12:15. T. Pratt.

**QF 505 BRIDGE: ADVANCED** Improve your skill as declarer and defender with play of hand techniques. Score the extra trick that makes you a desired partner and a feared opponent. 10:15-12:15. J. Fasman.

**QF 506 SPANISH FOR BEGINNERS** Learn the basic fundamentals of speaking and understanding Spanish. Required text: Spanish 1 Made Simple by Eugene Jackson and Antonio Rubio revised by Judith Nemethy. 10:15-1:15. M. Stahl.

**QF 507 CANASTA** Introduction to the basics. Enjoy playing and developing your skills. 12:45-2:45. R. Biren.

**QF 508 FILMS WITH JEWISH THEMES** View and discuss films that portray Jewish connections in America, anti-Semitism, the Holocaust and other Jewish themes. Films include: *Sophie's Choice*, *A Film Unfinished* and more. Eight sessions. Begins Oct. 3. 12:30-2:45. M. Levinson.

**QF 509 CONSCIOUS CONNECTED BREATHWORK** Want to lower your stress level, build up your energy? Suffer from anxiety and "brain fog"? Learn simple breathing techniques to help you relax and achieve inner peace. Wear comfortable clothing. Bring a yoga mat (if you have one). Five sessions: Sept. 12, 19; Oct. 3, 10, 17. 12:30-2. K. Booker.

**QF 510 MEDITATION** Discover ways to calm yourself and release stress. Five sessions: Oct. 24, 31; Nov. 7, 14, 21. 12:45-2:45. T. Pratt.

**QF 511 BRIDGE WORKSHOP: ADVANCED** Supervised practice for experienced players. Discussion of modern methods of bidding and play. 12:45-2:45. J. Fasman.

**QF 512 GENEALOGY: ANCESTORS & DESCENDANTS** Research your family history by using the internet, Census and other resources to create a family tree, album or book. Three sessions: Nov. 7, 14, 21. National Archives field trip: Tuesday, Nov. 18. 12:30-2:30. L. Hoenig.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**QF 805 THE FIRST IMPRESSIONISTIC EXHIBITION 1874** Learn about the artists during this period including Monet, Degas, Renoir, Morisot and 30 others who displayed their works at Nadar's photographic studio. Wednesday, Oct. 8. 10:15-12:15. D. Becker.

**QF 806 MONET & RENOIR** Learn about the lives and works of these French impressionistic artists. Wednesday, Oct. 15. 10:15-12:15. D. Becker.

**QF 807 THEY WROTE THE SONGS** Listen to the music and hear the stories of these writing teams: Lieber & Stoller and Doc Pomus & Mort Shulman. Wednesday, Oct. 15. 12:30-3. H. Bloch.

**QF 808 HOW TO KEEP ACCURATE MEDICAL RECORDS** Keep accurate medical records on health coverage and complimentary roles of SHIP, Medicare, GHI and HMO's. Q&A. Thursday, Oct. 16. 10:30-12:30. No Fee. R. Burwick.

**QF 809 E-COMMERCE** Need a consumer review of a product? Where to find the best deals? Learn about the websites and how to use the internet to your advantage. Friday, Oct. 17. 10:15-12:45. L. Cohen.

**QF 810 CEZANNE & PISSARRO** Learn about the lives and works of these French Impressionistic artists. Wednesday, Oct. 22. 10:15-12:15. D. Becker.

**QF 811 SALUTE TO CAROL KING** The life and career of this singer and songwriter. Wednesday, Oct. 22. 12:45-2:45. D. Isoldi.

**QF 812 THE LAST IMPRESSIONIST EXHIBITION** Learn the lack of harmony among the artists and the decline of the Impressionist movement. Wednesday, Oct. 29. 10:15-12:15. D. Becker.

**QF 813 SALUTE TO THE EVERLY BROTHERS** Listen to their unique harmony and hit recordings from their life and career. Wednesday, Oct. 29. 12:45-2:45. D. Isoldi.

**QF 814 SALUTE TO THE TONIGHT SHOW** Discuss the career of Johnny Carson and the other Tonight Show hosts during its 50 years. Wednesday, Nov. 5. 12:45-2:45. D. Isoldi.

**QF 815 QUICK & EASY KNITTING** Learn to make a "potato chip" ruffled scarf using only six stitches! You can give the scarf as a gift or keep it for yourself. Materials provided. Wednesday, Nov. 12. 10:15-12:15. \$13 includes registration and materials. N. Tribble.

**QF 816 MATISSE: CUT-OUTS** Discuss and learn about the *Matisse Cut-Outs* and exhibit at MOMA. Wednesday, Nov. 12. 12:30-3. S. Gansl.

**QF 817 EL GRECO** The Hispanic Historical Society, MOMA and the Frick collaborated on the largest El Greco exhibit outside the Prado. Learn and discuss the life and works of El Greco. Wednesday, Nov. 19. 12:30-3. S. Gansl.

## STATEN ISLAND

### MONDAY

**RF 101 SEWING** For those with little or no hand or machine sewing experience or those who want to brush up. Purchase supplies with instructor's guidance. Meets in annex. Eight sessions. No class: Sept. 29 & Oct. 6. 9:30-12. P. Bartels.

**RF 102 JEWELRY & BEADING DESIGN: BEGINNER & INTERMEDIATE** For those who have little or no experience using the tools necessary to create jewelry with beads. Purchase materials with instructor's guidance. Meets in annex. 10:15-12:15. G. Catanzaro.

**RF 103 CANASTA: BEGINNER** For those who have never played the game. 10:15-12:15. U. Mackler.

**RF 104 CANASTA: INTERMEDIATE** For those who wish to gain more experience.

10:15-12:15. E. Levinson.

**RF 105 CANASTA: ADVANCED** For the experienced player. 10:15-12:15. S. Siegel.

**RF 106 ITALIAN: INTERMEDIATE** For those who speak and read Italian and want to improve their comprehension, pronunciation and conversation skills. Emphasis on reading and grammatical principles. 10:15-12:15. R. Caputo.

**RF 107 THE NEW BIOLOGY OF LONGEVITY** Fascinating new research on the aging process. Five consecutive sessions. Begins Oct. 20. 12:30-2:30. I. Greenspan.

**RF 108 LA DOLCE VITA: ITALIAN CUISINE, CULTURE & CUSTOMS** A gastronomic and cultural journey through Northern Continental Italy. Five consecutive sessions. 12:30-3. F. Corti.

**RF 109 CONVERSATIONAL GERMAN** Focus on vocabulary for travel in Germany,

Austria and Switzerland. Discussion and videos showcasing geography, history, current events and the interests and needs of participants. Meets in annex. 12:30-2:30. J. Rueckert.

**RF 110 THE DOO WOP EXPERIENCE** Relive the music of the Doo Wop groups of the 50's and 60's. View and discuss appearances of these groups; learn to sing harmony and analyze and compare different recordings. New material. 12:30-2:30. D. Isoldi.

**RF 111 ADVANCED JEWELRY DESIGN & BEADING** Learn how to use beads creatively through your own designs with instructor guidance. For those with prior beading experience. Purchase your own supplies. Supply list available prior to first class. 12:30-2:30. N. Keay.

**RF 112 TAI CHI: INTERMEDIATE** For those who have taken a beginners course. 12:30-2:30. J. Calvacca.

**RF 113 MAH JONGG: BEGINNER** For those who want to learn the game. 12:30-2:30. R. Rose.

**RF 114 MAH JONGG PLAY LAB** Practice the basics of the game. For those who play. 12:30-2:30. N. Friedman.

**RF 951 EPICUREAN DELIGHT: DINE AROUND** Enjoy a variety of cuisines at three well known Staten Island restaurants at 5 p.m. Bring checks to the orientation session on Monday, Sept. 8, as registration is required for the restaurants at that time. Checks are payable to **UFTWF Retiree Programs**. 10:30-12:30. R. Zuckerberg.

### TUESDAY

**RF 201 ADVANCED STAINED GLASS LAB** For experienced students capable of working



independently and creating complex projects. Purchase your own supplies. \$15 includes registration and use of large equipment. Safety goggles mandatory. 9-12. C. Pato.

**RF 202 ITALIAN FOR BEGINNERS** Simple, direct lessons in pronunciation, vocabulary and grammar for those with little or no knowledge of Italian. Meets in annex. 10:15-12:15. R. Caputo.

**RF 203 RECORDER** For those who are beginners or beginners again. Start with the basics of reading music and playing the instrument. Materials list available prior to first class. Meets in annex. 10:15-12:15. D. DeOrio.

**RF 204 GREAT BOOKS: CLASSICS & POPULAR LITERATURE** Group consensus will determine selections. Eight sessions. Begins Sept. 16. 10:15-12:15. A. Devlin.

**RF 205 LINE DANCING** Learn the basics and enjoy this mind and body stimulating activity. 10:15-12:15. L. Kalipetes.

**RF 206 FITNESS FOR BEGINNERS** Gentle exercise includes stretching, strengthening, balance, flexibility and low cardio (chair optional). Appropriate footwear required. 10:15-12:15. E. Gissendanner.

**RF 207 DISCOVER YOUR APPLE iPad** Learn how to operate your device for emailing, navigating the internet, taking photos, playing games and more. Meets in annex. 10:15-12:15. C. Rosen.

**RF 208 WATERCOLORS** learn the elements of good design, color theory, paint textures, special effects and luminous washes. Demos and individualized attention. All levels welcome. Meets in annex. 12:30-2:30. P. Whitehouse.

**RF 209 CONVERSATIONAL ITALIAN** For those who have taken at least one year of Italian and want to improve their skills. Emphasis on pronunciation and grammar. 12:30-2:30. R. Caputo.

**RF 210 CONVERSATIONAL HEBREW FOR BEGINNERS** Learn to hold a simple, every day conversation with ease and enjoyment. No previous knowledge necessary. 12:30-2:30. Y. Efraim.

**RF 211 LINE DANCING II** For those with more experience. 12:30-2:30. L. Kalipetes.

**RF 212 FIT-ERCISE** A variety of low impact aerobic exercises for cardio endurance, muscle conditioning and strengthening with weights. Flexibility and relaxation through gentle stretching. Appropriate footwear required. 12:30-2:30. J. Chow.

**RF 213 THE LANGUAGE OF FILM** View and discuss classic and contemporary films: *Foreign Correspondent*, *Children of Men*, *Before Midnight* and more. Meets in annex. 12:30-3. F. Grieco.

## WEDNESDAY

**RF 301 ROME IN SECOND CENTURY AD** History and culture of second century Rome from emperors Trajan to Marcus Aurelius and Commodus. \$20 includes registration and materials. 10-12. L. Warner.

**RF 302 AMERICAN MUSICAL THEATER: GEORGE GERSHWIN** His genius was one of the most dynamic forces in musical theater. Explore his life and music by singing songs and experiencing shows with great performance by Astaire, Kelly and more. Meets in annex. Seven consecutive sessions. 10:15-12:15. F. McKinnon.

**RF 303 INTERMEDIATE & ADVANCED QUILTING: "HALF-SQUARE SHARE"** Exchange half-square triangles with the group to create individual quilts. Must have knowledge of sewing techniques. Purchase your own supplies. Instructor provides template. Eight sessions. No class: Sept. 24. Meets in annex. 10:15-12:15. M. Grenier.

**RF 304 CONVERSATIONAL FRENCH** Learn to speak French for travel or fun. 10:15-12:15. L. Siegel.

**RF 305 WOMEN'S LITERATURE** Discuss short stories about women and their loves, successes and disappointments in all stages of their lives. All new stories. No class: Nov. 12. 10:15-12:15. A. Zuckerberg.

**RF 306 ZUMBA GOLD PLUS & ZUMBA GOLD TONING** The exciting Latin and international dance rhythms of the original Zumba programs have been modified so that adults of any age and fitness level can achieve success. More intense movements offered for those who choose to advance. Appropriate footwear required. You may register for either **RF 306** or **RF 309**, but not both. 10:15-12:15. S. Paris.

**RF 307 WOODWORKING** Make toys or small furniture. Learn how to repair items in your home. Beginners through expert. Power tools provided. Purchase your own supplies as necessary. Safety goggles mandatory. Meets in annex. 12:30-2:30. H. Mayle.

**RF 308 SPANISH CONVERSATION: THE FASTEST GROWING LANGUAGE IN AMERICA** Learn to communicate in Spanish for daily use. 12:30-2:30. L. Siegel.

**RF 309 ZUMBA GOLD & ZUMBA GOLD TONING** The exciting Latin and international dance rhythms of the original Zumba programs have been modified so that adults of any age and fitness level can achieve success. Appropriate footwear required. You may register for either **RF 306** or **RF 309**, but not both. 12:30-2:30. S. Paris.

**RF 310 ANCIENT ROMAN JUDEA IN CINEMA** View the best films that covered the first century during the emergence of Christianity: *Joseph & Mary*, T.V. mini-series *A.D.* and DeMille's *The Sign of the Cross*. Discussions after each film. \$20 includes registration and materials. 12:30-2:30. L. Warner.

**RF 311 CREATIVE WRITING** Examine writing techniques and literary styles to inspire you to write in various genres: poetry, drama, memoir and fiction. Seven consecutive sessions. Meets in annex. 12:30-2:30. F. McKinnon.

**RF 312 CREATING PAPER BEADS** Design decorative paper beads using everyday items you have at home. Create a bracelet or necklace. No experience necessary. Materials needed for first class: scissors, pen, box of round toothpicks, glue stick, old magazines, wrapping paper or craft paper (not card stock). Three sessions. Begins Sept. 10. 12:30-2:30. S. Zalkin.

**RF 313 GENEALOGY: ANCESTORS & DESCENDANTS** Research your family history by using the Internet, Census and other resources to create a family tree, book or other venue. Three sessions: Nov. 5, 12, 19. 12:30-2:30. National Archives field trip: Tuesday, Nov. 18. L. Hoenig.

**RF 314 ELLIS ISLAND** Significant issues that attracted immigrants to America and how their experiences changed them and America. Videos, photos, literature and discussions that relate to the late 19th & 20th centuries. Four sessions: Oct. 22, 29; Nov. 5, 19. Ellis Island trip: (not optional) Nov. 12. \$31 includes registration and trip. 12:30-2:30. A. Zuckerberg.

## THURSDAY

**RF 401 INTRODUCTION TO BIRDING** An orientation session on Thursday, Oct. 23 introduces you on how to find, observe, identify and locate birds. The other sessions (Oct. 30 and Nov. 6) are "bird walks" to Mount Loretto State Park and the S.I. Conference House focusing on bird identification on S.I. 10:15-12:15. H. Fischer.

**RF 402 GETTING IT RIGHT IN THE CAMERA** Learn how to make photos look professional. The course is interactive with practical challenges which can be handled using all

grades of cameras. No previous experience necessary. Bring your digital camera, Apple iPad or iPhone to class. Five consecutive sessions. 10:15-12:15. E. Mayr.

**RF 403 CHINESE BRUSH PAINTING & CALLIGRAPHY** No drawing or painting experience needed. Use basic brush strokes while learning the history and culture of China reflected through this medium. Meets in annex. 10:15-12:15. P. Whitehouse.

**RF 404 HISTORY OF THE JEWISH PEOPLE** Lectures describe Israel and the world Jewry, the Yom Kippur War, the Rabin years and the tormented road to the ever elusive peace. Meets in annex. 10:15-12:15. E. Grushkin.

**RF 405 CANASTA PLAY LAB** For those who wish to gain more experience. 10:15-12:15. C. Patelsky.

**RF 406 S.I. CHORALEERS** Share the joy of group singing and learn the basics of music in the process. Course culminates with a performance at the end term party on Dec. 3. 10:15-12:15. E. Ratner.

**RF 407 EXPERIMENTING WITH ACRYLIC PAINTING: BEGINNER** Bring out your creative side by learning to paint. 10:15-12:15. A. Nelson.

**RF 408 BASIC DRAWING TECHNIQUES** For beginners and those who want to improve their skills including composition skills, various media and appreciation of art. Purchase supplies with guidance from instructor. Supply list available prior to first class. Meets in annex. 12:30-2:30. M. Corti.

**RF 409 ISRAEL: FACT THROUGH FICTION** Discuss Israeli literature as it illuminates issues confronting Israeli society and culture. Analyze short stories and poetry as they touch on conflicts between ideology and reality and Eastern and Western cultures. All new material. All material is translated from Hebrew. Meets in annex. \$20 includes registration and materials. 12:30-2:30. E. Grushkin.

**RF 410 MAH JONGG PLAY LAB** For those who wish to gain more experience. 12:30-2:30. R. Rose.

**RF 411 FUNDAMENTALS OF WATER-COLOR** Learn new shortcuts and time honored techniques. Layout and perspective emphasized. Supply list available prior to first class. Beginner or seasoned painters welcome. 12:30-2:30. F. Sklenar.

**RF 412 TAI CHI: BEGINNER** Learn the basic principles of Tai Chi. 12:30-2:30. R. Yuen.

**RF 413 CLASSIC PILATES** Restorative, gentle strength training to increase flexibility, balance and a general feeling of well-being. Proper breathing and relaxation techniques are essential (chair optional). Bring a towel, mat and wear comfortable clothing. No class: Nov. 13. 12:30-2:30. S. Cohen.

**RF 414 BASIC BALLROOM: BEGINNER** and those who want to brush up too. Waltz, Tango, Fox Trot, Cha Cha, Mambo and Swing. No partner necessary. 12:30-2:30. F. Velde-man.

## FRIDAY

**RF 501 STAINED GLASS: BEGINNER** Learn how to use a glass cutter, soldering iron, and glass grinder to create projects. Purchase your own materials with guidance from instructor. Safety goggles mandatory. \$15 includes registration and the use of large equipment. 9:30-12:30. C. Pato.

**RF 502 CROCHETING & KNITTING** Beginners will learn the basics to complete a project of their choice. Those with experience will receive instruction to further their skills. Purchase an inexpensive, light colored yarn, crochet hook or knitting needles (size on label). All levels. Meets in annex. 10:15-12:15. L. Davis.

**RF 503 UNDERSTANDING & ENJOYING**

**OPERA** Learn to appreciate opera by discussing, listening and viewing. 10:15-1:15. F. Corti.

**RF 504 MIND & BODY CONNECTION** Restore balance, confidence and vitality through mild upper body movement. Optional field trip to "Walk the Labyrinth" in lieu of a class. Date of trip to be determined at first class. Meets in annex. 10:15-12:15. D. Woodhouse.

**RF 851 THEATER EXPERIENCE** Attend performances on and off-Broadway at discounted prices. Bring your checkbook. Checks payable to **UFTWF Retiree Programs**. Three sessions: Sept. 12; Oct. 17; Nov. 14. 10:15- 12. A. Zimring.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**RF 805 A SENIOR'S GUIDE FOR MAINTAINING MENTAL HEALTH** Friday, Sept. 12. 10:15-12:15. M. Sternlicht.

**RF 806 HOW TO KEEP ACCURATE MEDICAL RECORDS** Keep accurate medical records on health coverage and complimentary roles of SHIP, Medicare, GHI and HMO's. Q&A. Friday, Sept. 19. 10:30-12:30. No Fee. I. Lospenuso.

**RF 807 BREATHING TECHNIQUES FOR A HEALTHY LIFE** Learn a variety of breathing exercises used to increase lung capacity, promote restful sleep, lower stress levels and create a general well-being. Wednesday, Oct. 1. 12:30-2:30. S. Cohen.

**RF 808 HEALTH CHECKUP** Information about your retiree benefits provided by the Welfare Fund. Friday, Oct. 10. 10:30-12:30. No Fee. A. Pepper, Executive Director, UFT Welfare Fund.

**RF 809 VERTIGO** View and discuss Alfred Hitchcock's masterpiece of paranoia and obsession. Friday, Oct. 17. 10:15-1:15. F. Grieco.

**RF 810 NYSUT MEMBER BENEFITS** Review member benefits with emphasis on Catastrophic Insurance, Long Term Care and Health Care Insurance. Friday, Oct. 24. 10:30-12:30. No Fee. TBA.

**RF 811 THE HISTORY OF THE JEWS OF SPAIN** The Golden Age and the Jewish relationship to the surrounding Christian/Muslim society. Friday, Oct. 24. 10:15-12:15. M. Sternlicht.

**RF 812 ALZHEIMER'S DISEASE** Everything you need to know and how you can get help. Wednesday, Oct. 29. 12:30-2:30. E. Ratner.

**RF 813 PARIS: THE LUMINOUS YEARS** Excerpts from PBS documentary shows the most influential artists, writers and composers of the 20s and 30s. Discussion to follow. Wednesday, Nov. 5. 10:15-12:15. S. Ehrlich.

**RF 814 MYTHS ALIVE!** Discuss the findings of the instructor's two year survey of the most frequently occurring mythological allusions in the media. Friday, Nov. 7. 10:15-1:15. A. Devlin.

**RF 815 IDENTITY THEFT** All you need to know about protecting your personal information. Q&A. Friday, Nov. 7. 10:30-12:30. K. Haefelin, NYSUT.

**RF 816 AN OFFER YOU CAN'T REFUSE!** View and discuss the greatest gangster film, *The Godfather*. Friday, Nov. 14. 10:15-1:15. F. Grieco.

**RF 817 A SICILIAN UPBRINGING** Between Mussolini and Hitler's stronghold, families were thrust into a world of personal strife and hardships. There are unfathomable stories of the human experience that must be told. Friday, Nov. 21. 10- 12:30. M. Randazzo.

**RF 818 BRUSH UP YOUR SHAKESPEARE!** View and discuss the 1953 MGM musical, *Kiss Me Kate*. Friday, Nov. 21. 10:15-1:15. A. Devlin.



# INTERSESSION

Unless otherwise noted, the registration fee is \$10.00 for the course (which is non-refundable and non-transferable).

## BRONX

**Coordinator: Cheryl Bing-Howard.** All sessions will be held at the Bronx Learning Center, 2500 Halsey Street.

## TUESDAY

- **XI 214 EXERCISES & STRETCHES FOR SENIORS** Maintain health and fitness with exercise and movement, sitting and standing. Use light weights, resistance bands and your bodies to achieve better balance, strength and coordination. Jan. 6, 13, 20, 27. 10-12. A. Stern
- **XI 215 SHORT STORIES** Read and discuss short stories. Jan. 6, 13, 20, 27; Feb. 3. 10-12. A. Pruzan
- **XI 216 ITALIAN:INTERMEDIATE/ADVANCED** Learn through conversation, using Italian immersion text and grammar. Books: *In Italiano: Gramatica Italiana Per Stranieri* by Angelo Chiuchiu, Fausto Minciarelli & Marcello Silvestrini (published by Guerra Edizioni Guru.) Jan. 6, 13, 20, 27; Feb. 3. 10-12. A. DeGennaro
- **XI 217 INTERMEDIATE & ADVANCED BRIDGE** Learn and practice more advanced techniques in bidding, playing and defending. Jan. 6, 13, 20, 27; Feb. 3. 10-12:15. A. Lisle
- **XI 218 APPLE iPad READY SET GO!** Explore basic apps and share tips. Discover how some apps enhance travel vacations. Bring your Apple iPad with accessories to class. Jan. 6, 13, 20, 27; Feb. 3. 10-12:30. D. Davis
- **MINI FILM SERIES: JUDY & LIZA** Discuss their films and in addition see their performances on television shows and in concert. Registration fee is \$17 for each session and includes a light lunch. 10-3. F. McKinnon
- **XI 219 JUDY GARLAND & MICKEY ROONEY: GIRL CRAZY** Jan. 6
- **XI 220 LIZA MINNELL, MICHAEL YORK & JOEL GRAY: CABARET** Jan. 20
- **XI 221 ADVANCED BEGINNERS BRIDGE** Learn and practice simple techniques in bidding, playing and defending. Jan. 6, 13, 20, 27; Feb. 3. 12:30-2:45. A. Lisle

## WEDNESDAY

- **XI 313 PRACTICAL SPANISH FOR EVERYDAY USAGE** Discover the joy of learning expressions, idioms, writing and conversational skills. All levels. Jan. 7, 14, 21, 28; Feb. 4. 10-12. M. Salaman
- **XI 314 BEGINNERS DIGITAL PHOTOGRAPHY** Learn how to use your camera's settings and controls; transfer pictures from your camera to a computer or memory stick. Bring your digital camera, USB cable, instruction booklet and a flash drive. Jan. 7, 14, 21, 28; Feb. 4. 10-12. S. Walker
- **XI 315 BEGINNERS TAI CHI** Introduction and practice of the basic principles of Tai Chi. Wear comfortable clothing. Jan. 7, 14, 21, 28; Feb. 4. 10-12. Y. H. Wang
- **XI 316 CANASTA** Beginners receive instruction on fundamentals on the Modern American version of this popular game. All levels. Jan. 7, 14, 21, 28; Feb. 4. 10-12. M. Schuster
- **XI 317 INTERMEDIATE & ADVANCED MOSAICS** Continue "on going" projects or begin "new advanced level" projects. Bring

- your own tools and materials. Jan. 7, 14, 21, 28; Feb. 4. 10-1:30. P. O'Connell
- **XI 318 INTERMEDIATE TAI CHI** Practice the ancient art of Tai Chi- great form of exercise. Jan. 7, 14, 21, 28; Feb. 4. 12:30-2:30. Y. H. Wang
- **XI 319 MAH JONGG** Those new to the game receive instruction based on rules sanctioned by the National Mah Jongg League. Jan. 7, 14, 21, 28; Feb. 4. 12:30-2:30. M. Schuster
- **XI 320 INTERMEDIATE & ADVANCED DIGITAL PHOTOGRAPHY** For those who already take pictures and have a basic sense of camera operation. Use more advanced camera operations, composition and use of computer to enhance your images. Bring camera, flash drive and operation manual. Jan. 7, 14, 21, 28; Feb. 4. 12:30-3. S. Walker

## THURSDAY

- **XI 413 EXERCISE PLUS** Blend of exercises designed to tone, strengthen and increase stamina and flexibility. Bring light hand weights, bands and sticky floor mats. Jan. 8, 15, 22, 29; Feb. 5. 10-12. D. Dolan
- **XI 414 YOGA** Combine systems of natural exercise to improve the body's alignment, flexibility, circulation and breathing. Known to reduce stress. Bring an exercise mat, large towel and small pillow. Jan. 8, 15, 22, 29. 10-12. J. Livingston
- **XI 415 QUILTING** Different theme every week. Strip piecing Irish Chain; Patriotic Design; Jams & Jellies. Make a table runner using blocks from another project, Hawaiian applique block and UFO's. Jan. 8, 15, 22, 29; Feb. 5. 10-2. H. Whitaker
- **MINI FILM SERIES** Registration fee is \$17 for each session and includes a light lunch. D. Hammitt
- **XI 416 PHILIP SEYMOUR HOFFMAN** View and discuss his life, movie clips and featured films. Jan. 8. 10-3.
- **XI 417 TOM CLANCY BOOKS INTO FILM** View film clips and one full-length film. Compare and contrast directors. Jan. 22. 10-3.
- **MINI FILM SERIES** Registration fee is \$17 for each session and includes a light lunch. H. Fritsch

- **XI 418 PETE SEEGER** Explore the career of this controversial activist and sing some of his songs. Jan. 15. 10-3.
- **XI 419 SPENCER TRACY** Explore his life and watch film clips of his career. Jan. 29. 10-3.
- **XI 420 WORD GAMES** Expand your vocabulary and challenge your brain as you have fun playing a variety of word games. Jan. 8, 15, 22, 29; Feb. 5. 12:30-2:30. D. Dolan

## BROOKLYN

**Coordinator: Evelyn Dorell.** All sessions will be held at the Brooklyn Learning Center, 335 Adams Street, 24th Floor.

## MONDAY

- **KI 111 CLASSIC TELEVISION SHOWS** View and discuss episodes of early police dramas, westerns, comedies, thrillers and more. Jan. 5, 12, 26; Feb. 2. 10-12. D. Isoldi.
- **KI 112 STRETCH & RELAX** Improve flexibility and balance with gentle exercise. Learn

- relaxation techniques. Bring large towel or mat. Jan. 5, 12, 26; Feb. 2. 10-12. T. Pratt
- **KI 113 DIGITAL PHOTOGRAPHY** Learn to use your digital camera, take and edit photos, create movies, a slide show and incorporate them in emails. Must own a digital camera. Bring a flash drive. \$20 includes registration and materials. Jan. 5, 12, 26; Feb. 2. 10-12. J. Griffith
- **KI 114 NON-TOXIC OIL PAINTING** Oil painting without solvents. Materials needed for class: canvas boards; brushes; palette knives; disposable palletes; a bottle of stand oil and linseed oil; large tube titanium white; 37 ml. tubes of black, umbers, earth colors, blue; teaspoon; charcoal; pencils; tin can; paper towels. Jan. 5, 12, 26; Feb. 2. 10-12. G. Kerasiotis
- **KI 115 FOR LAUGHING OUT LOUD** Films include: *Night at the Opera; Fish Called Wanda; Strictly Ballroom; Dr. Strangelove*. Jan. 5, 12, 26; Feb. 2. 11-2. M. Eller
- **KI 116 EXERCISE FOR FUN & FITNESS: "SALSASIZE"** Wear comfortable clothing and sneakers. Optional: Bring a theraband (resistance band) – scarf or ace bandage can be used. Jan. 5, 12, 26; Feb. 2. 12-2. B. Sayegh
- **KI 117 QUILTING** All levels. Create Sunbonnet Sue. Place her in a background of your choice: on the beach, in a playground, a supermarket etc. The quilt is approx. 22 x 26. Materials list sent prior to first class. Jan. 5, 12, 26; Feb. 2. 10-2. J. Putterman
- **KI 118 JAZZERCISE** Stretching and dancing to Jazz, Rhythm & Blues, Cha Cha, Swing, Salsa and Mambo. Jan. 5, 12, 26; Feb. 2. 12:15-2:15. K. Sanson
- **KI 119 SKETCHING & DRAWING** Introduction and examples of sketching and drawing. What is value chat? Make one and an application of a value chat. Compare and contrast drawing and painting. Work with instructor to draw a human head. Jan. 5, 12, 26; Feb. 2. 1-3. A. Ojo.

## WEDNESDAY

- **KI 311 BEGINNER STAINED GLASS** Work on projects using a glass cutter, soldering iron and glass grinder. Safety goggles mandatory. \$35 includes registration and materials. Jan. 7, 14, 21, 28; Feb. 4. 9:30-12:30. G. Fisherman
- **KI 312 MIDDLE EASTERN DANCE** Egyptian Style, Drum Solo and Finger Cymbals. Jan. 7, 14, 21, 28; Feb. 4. 10-12. A. Beeman
- **KI 313 LINE DANCING** All are welcome. Jan. 7, 14, 21, 28. 10-12. N. Cangiano.
- **KI 314 CHORUS** Engage in choral singing. Types of music and level of complexity are determined in class. Music and/or parts may be taught with or without music sheets. Jan. 7, 14, 21, 28; Feb. 4. 10-12:30. J. DeRanieri
- **KI 315 DOLLS** Topsy-Turvy Cinderella. Two dolls in one, just turn her over. Using fabric on one side and simple calico on the other to create her. Materials list provided before first class. Jan. 7, 14, 21, 28; Feb. 4. 10-1. J. Putterman
- **KI 316 ZUMBA GOLD** Slow paced with easy steps to follow for the active adult using a variety of music. Jan. 7, 14, 21, 28; Feb. 4. 12-2. B. Sayegh

- **KI 317 BEADWEAVING: ADVANCED BEGINNER/INTERMEDIATE** utilize basic beadweaving stitches to further your technique and show you how to make unique bracelets, necklaces, earrings and brooches. Jan. 7, 14, 21, 28; Feb. 4. 12-3. Instructor: J. Schatz
- **KI 318 BEGINNER TAI CHI** Introduction to basic principles and movements. Jan. 7, 14, 21, 28; Feb. 4. 1-3. J. He
- **KI 319 JAZZ JOURNEY WITH GRACE** From New Orleans to New York and all the places in between. Take a virtual tour through the world of Jazz and its history. Journey is enhanced by guest lecturers from the Jazz community. Jan. 7, 14, 21, 28; Feb. 4. 1-3. G. Metivier
- **KI 320 POLYMER CLAY:BEGINNER** Learn the proper way to condition the clay and how to use technique to create pendants, earrings and brooches. \$20 includes registration and materials. Jan. 7, 14, 21, 28; Feb. 4. 1-3. M. Suthiwong

## MANHATTAN

**Coordinator: Millie Glaberman.** All sessions will be held at the Manhattan Learning Center, 50 Broadway, 2nd Floor.

## MONDAY

- **CI 113 TAI CHI** Graceful rhythmic movements that help improve balance. Jan. 5, 12, 26; Feb. 2. 10-12. J. He
- **CI 114 HITCHCOCK: MYSTERY, SUSPENSE & MURDER** Focus on Hitchcock's late and early American movies including: *Young & Innocent; The Lady Vanishes; Foreign Correspondent* and *Rebecca*. Jan. 5, 12, 26; Feb. 2. \$15 includes registration and materials. 10-12:30. A. Balgley
- **CI 115 MEMOIR WRITING: I REMEMBER....** Dig into your well of memories and write about your first crush, food, family, joys and sorrows. Read excerpts from famous memoirs and useful story starter. For new and experienced writers. Bring a notepad, pen and a favorite photo to first class. Jan. 5, 12, 26; Feb. 2. 11-1. L. Schwartz
- **CI 116 NOT FOR BEGINNER'S BRIDGE** For those with experience playing bridge. Jan. 5, 12, 26; Feb. 2. 11-2. R. Cantara
- **CI 117 PASTEL PAINTING WITH GEORGE** Explore basic techniques in pastel painting, drawing and composition. Students work from still-life set ups and are encouraged to bring in interesting objects/fabrics to paint. Materials need: a set of pastels, hard or soft (depends on preference and budget); a pad of mixed toned pastel paper, kneaded eraser, paper blending sticks optional; set of grey scale pastels, pastel pencils, vine charcoal, basic drawing pencils and conte crayons. Jan. 5, 12, 26; Feb. 2. 1-3. G. Kerasiotis

## TUESDAY

- **CI 215 MIDDLE EASTERN DANCE** Learn Dance with the Veil; Persian Style Dance; Khaliji & Kawliya; Dance from the Gulf; Turkish Roman Style Dance and Egyptian Cane Dance. You may register for **CI 215** or **CI 218**, but not both. Jan. 6, 13, 20, 27; Feb.



3. 10-12. A. Beeman

### ■ CI 216 SKETCHING & DRAWING

Contour Drawing/Construction of a Cylinder; Shading/Construction of a Cup with Handle; Drawing Various Containers/Construction of a Box in Perspective; Object Drawing; Composition/Still Life & Other Objects in Space. Materials needed: 11"x14" Strathmore drawing pad, 2H, HB, 2B pencils, kneaded eraser. Jan. 6, 13, 20, 27; Feb. 3. 10-12. E. Comins

■ CI 217 FAMOUS MOVIE COUPLES View and discuss Hepburn & Tracy in *The Desk Set*; Astaire & Rogers in *The Gay Divorcee*; Pidgeon & Garson in *Mrs. Miniver*; Hudson & Day in *Pillow Talk*; Taylor & Burton in *Who's Afraid of Virginia Woolf*. Jan. 6, 13, 20, 27; Feb. 3. 12:30-3. R. Romer

### ■ CI 218 MIDDLE EASTERN DANCE

Learn Dance with the Veil; Persian Style Dance; Khaliji & Kawliya: Dance from the Gulf; Turkish Roman Style Dance and Egyptian Cane Dance. You may register for CI 215 or CI 218, but not both. Jan. 6, 13, 20, 27; Feb. 3. 1-3. A. Beeman

### ■ CI 219 WATERCOLOR WORKSHOP

Painting Flat, Graded, Dry Brush, Wet on Wet Washes; Layering to Show Values (Light to Dark); Simple Landscapes; Painting Everyday Objects in Nature Forms; Composition: Arranging Objects in Space. Materials needed: watercolor set, 9"x12" watercolor pad, #6 round brush, 1/2" flat brush, mixing tray, sponge, paper towels. Jan. 6, 13, 20, 27; Feb. 3. 1-3. E. Comins

## WEDNESDAY

### ■ CI 316 INTERMEDIATE/ADVANCED

ITALIAN Learn through conversation and using Italian immersion text. In *Italiano: Gramatica Italiana Per Stranieri* by Angelo Chiuchiu, Fausto Minciarelli & Marcello Silvestrini (published by Guerra Edizioni Guru.) Jan. 7, 14, 21, 28; Feb. 4. 10-12. A. DeGennaro

■ CI 317 LITERARY INTERLUDE Explore the African-American experience in the post WWII South. Read and discuss *A Lesson Before Dying* by Ernest Gaines (Chapters 1-6) for first class. View film at last class. Jan. 7, 14, 21, 28; Feb. 4. 10-12. D. Stillman

■ CI 318 ITALIAN CINEMA View and discuss Italy's classic films: *The Seduction of Mimi*; *Malena*; *The Garden of the Finzi-Contini*; *Life is Beautiful* and *Roma Città Aperta*. Classes conducted in English. Jan. 7, 14, 21, 28; Feb. 4. \$15 includes registration and materials. 10-1. J. Worth

■ CI 319 JOY OF OPERA *Madame Butterfly*, *Barbar of Seville*, *Falstaff*, *Norma*, *A Mas Red Ball*. Aspects highlighted: libretto, voice categories, singer comparison and use of various musical instruments to emphasize and emotions. \$15 includes registration and materials. Jan. 7, 14, 21, 28; Feb. 4. 12-3. E. Godfrey

■ CI 320 WATERCOLOR JOY Improve technique and style from basics to details including flat, graded, wet-on-wet washes, layering composition and various water color techniques. Subject matter and handouts provided. Materials needed: artist quality water color paints, 140 lb. water color pad, #2 #4 #8 water color brushes, 1 inch flat brush, mixing tray, sponge, two water containers, paper towels. Jan. 7, 14, 21, 28; Feb. 4. 1-3. A. Massimi

### ■ CI 321 ITALIAN FOR BEGINNERS

Study the fundamentals of Italian grammar as a guide to mastering basic conversational Italian. Jan. 7, 14, 21, 28; Feb. 4. \$15 includes registration and materials. 1:30-3. J. Worth

## THURSDAY

### ■ CI 418 ART OF THE RENAISSANCE IN ITALY

A survey of the art and artists of the early Renaissance in Florence, Rome and Venice. Jan. 8, 15, 22, 29; Feb. 5. 10-12. D. Becker

■ CI 419 YOGA Gentle stretching and relaxation practices that brings a feeling of peace and well-being in the mind, body and spirit. Jan. 8, 15, 22, 29; Feb. 5. 10-12. C. DeVito

■ CI 420 ADVANCED BEADING Must have experience with very complicated beading techniques. Jan. 8, 15, 22, 29; Feb. 5. 10-1. G. Shatz

■ CI 421 THE JOY OF ACTING Educators are familiar with performing having spent years before students. Here's your chance to reconnect with those performance talents in a supportive environment. Explore theatre games, exercises, improvisations and even some scene work for those who might be so motivated. Jan. 8, 15, 22, 29; Feb. 5. \$15 includes registration and materials. 12-2. D. Marlette

### ■ CI 422 DRAWING FOR ABSOLUTE

BEGINNERS Learn the basics of drawing including how to develop illusion of a three dimensional form on a two dimensional surface. Gain an understanding of the cube, sphere, contour and gesture as a valuable part of the drawing process. Materials needed for first class: HB, B, 2B, 4B pencils, kneaded eraser, pencil sharpener, chamois and a Strathmore 11"x14" medium surface drawing pad. Jan. 8, 15, 22, 29; Feb. 5. 12:30-2:30. R. Baumann

## QUEENS

*Coordinator: Ray Taruskin. All sessions will be held at the Queens Learning Center, 97-77 Queens Blvd., 8th Floor.*

## TUESDAY

■ QI 213 PAINTING IN OILS Beginners welcome. Materials list sent prior to class. Jan. 6, 13, 20, 27; Feb. 3. 10-2. E. Morozowski

■ QI 214 BEGINNING COMPUTERS New to the computer? Need help with a mouse and keyboard? Want to know what the internet is? Make you analog life more digital using an Apple iMac. Jan. 6, 13, 20, 27; Feb. 3. 10:15-12:15. A. Cumba

■ QI 215 TAI CHI Introduction to basic principles and movements of this ancient Chinese exercise. Jan. 6, 13, 20, 27; Feb. 3. 10:15-12:15. J. He.

■ QI 216 CLASSIC FILMS View and discuss these courageous, daring, debonair, suave leading men: Spencer Tracey, Errol Flynn and Paul Henreid. Jan. 6, 13, 20, 27; Feb. 3. 12-3. P. Levenson

■ QI 217 DUPLICATE BRIDGE For those experienced players who have never played duplicate bridge. Jan. 6, 13, 20, 27; Feb. 3. 12-3. R. Cantara

■ QI 218 LOVE YOUR APPLE iPad Learn how to use and love your Apple iPad. Bring your iPad to class. Jan. 6, 13, 20, 27; Feb. 3. 12:45-2:45. A. Cumba

## WEDNESDAY

■ QI 313 APPLE iLIFE iLife is a suite of three programs including iPhoto, iMovie and Garage Band for your Apple iMac computer. Learn how iPhoto and iMovie can manage and adjust your digital images and videos. How you can create wonderful moving images and use Garage Band to create background music

for your movies and photos. Bring your USB wire to connect your camera to the computer and a flash drive to save your work. Jan. 7, 14, 21, 28; Feb. 4. 10-1. R. Cooper

■ QI 314 PASTEL PAINTING Materials list sent prior to first class. Jan. 7, 14, 21, 28; Feb. 4. 10-2. C. Obergfell

■ QI 315 EXERCISE & RELAXATION Release stress while becoming stronger and more flexible. Jan. 7, 14, 21, 28; Feb. 4. 10:15-12:15. T. Pratt

■ QI 316 MAH JONGG Bring your own set and a current card (if you have one). Jan. 7, 14, 21, 28; Feb. 4. 10:15-1:15. L. Cohen

■ QI 317 STAINED GLASS Beginners will learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and create your own unique projects. Experienced students receive guidance on more advanced creations. Work at your own pace. Safety goggles mandatory. \$35 includes registration and materials. Jan. 7, 14, 21, 28; Feb. 4. 10:30-2:30. L. Carbone.

■ QI 318 BEGINNERS BRIDGE Bridge lessons given and direct supervised play preparing you for an improved game of social and/or duplicate bridge. Jan. 7, 14, 21, 28; Feb. 4. 12-3. R. Cantara

## THURSDAY

■ QI 413 BEGINNING DRAWING Introduction to learning how to record what you see. Materials list sent prior to first class. Jan. 8, 15, 22, 29; Feb. 5. 10-1. C. Rickey

■ QI 414 MAH JONGG Bring your own set and current card (if you have one). Jan. 8, 15, 22, 29; Feb. 5. 10:15-1:15. L. Cohen

■ QI 415 THE JEWISH PEOPLE: A STORY OF SURVIVAL View and discuss a PBS presentation on the Jewish people and their struggle to survive over the millennia and in America. Jan. 8, 15, 22, 29. 10:30-1:30. M. Levenson

■ QI 416 CRITIC'S PICKS Watch and discuss films including *Becket*; *Silkwood* and *The Mission*. Jan. 8, 15, 22, 29; Feb. 5. 11-2:30. M. Eller

■ QI 417 MEDITATION No previous experience necessary. Discover ways to calm your mind and release stress. Jan. 8, 15, 22, 29; Feb. 5. 1-3. T. Pratt

## STATEN ISLAND

*Coordinator: Jeanne Casanovas. All sessions will be held at the Staten Island Learning Center, 4456 Amboy Road.*

## TUESDAY

■ RI 216 ADULT FITNESS/ZUMBA Feel great exercising to the Latin beat. Modified for the mature adult. Wear athletic clothing and sneakers. Bring a water bottle and a towel. Jan. 6, 13, 20, 27; Feb. 3. 10:15-11:15. M. Deturris

■ RI 217 YOU CAN READ MUSIC Calling all those who sing or play by ear! Learn the basics of reading music including basic notation in rhythm and melody. Bring a manuscript book and pencil to first class. \$15 includes registration and materials. Jan. 6, 13, 20, 27; Feb. 3. 10:30-12:30. D. Deorio

■ RI 218 LINE DANCING: BEGINNERS Learn the basics and enjoy this mind and body activity. Wear comfortable shoes. Jan. 6, 13, 20, 27; Feb. 3. 10:30-1. L. Kalipetes

■ RI 219 PASTEL RENDERING: ALL LEVELS Enjoy the unique and satisfying applications of pastel chalk on paper. Learn

the fundamental principles of this medium by selecting a subject, mixing and blending colors, develop drawing skills. Materials needed: 18x24 pastel paper pad, 24 soft color pastels, blending stamps, kneaded eraser, spray fixative. Jan. 6, 13, 20, 27; Feb. 3. 10:30-1. F. Sklenar

■ RI 220 CREWEL EMBROIDERY/SEWING: ALL LEVELS Beginners learn simple stitches and techniques to finish a project in a short time. Those with some experience can provide additional supplies and/or work on unfinished projects to further skills. Basic supplies provided at first class. Jan. 6, 13, 20, 27; Feb. 3. \$13 includes registration and materials. 10:30-1. S. Sukhdeo

■ RI 221 MAH JONGG/CANASTA Socialize with friends and perfect your skills. Jan. 6, 13, 20, 27; Feb. 3. 10:30-1. F. Bluth

■ RI 222 SCREWBALL COMEDIES Love, Laughs and Lunacy! View and discuss classic examples of this genre. Jan. 6, 13, 20, 27; Feb. 3. 10:30-1. F. Grieco

■ RI 223 SURVIVAL IN MONTREAL Learn about the second largest French speaking city in the world. Explore French-Canadian culture, basic expressions a few folk songs, information on currency, parking and getting around the city. Jan. 6, 13, 20, 27; Feb. 3. 11:30-1. C. Gysel

## THURSDAY

■ RI 415 ZUMBA/ADULT FITNESS Feel great exercising to the Latin beat. Modified for the mature adult. Wear athletic clothing and sneakers. Bring a water bottle and a towel. Jan. 8, 15, 22, 29; Feb. 5. 10:15-11:15. L. DeRosa

■ RI 416 THE STYLE OF ANDREW LLOYD WEBER Explore Weber's top five hits: *Joseph and the Amazing Technicolor Dreamcoat*; *Jesus Christ Superstar*; *Evita*; *Cats* and *The Phantom of the Opera*. Jan. 8, 15, 22, 29; Feb. 5. 10:30-12:30. D. Deorio

■ RI 417 NEANDERTHALS & EARLY HOMO SAPIENS Complete study of the Neanderthal DNA, interaction with Cromagnons, their disappearance and the origin of anatomically modern man. \$13 includes registration and materials. Jan. 8, 15, 22, 29; Feb. 5. 10:30-1. L. Warner

■ RI 418 BEGINNERS JEWELRY DESIGN For those who want a better understanding of the fundamentals of jewelry design and beading. Learn how to make a necklace with a clasp and earrings to match. Bring your own materials. For a supply list, please contact: Jeanne Casanovas at Jcasanovas@uft.org. Jan. 8, 15, 22, 29; Feb. 5. 10:30-1. N. Keay

■ RI 419 MAH JONGG PLAY LAB For those who wish to gain more experience. Jan. 8, 15, 22, 29; Feb. 5. 10:30-1. R. Rose

■ RI 420 KNITTING/CROCHETING Beginners learn the basics to complete a project. Those with experience receive instruction to further their skills. All levels. Must bring an inexpensive, light colored yarn and hooks/needles (on yarn package) for first class. Jan. 8, 15, 22, 29; Feb. 5. 10:30-1. S. Sukhdeo

■ RI 421 TAI CHI: BEGINNER Learn the basic principles of Tai Chi. Jan. 8, 15, 22, 29; Feb. 5. 11-1. R. Yuen

■ RI 422 KUNDALINI YOGA & MEDITATION: ALL LEVELS New to Yoga or a practicing Yogi? Kundalini Yoga uses breath, movement and meditation to balance the body, increase energy flow and quiet the mind. Wear loose clothing, bring a towel and mat to first class. Jan. 8, 15, 22, 29; Feb. 5. 11:30-1. C. Labue



# FLORIDA

United Federation of Teachers, 3200 N. Military Trail, Suite 100, Boca Raton, FL 33431. Local #: (561) 994-4929 Fax #: (561) 994-6120 or 994-6120. All others call collect.

**MEDICAL RECORD KEEPING SEMINARS** Fourth Thursday of each month, except where noted. Dates: Sept. 18, Oct. 23, Nov. 20, Dec. 18. 10-12. Seminars are held in our conference room. Call the office to register.

## FALL TDA WORKSHOPS

All meetings are held at 1 p.m., unless otherwise noted. Speakers: Ken Goodfriend, Rita Josephson and Florence Kassler.

**BOCA/DELRAY: FF 811** Tuesday, Oct. 21. Temple Anshei Shalom, 7099 W. Atlantic Ave., Delray Beach.

**BROWARD: FF 821** Thursday, Oct. 23. Leonard Weisinger Community Center, 6199 Northwest 10th St., Margate.

**DADE: FF 831** Wednesday, Oct. 22. Surfside Community Center, 9301 Collins Ave., Surfside.

**OCALA: TF 801** Friday, Oct. 17. 10:30-1:30. Marion County Public Library, 2720 E. Silver Springs Blvd., Ocala.

**ORLANDO: OF 801** Saturday, Oct. 18. 12-3. Teamsters Local 385 Union Hall, 126 N. Kirkman Rd., Orlando.

**WEST COAST: SF 801** Monday, Oct. 20. Palm Aire Country Club, 5601 Country Club Way, Sarasota.

**WEST PALM BEACH: FF 841** Wednesday, Oct. 29. The Classic, 6011 Common Circle, W. Palm Beach.

Online registration is available for annual meetings only at <http://uft.org/RTCannualmeetings>.

## BOCA/DELRAY

Coordinator: Florence Fidell (561) 731-4695. Unless otherwise noted, all meetings are at 1 p.m. and meets at Temple Anshei Shalom, 7099 W. Atlantic Ave., Delray Beach.

**FF 812 NEWS FROM THE NORTH** Monday, Nov. 17. Meets at Bethel Evangelical Baptist Church, 5780 West Atlantic Ave., Delray

Beach. Speaker: S. March.  
**FF 813 HEALTH UPDATE** Tuesday, Dec. 9. Speaker: B. Shiller.  
**FI 814 ANNUAL MEETING** Tuesday, Jan. 13. Speakers: T. Murphy, G. Herskowitz and S. March.

## BROWARD

Coordinator: Rita Josephson (561) 523-1681. Unless otherwise noted, all meetings are at 1 p.m. and meet at the Leonard Weisinger Community Center, 6199 Northwest 10th St., Margate

**FF 822 NEWS FROM THE NORTH** Tuesday, Nov. 18. Speaker: S. March.

**FF823 HEALTH UPDATE** Thursday, Dec. 11. Speaker: B. Shiller.

**FI 824 ANNUAL MEETING** Thursday, Jan. 15. Speakers: T. Murphy, G. Herskowitz and S. March.

## DADE

Coordinator: Leon Brum (305) 864-4318. Unless otherwise noted, all meetings are at 1 p.m. and Meet at Surfside Community Center, 9301 Collins Ave., Surfside.

**FF 832 NEWS FROM THE NORTH** Tuesday, Nov. 18. Leonard Weisinger Community Center, 6199 Northwest 10th St., Margate.

Speaker: S. March. (bus provided to Broward, call office at 561-994-4929 for details)

**FF 833 HEALTH UPDATE** Wednesday, Dec. 10. Speaker: B. Shiller.

**FI 834 ANNUAL MEETING** Wednesday, Jan. 14. Speakers: T. Murphy, G. Herskowitz and S. March.

## OCALA

Coordinator: Ellen Wolfe (352) 873-0816.  
**TF 802 HEALTH BENEFITS** Saturday, Dec. 6. Marion County Public Library, 2720 E. Silver Springs Blvd., Ocala. 10:30-1:30. Speaker: B. Shiller.

**TI 803 ANNUAL MEETING** Friday, Jan. 9. Holiday Inn, 3600 SW 38th Ave., Ocala. 10:30-1:30. Speakers: T. Murphy, G. Herskowitz and S. March.

## ORLANDO

Coordinator: Donesa Jackson (407) 359-3459. Meets at the Hilton Orlando/Altamonte Springs, 350 S. Northlake Blvd.

**OF 802 HEALTH BENEFITS** Friday, Dec. 5. 10 a.m. Speaker: B. Shiller.  
**OI 803 ANNUAL MEETING** Saturday, Jan. 10. 10- 1. Speakers: T. Murphy, G. Herskowitz and S. March.

## WEST PALM BEACH

Coordinator: Lois Porcella (561) 968-7777. Unless otherwise noted, all meetings are at 1 p.m. and meets at Temple Anshei Shalom, 7099 W. Atlantic Ave., Delray Beach. (Bus provided to Boca/Delray call the office at 561-994-4929 for details).

**FF 842 NEWS FROM THE NORTH** Monday, Nov. 17. Meets at Bethel Evangelical Baptist Church, 5780 West Atlantic Ave., Delray Beach. Speaker: S. March.

**FF 843 HEALTH UPDATE** Tuesday, Dec. 9. Speaker: B. Shiller.

**FI 844 ANNUAL MEETING** Tuesday, Jan. 13. Speakers: T. Murphy, G. Herskowitz and S. March.

## WEST COAST

Coordinator: Paul Bradford (941) 355-7928. Meets at Laurel Oak Country Club, 2700 Gary Player Blvd., Sarasota. (Unless otherwise noted, all meetings are at 1 p.m.)

**SF 802 NYSUT MEMBER BENEFITS** Monday, Nov. 10. Speaker: TBA.

**SF 803 HEALTH UPDATE** Monday, Dec. 8. Speaker: B. Shiller.

**SI 804 ANNUAL MEETING** Monday, Jan. 12. Speakers: T. Murphy, G. Herskowitz and S. March.

## OFFICE COURSES

All courses have a \$10 fee (which is non-refundable and non-transferable).

## MONDAY

**FF 101 BEETHOVEN'S SYMPHONIES** Oct. 20, 27; Nov. 3, 10, 17, 24. 9:30 – 11:30. A. Guastafeste

**FF 102 CONCERTOS** Dec. 8, 15, 22; Jan. 5, 12, 26. 9:30 – 11:30. A. Guastafeste

**FF 103 CONTRACT BRIDGE** Some knowledge on how to play contract bridge required.

Dec. 8, 15, 22; Jan. 5, 12, 26. 9:30 – 11:30. J. Fasman

**FF 104 SPANISH LANGUAGE** All levels.

Oct. 20, 27; Nov. 3, 10, 17. 10 – 12. B. Wolk  
**FF 105 UFT CHORUS I** No auditions; all levels. Oct. 27; Nov. 3, 10, 17, 24. 12 – 2. A. Guastafeste  
**FF 106 UFT CHORUS II** No auditions; all levels. Dec. 8, 15, 22; Jan. 5, 12, 26. 12 – 2. A. Guastafeste  
**FF 107 CONTRACT BRIDGE** Dec. 8, 15, 22; Jan. 5, 12, 26. 12 – 2. J. Fasman

## TUESDAY

**FF 201 OPERA** Oct. 21, 28; Nov. 4, 18, 25. 10 – 12. M. Minzer

**FF 202 OPERA** Dec. 2, 9, 23; Jan. 6, 13. 10 – 12. M. Minzer

## WEDNESDAY

**FF 301 INTERNATIONAL FILMS: A STUDY OF STYLISH HOLLYWOOD CRIME DRAMAS** Oct. 15, 22, 29; Nov. 5, 12. 9:30 – 12. B. Wolk

**FF 302 INTERNATIONAL FILMS: CINEMATIC AWARD WINNERS FROM SPAIN & LATIN AMERICA** Dec. 3, 10, 17; Jan. 7, 14. 9:30 – 12. B. Wolk

**FF 303 QUILTING** All levels. Oct. 15, 22, 29; Nov. 5, 12. 12 – 2. R. Leeds

**FF 304 QUILTING** All levels. Dec. 3, 10, 17; Jan. 7, 14. 12 – 2. R. Leeds

## THURSDAY

**FF 401 MAH JONGG I** Oct. 16, 23, 30; Nov. 6, 13. 10 – 12. B. Salamon

**FF 402 OPERA** Oct. 23, 30; Nov. 6, 20; Dec. 4. 10 – 12. Instructor: M. Minzer

**FF 403 MAH JONGG II** Dec. 4, 11, 18; Jan. 8, 15. 10 – 12. B. Salamon

**FI 404 OPERA** Jan. 8, 15, 22, 29; Feb. 5. 10 – 12. M. Minzer

## FRIDAY

**FF 501 CANASTA** Nov 21; Dec 5, 12, 19; Jan 9. 10 – 12. F. Kassler

**FF 502 FILMS: CLASSIC ROMANTIC COMEDIES** Oct. 17, 24, 31; Nov. 7, 14. 10 – 12:30. R. Presser

**FF 503 FILMS: AMERICAN CLASSICAL MUSICALS III** Dec. 5, 12, 19; Jan. 9, 16. 10 – 12:30. R. Presser

**FI 504 CANASTA** Jan 23, 30 Feb 6, 13, 27. 10 –12. Instructor: F. Kassler



# PLEASE FOLLOW INSTRUCTIONS ON PAGE ONE CAREFULLY.

*UFT retirees will be registered first before spouses, domestic partners, AFT, NYSUT & PSC members.  
You must include your local number in order to register. Use one coupon for all of your registration,  
and duplicate another for your spouse. A separate check/money order for each category:  
courses, trips, and NYSUT Defensive Driving, must be submitted for each member's registration.*

FALL 2014

## FALL 2014 COURSE REGISTRATION

**You must present this registration form at every course, seminar and trip.**

CHECK ONE:  UFT MEMBER  SPOUSE (use separate coupon)

CHECK ONE:  NYSUT  AFT  PSC Local # \_\_\_\_\_

Make checks/money orders payable to: UFTWF RETIREE PROGRAMS, SI BEAGLE LEARNING CENTERS, 52 Broadway, 17th Floor, New York, NY 10004

PLEASE PRINT MEMBER NAME \_\_\_\_\_

SS (LAST FOUR DIGITS) \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

SPOUSE NAME (IF REGISTERING) \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT. # \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

**COURSE REGISTRATION FEE IS \$10.**

**DID YOU REMEMBER TO:**

- Sign your check(s)/money order(s)
- Make the check(s)/money orders(s) payable to UFTWF RETIREE PROGRAMS
- Complete the information on the coupon
- Provided the correct course/seminar/trip code(s) and course/seminar/trip title(s)
- Do not fill information in for spouse, unless he/she is registering for programs

**You may register for up to 3 courses only. Add 2 alternates in case first choices are filled. List in order of preference:**

NUMBER	TITLE	FEE (IF ANY)
1.	_____	_____
2.	_____	_____
3.	_____	_____
ALTERNATES:		
4.	_____	_____
5.	_____	_____

**Day trips, seminars, NYSUT Defensive Driving, theater, dine-arounds (not included) in three-course limit). You may register for only five trips.**

NUMBER	TITLE	FEE (IF ANY)
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____

INTERSESSION 2015

## INTERSESSION REGISTRATION 2015

**You must present this registration form at every course, seminar and trip.**

CHECK ONE:  UFT MEMBER  SPOUSE (use separate coupon)

CHECK ONE:  MANHATTAN  BRONX  S.I.  QUEENS  BROOKLYN

CHECK ONE:  NYSUT  AFT  PSC Local # \_\_\_\_\_

Make checks/money orders payable to: UFTWF RETIREE PROGRAMS, SI BEAGLE LEARNING CENTERS, 52 Broadway, 17th Floor, New York, NY 10004

PLEASE PRINT MEMBER NAME \_\_\_\_\_

SS (LAST FOUR DIGITS) \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

SPOUSE NAME (IF REGISTERING) \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT. # \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

**COURSE REGISTRATION FEE IS \$10.**

**DID YOU REMEMBER TO:**

- Sign your check(s)/money order(s)
- Make the check(s)/money orders(s) payable to UFTWF RETIREE PROGRAMS
- Complete the information on the coupon
- Provided the correct course/seminar/trip code(s) and course/seminar/trip title(s)
- Do not fill information in for spouse, unless he/she is registering for programs

NUMBER	TITLE	FEE (IF ANY)
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____

FALL 2014 / 15



**UNITED FEDERATION OF TEACHERS  
52 BROADWAY  
NEW YORK, NY 10004**

Non-Profit Org.  
U.S. Postage  
PAID  
Williamsport, PA  
Permit No. 4

**FLORIDA  
REGISTRATION  
COUPON ONLY**

FALL 2014  
INTERSESSION 2015

**UFT/WF RETIREE PROGRAMS  
FLORIDA COURSE REGISTRATION**  
CHECK ONE:  UFT MEMBER  SPOUSE  
CHECK ONE:  NYSUT  AFT  PSC

Local # \_\_\_\_\_

Make checks payable to: **UFTWF RETIREE PROGRAMS**  
UFT-RTC Florida Office, 3200 No. Military Trail, Suite 100,  
Boca Raton, FL 33431

PLEASE PRINT MEMBER NAME \_\_\_\_\_

SPOUSE NAME (IF REGISTERING) \_\_\_\_\_

SS (LAST FOUR DIGITS) \_\_\_\_\_

ADDRESS \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

PHONE \_\_\_\_\_

NUMBER \_\_\_\_\_

TITLE \_\_\_\_\_

FEE (IF ANY) \_\_\_\_\_

NUMBER \_\_\_\_\_

TITLE \_\_\_\_\_

FEE (IF ANY) \_\_\_\_\_

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

COURSE REGISTRATION FEE IS \$10.

## HOW TO REGISTER

- All courses have a \$10 non-refundable registration fee.
- **Each registrant must complete** a separate registration coupon with their name, last four digits of social security number, address, phone number and course information.
- Provide the correct course/seminar/trip code(s) and course/seminar/trip title(s)
- Spouses, registered domestic partners, AFT, NYSUT and PSC members are wait-listed. Do not enclose a payment for them.
- If a spouse is not registering for any of the programs, do not write his/her name in the line provided.
- Each registrant must pay with his/her own checks/money order made payable to **UFTWF Retiree Programs**. Include on the checks/money orders the course number exactly as it appears in the course description. Enclose payment with the registration form.
- **DO NOT** staple or tape your check to your registration form.
- Write a separate check/money order for FF courses and FI courses.
- **MEMBERS CANNOT PAY FOR OTHER MEMBERS.**
- Mail registration form and checks to the UFT-RTC Florida Office, 3200 North Military Trail, Suite 100, Boca Raton, FL 33431.



