

On Becoming a Mother

Welcoming Your New Baby and Your New Life with Wisdom from Around the World

Brigid McConville

Summary

Having a baby is a private miracle, yet it is also the source of much shared joy. For this reason, women and families in every country and every culture have customs to ensure that the journey into motherhood is marked and remembered. From the Mexican *rebozo* used to rock the belly and ease back pain during pregnancy to the Bengali practice of taking off a woman's bangles to help her visualize a speedy labor, from Arianna Huffington's advice for getting sleep in the early days of motherhood to Davina McCall's tribute to her midwife, from the proverbs printed on the *kangas* used to carry East African newborns to the Japanese ritual where Sumo wrestlers are asked to make infants cry, each page of *On Becoming a Mother* is filled with inspiration, humor, and insight about the beginnings of parenthood.

Author Bio

Award-winning journalist and filmmaker **Brigid McConville** is a director of the White Ribbon Alliance for Safe Motherhood, which is based in London and Washington, D.C. When she is not traveling the world to ensure the alliance's mission that pregnancy and childbirth are safe for all, she divides her time between London and the west country of England.

Quotes

"Filled with pregnancy and motherhood humour, inspiration and insight from around the world." - Parents Canada

"Gorgeous" - Daily Telegraph

"Would make a lovely gift for a mom-to-be." - Green Parent magazine

"Enlightening...a thoroughly enjoyable read that doesn't chastise you or make you feel that you are doing anything wrong, in fact highlights that we are all different and choose to do what is right for us." - Baby Buzz magazine

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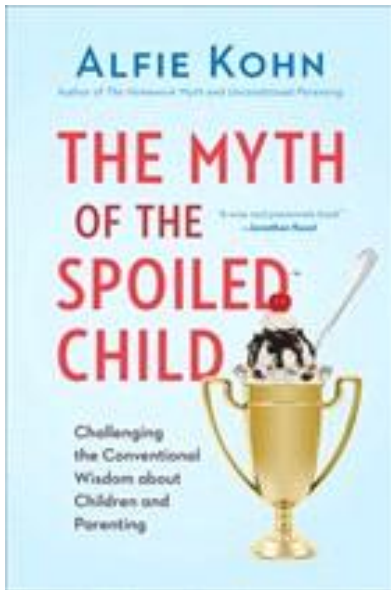
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<p style="text-align: center;">3</p> <p style="text-align: center;">FROM ANTIPODES TO THE TROPICS</p>  <p>From antipodes to the tropics, the journey of a new baby is a journey of discovery and growth.</p> <p>From antipodes to the tropics, the journey of a new baby is a journey of discovery and growth.</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">DELICIOUS WITH LOVE THE BABY SHOWER (USA)</p>  <p>Delicious with love, the baby shower is a time to celebrate the arrival of a new baby.</p> <p>Delicious with love, the baby shower is a time to celebrate the arrival of a new baby.</p>



The Myth of the Spoiled Child

Challenging the Conventional Wisdom about Children and Parenting

Alfie Kohn

Markup Note:

Rights Sold: Bulgarian/Colibri; Romanian/Herald

Parenting and education expert Alfie Kohn tackles the misconception that overparenting and overindulgence has produced a modern generation of entitled children incapable of making their way in the world.

Summary

Somehow, a set of deeply conservative assumptions about children--what they're like and how they should be raised--have congealed into the conventional wisdom in our society. Parents are accused of being both permissive and overprotective, unwilling to set limits and afraid to let their kids fail. Young people, meanwhile, are routinely described as entitled and narcissistic...among other unflattering adjectives.

In *The Myth of the Spoiled Child*, Alfie Kohn systematically debunks these beliefs--not only challenging erroneous factual claims but also exposing the troubling ideology that underlies them. Complaints about pushover parents and coddled kids are hardly new, he shows, and there is no evidence that either phenomenon is especially widespread today--let alone more common than in previous generations. Moreover, new research reveals that helicopter parenting is quite rare and, surprisingly, may do more good than harm when it does occur. The major threat to healthy child development, John argues, is posed by parenting that is too controlling rather than too indulgent.

With the same lively, contrarian style that marked his influential books about rewards, competition, and education, Kohn relies on a vast collection of social science data, as well as on logic and humor, to challenge assertions that appear with numbing regularity in the popular press. These include claims that young people suffer from inflated self-esteem; that they receive trophies, praise, and As too easily; and that they would benefit from more self-discipline and "grit." These conservative beliefs are often accepted without question, even by people who are politically liberal. Kohn's invitation to reexamine our assumptions is particularly timely, then; his book has the potential to change our culture's conversation about kids and the people who raise them.

Author Bio

Alfie Kohn is the author of twelve previous books--including *The Homework Myth*, *Unconditional Parenting*, and *Punished by Rewards*--and hundreds of articles. His work has helped to shape the thinking of parents, educators, and social scientists throughout the world. A popular lecturer, he lives (actually) in the Boston area and (virtually) at alfiekohn.org.

Quotes

"A wise and passionate book--by one of the best friends our children have today--that is also a delight to read."--Jonathan Kozol, author of *Fire in the Ashes*

"Splendid....Kohn's analysis is incisive, witty, and fun to read. In a manner that reminds me of Voltaire, Kohn brings clear and profound social criticism to a topic of great contemporary importance."--William Crain, author of *Reclaiming Childhood*

"An insightful, well-informed, thorough analysis of the many false and hostile claims made about parents and children today. Kohn patiently dismantles myths about 'helicopter parenting,' every kid getting a trophy in every endeavor, and parents allegedly inflating their kids' self-esteem, and shows the myths to be not just without merit but destructive. Then he goes beyond the critique to provide a positive vision of parenting for our time, 'working with' kids rather than 'doing to' them. It's a vision that should be heeded."--Jeffrey Jensen Arnett, coauthor of *When Will My Grown-Up Kid Grow Up?*

Kirkus Reviews, 4/1/14

"Kohn attacks the status quo on child-rearing and parenting...Via research and interviews, Kohn closely examines the current media-backed perceptions of permissive and controlling parenting and contrasts them with actual data, deflating popular beliefs



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Family & Relationships

/ Parenting

that children are now more spoiled and unruly than ever...A thought-provoking, semicontroversial scrutiny of modern parenting practices."

Calgary Herald, 3/3/14

"[Kohn] tackles many modern parenting assumptions head-on in his latest book."

Boston Globe, 3/30/14

"With his trademark blend of skepticism and idealism, [Kohn] dismantles most of the hype surrounding motivation and competition, failure and success."

TabletMag.com, 4/3/2014

"The best parts of Kohn's book are in the breathing spaces between the bouts of contrariness-the acknowledgment that it's vital to pay attention to your kids' desires and interests, that depending on 'grit' as the answer to all social ills is wrongheaded... that we should encourage kids to develop 'thoughtful skepticism, a reflective rebelliousness, a selective defiance based on principle' rather than simple rules-following."

The Metro, 4/15/14

"The heart of Kohn's philosophy all comes down to unconditional love. Whether you agree or disagree with his parenting methods, that's something everyone can get behind."

Atlanta Journal-Constitution, 4/30/14

"Kohn picks apart the script that today's kids are coddled and lazy-complaints every generation makes about the succeeding one."

Huffington Post, 5/7/14

"[An] important new book... [Kohn] debunks many decades of nonsense about undisciplined, entitled, lazy, selfish, needy children who are the products of permissive parenting and schooling, rooted in the misguided progressivism of the 60's and 70's. His research is comprehensive, his logic compelling, and his prose accessible and witty...The importance of Kohn's treatise cannot be overestimated."

IntentionalMama.com, 5/6/14

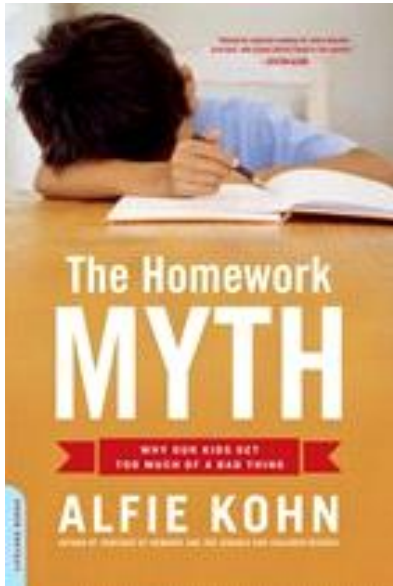
"If you're well-versed in current parenting and education discourse, you know that Alfie Kohn is America's gadfly on these topics, consistently challenging the popular views with solid evidence to the contrary...*The Myth of the Spoiled Child* is a point-by-point response to the common but baseless social criticism of modern American parents and their children...[Kohn is] highly convincing as he meticulously discredits prevalent assumptions about falling school standards, pervasive narcissism, and the overly touted benefits of self-discipline and failure."

Hudson Valley News, 5/14/14

"This book will calm your fears and help you to feel good about your own methodology of parenting."

Portland Book Review, 5/21/14

"Kohn dispels the notion that we're raising our kids 'wrong'...[A] well-researched book... This is not a how-to parenting book, but will certainly provide insight into raising good world citizens."



The Homework Myth **Why Our Kids Get Too Much of a Bad Thing**

Alfie Kohn

Markup Note:

Rights Sold: Chinese (complex): Commonwealth Magazine; Polish: Wydawnictwo Mind; Spanish: Kalieda

In *The Homework Myth*, nationally known educator and parenting expert Alfie Kohn challenges the usual defenses of homework and shows that none of our assumptions about its benefits actually passes the test of research, logic, or experience

Summary

So why do we continue to administer this modern cod liver oil-or even demand a larger dose? Kohn's incisive analysis reveals how a set of misconceptions about learning and a misguided focus on competitiveness has left our kids with less free time, and our families with more conflict. Pointing to stories of parents who have fought back-and schools that have proved educational excellence is possible without homework-Kohn demonstrates how we can rethink what happens during and after school in order to rescue our families and our children's love of learning.

Author Bio

Alfie Kohn is the author of ten previous books, including *Punished by Rewards*, *The Schools Our Children Deserve*, and *Unconditional Parenting*. He lives with his family in the Boston area.

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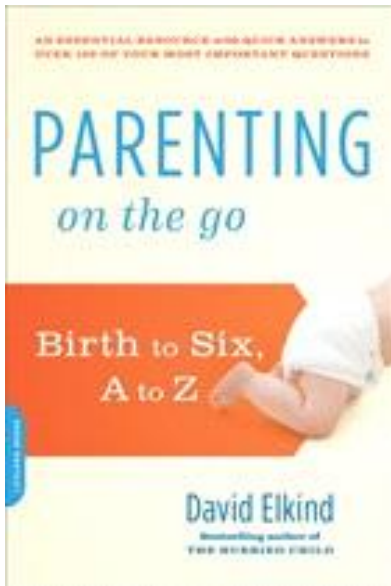
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Education



Parenting on the Go

Birth to Six, A to Z

David Elkind

A resource for today's parents of infants and young children with succinct answers to the most common questions.

Summary

Today's parents need a resource that fits their busy lifestyles, providing brief and pointed answers to the daily questions that come up when you're raising kids. But most parenting books are lengthy tomes elaborating the broad principles of parenting. *Parenting On-the-Go* offers a novel approach to the crowded genre: an authoritative yet quick and easy reference for the harried parents of infants and children under six. Covering more than 100 key issues in succinct entries, it is both comprehensive and precise. Dr. David Elkind draws from his own research and experience as a child clinical psychologist along with the most recent studies. The *American School Board Journal* recently described Elkind as an expert who offers simple, practical guidance for parents and educators "to foster health, intelligence, and creativity in children." *Parenting On-the-Go* is a display of that expertise and comforting sensibility that tackles everything from autism spectrum disorders and daycare centers to vaccinations and taking your kids to the zoo.

Author Bio

David Elkind, PhD, is the author of a dozen books, including *The Hurried Child* and *All Grown Up and No Place to Go*. He lives outside of Boston and on Cape Cod.

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Zero to Five

70 Essential Parenting Tips Based on Science (and What I've Learned So Far)

Tracy Cutchlow, Betty Udesen

Markup Note:

Rights Sold: Russian: Alpina

Summary

When you're a new parent, the miracle of life might not always feel so miraculous. Maybe your latest 2:00 a.m., 2:45 a.m., and 3:30 a.m. wake-up calls have left you wondering how "sleep like a baby" ever became a figure of speech-and what the options are for restoring your sanity. Or your child just left bite marks on someone, and you're wondering how to handle it.

First-time mom Tracy Cutchlow knows what you're going through. In *Zero to Five: 70 Essential Parenting Tips Based on Science (and What I've Learned So Far)*, she takes dozens of parenting tips based on scientific research and distills them into something you can easily digest during one of your two-minute-long breaks in the day. The pages are beautifully illustrated by award-winning photojournalist Betty Udesen.

Combining the warmth of a best friend with a straightforward style, Tracy addresses questions such as:

Should I talk to my pregnant belly / newborn? Is that going to feel weird? (Yes, and absolutely.)

How do I help baby sleep well? (Start with the 45-minute rule.)

How can I instill a love of learning in my child? (By using specific types of praise and criticism.)

What will boost my child's success in school? (Play that requires self-control, like make-believe.)

My baby loves videos and cell-phone games. That's cool, right? (If you play, too.)

What tamps down temper tantrums? (Naming emotions out loud.)

My sweet baby just hit a playmate / lied to me about un-potting the plant / talked back. Now what? (Choose one of three logical consequences.)

How do I get through an entire day of this? (With help. Lots of help.)

Who knew babies were so funny? (They are!)

Whether you read the book front to back or skip around, *Zero to Five* will help you make the best of the tantrums (yours and baby's), moments of pure joy, and other surprises along the totally-worth-it journey of parenting.

Author Bio

Tracy Cutchlow is the editor of the bestselling books *Brain Rules for Baby* and *Brain Rules*. As a journalist, she has worked for MSN Money and the *Seattle Times*. She lives in Seattle with her husband and daughter.

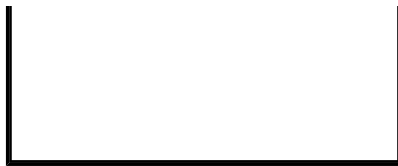
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- [Zero to Five sell sheet](#)
- [Zero to Five PW ad](#)
- [Zero to Five excerpts](#)
- [Zero to Five full PDF media copy](#)

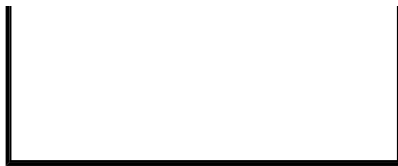
Illustrations

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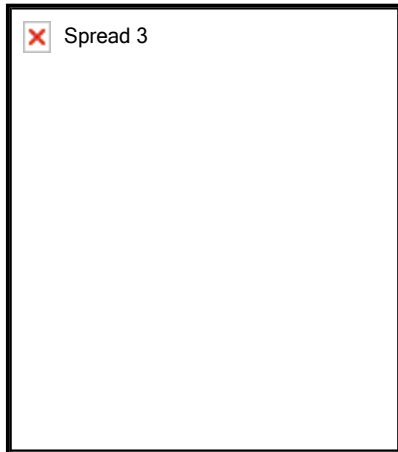
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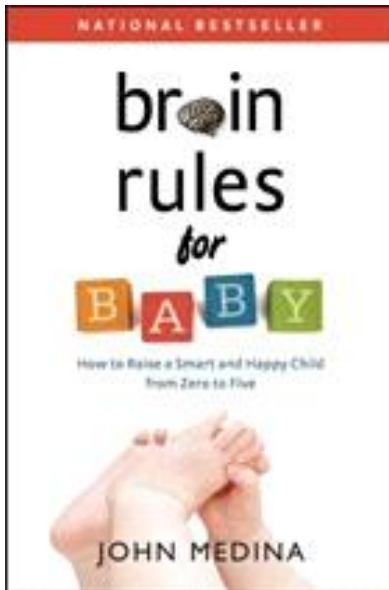
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Brain Rules for Baby

How to Raise a Smart and Happy Child from Zero to Five

John Medina

Markup Note:

Rights Sold: ANZ: Scribe; Chinese (comp.): Yuan-Liou; Chinese (simp.): Cheersbooks; Czech: Computer Press; Italian: Boringhieri; Greek: Psychogios Publications; Russian: Eksmo; Korean: Korean Economic Daily; Icelandic: OB Consultants; Dutch: Pearson; French: Leduc; Spanish: Paidos; German: Hans Huber Verlag; Polish: Literakie; Marathi: Sake Prakashan Pvt. Ltd.; Portuguese: Zahar; Spanish: Paidos; Turkish: Arti Dagitim; Vietnamese: Arti Dagitim

Summary

What's the single most important thing you can do during pregnancy? What does watching TV do to a child's brain? What's the best way to handle temper tantrums? Scientists know.

In his *New York Times* bestseller *Brain Rules*, Dr. John Medina showed us how our brains really work-and why we ought to redesign our workplaces and schools. Now, in *Brain Rules for Baby*, he shares what the latest science says about how to raise smart and happy children from zero to five. This book is destined to revolutionize parenting. Just one of the surprises: The best way to get your children into the college of their choice? Teach them impulse control.

Brain Rules for Baby bridges the gap between what scientists know and what parents practice. Through fascinating and funny stories, Medina, a developmental molecular biologist and dad, unravels how a child's brain develops - and what you can do to optimize it.

You will view your children-and how to raise them-in a whole new light. You'll learn:

Where nature ends and nurture begins

Why men should do more household chores

What you do when emotions run hot affects how your baby turns out, because babies need to feel safe above all

TV is harmful for children under 2

Your child's ability to relate to others predicts her future math performance

Smart and happy are inseparable. Pursuing your child's intellectual success at the expense of his happiness achieves neither

Praising effort is better than praising intelligence

The best predictor of academic performance is not

IQ. It's self-control

What you do right now-before pregnancy, during pregnancy, and through the first five years-will affect your children for the rest of their lives. *Brain Rules for Baby* is an indispensable guide.

Author Bio

John Medina is a developmental molecular biologist and research consultant. He is the author of the long-running *New York Times* bestseller, *Brain Rules: 12 Principles for Surviving and Thriving at Work, Home, and School*. He is an affiliate Professor of Bioengineering at the University of Washington School of Medicine. He is also the director of the Brain Center for Applied Learning Research at Seattle Pacific University. Medina lives in Seattle, WA, with his wife and two boys.

Quotes

"Dr. Medina hits the nail on the head with 'Brain Rules for Baby.' We are always looking for ways to make our kids smarter, better, happier. Medina gives such practical, usable advice and tips."

- **Nina L. Shapiro, MD, UCLA School of Medicine**



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"An engaging and fun-to-read translation of the best research on child development and effective parenting. I gave Dr. Medina's book to my own son."

- **Ginger Maloney, Ph.D, The Marsico Institute for Early Learning and Literacy**

"John Medina uses a very readable and refreshing style to present parenting strategies in the context of factual scientific information."

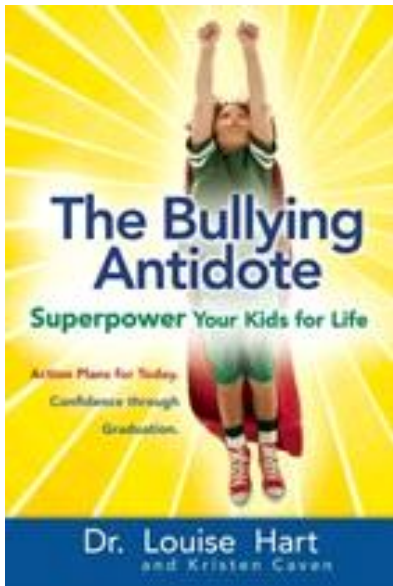
- **Jadene Wong, M.D., Stanford University School of Medicine**

"If you've no room for another brain-development title, weed an old one to make room for this. Covering such topics as pregnancy, relationships, and "moral" babies, the book will educate even the most learned parents. Medina's humorous, conversational style make this an absolute please to read."

- **Library Journal**

"We recommend this book to all of our new-parent groups. With a gift for storytelling, Dr. Medina marries the science with practical advice that helps make sense of it all. Sleep-deprived parents still find time to read Brain Rules for Baby and love it."

- **Laura Kussick, Executive Director, Program for Early Parent Support**



The Bullying Antidote

Superpower Your Kids for Life

Louise Hart, Kristen Caven

In this critical, life-saving book, Louise Hart, PhD, a leading educator in self-esteem development, gives parents the skills they need to prevent their children--whether 6 or 16--from being bullied. The antidote, she reveals, is to equip moms and dads with the tools to raise confident and resilient kids through positive parenting.

Summary

This big-picture look at bullying by community psychologist Dr. Louise Hart and her co-author, Kristen Caven (other books include *The Winning Family* and *On the Wings of Self-Esteem*), takes on the challenge of correcting the common and widespread parenting practices that contribute to today's bullying epidemic.

Drawing from psychological, medical, sociological, educational, and neurological research, they build a theory of bullying that spans across communities and generations, one that will ring a bell for most parents. The book teaches hundreds of specific, positive practices to turn the next generation of children into richly developed, healthy adolescents and adults who possess what the authors lightly label "ZORGOS," the superpower that defeats bullying. The overall intent is not just to stop a single bullying incident, but to develop immunity in today's children to future bullying events. The *Bullying Antidote* shows how parents and community leaders, by becoming educated about the mechanics of power dynamics and prevention, can build bully-free, emotionally safe families, neighborhoods, and communities.

Some of the things parents will learn in this book:

1. Parenting styles that can either nurture or interrupt bullying behaviors
2. Three ways parents with good intentions unknowingly raise bullies
3. What bullying is and what it is not
4. What to do when your child is bullied, bullies, or witnesses bullying
5. How to build a child's core strengths and competencies
6. How assertive communication is non-violent communication
7. How nurture and structure balance family life and emotions
8. How to build your authority without being a dictator
9. Ten ways to build resilience
10. How to use technology positively at all ages

The authors provide an online resource for readers of this book. Search zorgos.wordpress.com for links, notes, a discussion guide and an author interview.

Author Bio

Louise Hart, PhD, is a community psychologist dedicated to creating family and school environments in which children thrive and learn the skills necessary to become healthy, self-directed, loving adults. She has conducted seminars for thousands of parents and educators nationwide.

Kristen Caven, Louise's daughter, is the mother of a teenager and is deeply involved with kids and teachers in public schools. Kristen writes and speaks on many topics in many genres.

Quotes

"*The Bullying Antidote* provides parents with the knowledge and skills necessary to raise strong, resilient, assertive and emotionally healthy kids."

-Rick Hanson, author of New York Times bestselling books: *Buddha's Brain*, and *Hardwiring Happiness*

"The **Bullying Antidote** focuses on solutions. Parents will find pointers to help kids who are being bullied, as well as to help kids who witness bullying, and even to intervene to help their child who is acting like a bully."

- Dr. Laura Markham, *Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting*, Aha! Parenting.com

"This well-written, understandable, and comprehensive book will give readers the



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/ Parenting

information, insight, and specific tools they need to begin creating a better environment for all our children. Customers will be relieved to find it on your shelves."

- Anna Jedrzejewski, **Retailing Insight Trade Magazine**

"*The Bullying Antidote* exposes the often unspoken truth: Bullies aren't born bullies; their behavior has a valid cause that can be prevented and reversed. Hart and Caven give clear insight into ways to prevent what leads to bullying as well as how to respond in ways that heal and connect."

- Naomi Aldort, Author of *Raising Our Children, Raising Ourselves*

"We will never be able to make bullying go away entirely, but we can equip our kids with a 'superpower' that enables them to restore their "health, happiness, and balance" in the face of bullying. The authors present both an 'outside-in' approach, whereby the adults in kids' lives are "enforcing rules and laws, and holding kids accountable in order to change behavior," as well as an 'inside-out' approach, whereby adults help 'children develop attitudes, values, and skills that empower them to have respectful relationships based on rights and responsibility.' This is a comprehensive parenting strategy to help parents raise children who can resist bullying, as well as prevent them from becoming bullies themselves."

- Susan Heim, parenting author and editor of **Chicken Soup for the Soul**

"The Bullying Antidote is a wise and very caring book. There is so much here for parents and guardians to learn about and consider. This book is about much more than bullying. It underscores that there is nothing more important than raising and teaching children to grow up in healthy, caring and responsible ways."

-Jonathan Cohen, Ph.D., President, **National School Climate Center: Educating Minds and Hearts Because the Three Rs are Not Enough; Adjunct Professor in Psychology and Education, Teachers College, Columbia University**

"The Bullying Antidote covers everything that has been important in child development discoveries in the last ten years. Hart and Caven have done a thorough synthesis of the current research on how to raise healthy children in today's world, including information on brain science, emotional intelligence, relationships and communication skills. I highly recommend The Bullying Antidote for parents, grandparents, educators, school board members and policy makers - everyone who is invested in putting a stop to the bullying epidemic. This comprehensive, well-written, and vitally important book has my 100 percent endorsement. "

Nevin Valentine, M.A. Certified Relationship Coach - Child Development Specialist;
creator and coordinator of the Napa Valley College Parent Education Program

"If you are looking for the definitive book on Bullying, you have found it. In fact, this book is so comprehensive, it covers societal factors, parenting styles, childhood development, self-esteem, emotional intelligence, brain science, best practices in schools, communication, and family dynamics - and all of the ways these factors contribute to the cause - and then the solution - to Bullying.

Pick up this book and then back away slowly from the entire self-help aisle. It is all here. This book made me want to be a better parent. And I don't even have kids."-

Kristin L. Roush, Ph.D., Life Coach, **Psychology Professor Central New Mexico Community College**

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12. Emotional Literacy & Well-Being-SEL (Social-Emotional Learning)

13. Acting Out or Speaking Out: Assertiveness Skills

14. Better Communication

15. Re-structuring Families in a "Whatever" World

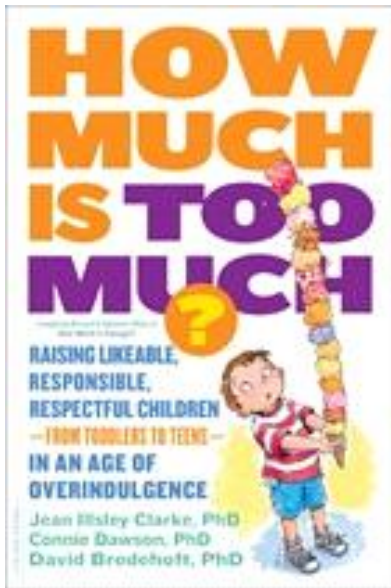
16. Brain Basics Every Parent Should Know

17. Managing Media

18. From Risk to Resilience

Resources

Appendices



How Much Is Too Much? [previously published as How Much Is Enough?]

Raising Likeable, Responsible, Respectful Children--from Toddlers to Teens--in an Age of Overindulgence

Jean Illsley Clarke, Connie Dawson, David Bredehof...

Markup Note:

Rights Sold: Greek: Orpheas; Russian: Eksmo

A tenth anniversary edition of *How Much Is Enough?* completely revised with four entirely distinct chapters and updated throughout, including new tips and advice, for the age of parenting extremes.

Summary

A down-to-earth guide to regaining control of your kids and your family

Overindulgence is not the badge of a bad parent. In fact, it comes directly from having a good and generous heart. But despite our good intentions, the abundance we heap on our kids often becomes more than they need or can handle. Family and parenting experts Jean Illsley Clarke, Connie Dawson, and David Bredehoff help you to understand:

- How damaging overindulgence can be for children
- When you are overindulging--and how to stop
- Which methods work best to establish firm rules and structure
- How to instill responsibility and independence in your kids
- What to do when family and friends are overindulging your kids
- What grandparents can do to help

Based on new research gathered over the past ten years, *How Much Is Too Much?* gives you the insight and advice you need to put your children on track for a happy and successful life.

Author Bio

Jean Illsley Clarke, PhD, is an internationally known parent educator whose books include *Self-Esteem* and *Growing Up Again*. She lives in Minnesota.

Connie Dawson, PhD, is a former counselor educator at Portland State University, an attachment-oriented therapist to adoptive families, a workshop presenter, and coauthor of *Growing Up Again*. She lives in Washington state.

David Bredehoff, PhD, is the Chair of the Department of Social and Behavioral Sciences at Concordia University in St. Paul, Minnesota, and has over twenty-seven years of experience as a researcher, marriage and family therapist, and university professor.

www.overindulgence.info

Quotes

***Hudson Valley News*, 2/26/14**

"Learn when you are overindulging, and how to stop."

***InfoDad.com*, 3/13/14**

"That the authors focus on the prescriptive rather than simply reciting the results of their research is a significant strength...There are enough ideas here so that if one does not work, it is possible to try another, and then another."

***Mid-Ohio Valley Parent*, April 2014**

"A helpful resource for parents with all ages of children...A book that can grow with your kids."

***San Francisco Book Review*, 4/29/14**

"This book is so incredibly relevant in today's culture; every parent would benefit from reading it. Recommended for everyone who has anything to do with children!"

Da Capo Lifelong Books

9780738216812

Pub Date: 1/7/14

\$16.99

Paperback / softback / Trade
paperback (US)

368 pages

Family & Relationships

/ Parenting

Work & Family Life, May 2014

"*How Much is Too Much* deals with every aspect of overindulgence: what it is, why we do it and how it affects our children-as well as the impact on us as adults if we were overindulged ourselves as a child...This important book will help us learn how this is a threat to the next generation and the ways we can change and do things differently."

BroadwayWorld.com, 5/13/14

"An easy-to-understand guide, supported by science, that helps parents and professionals to not only recognize the problem but provides sound advice."

Links

- [OverIndulgence.info](#)

How Not to Calm a Child on a Plane

And Other Lessons in Parenting from a Highly Questionable Source

Johanna Stein

Hilarious linked essays about parenthood from film and TV writer/director/producer/actor whose work has been seen on Comedy Central, The Disney Channel, PBS, The Oxygen Network, VH-1, and in the *New York Times* and the *Huffington Post*.

Summary

Looking for the perfect book to help you survive childbirth and parenting with your sanity intact?

Look elsewhere.

For Johanna Stein (writer/comedian/forward/slash/abuser and occasionally neurotic/immature/way-too-candid mom), parenting is an extreme sport. Her stories from the trenches may not always be shared experiences-*Have you ever wondered if your baby's "soft spot" is like a delete key? Trained your preschooler for a zombie invasion? Accused a nearly nude stranger of being pregnant? Made sweet, bimonthly love to your spouse while your toddler serenaded you through the adjoining wall? Attempted to calm your screaming baby on an airplane with a hand puppet, only to have it lead to one of the most disgusting experiences of your life?*-but they will always make you laugh.

So, no, this book won't teach you how to deal with nipple blisters or Oedipal complexes. But if you want to learn why you should *never* attempt to play a practical joke in the hospital delivery room, then you're in the right place.

Author Bio

As a writer, director, and actor, **Johanna Stein's** work has appeared on Comedy Central, Nickelodeon, PBS, HBO, CBS, the Oxygen Network, VH1, the Disney Channel, and all across the Internets, where her comedy shorts, PSAs, and popular Yahoo! web series "Life of Mom" have been viewed millions of times. In addition to her TV and film work, Johanna's essays have been published in such outlets as the *New York Times*, *Parents Magazine*, and the *Huffington Post*.

Johanna lives in Southern California with her husband, their daughter, and a tiny boy-faced dog who once ate a couch.

johannastein.com

Quotes

"Johanna Stein's essays make me laugh way too loud, way too hard, and way too long. She's like the David Sedaris of moms."-Annie Mumolo, cowriter, *Bridesmaids*

"These stories will make milk shoot from one of your nostrils and a martini from the other. Johanna Stein brings to mind the unflinching honesty and compassion of Nora Ephron."-Nia Vardalos, *My Big Fat Greek Wedding*, *New York Times* bestselling author, *Instant Mom*

"Johanna Stein is one of the funniest women on the planet."-Alanis Morissette

"It is dangerous to read her any place where it is inappropriate to laugh uncontrollably. It is also dangerous to read her if your bladder control is not what it once was after childbirth. But once you soldier through and do read her, you have made a friend-one who 'gets it' and makes 'it' easier to do because she's on your team."-Lisa Belkin, bestselling author, Senior Columnist, *Huffington Post*

"Much more than 'mommy lit,' this book will make any reader laugh so hard they'll pee a little. Or maybe a lot."-Beth Littleford, actress and *The Daily Show* correspondent

"Johanna Stein is lovely, insightful, and a big bowl of funny."-Jeff Garlin, comedian/writer/producer, *Curb Your Enthusiasm*, *The Goldbergs*

"Johanna Stein has a way of taking the good, the bad, and the ugly and turning it into a



Da Capo Lifelong Books
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Hardback / Cloth over boards

256 pages

Humor / Topic

delicious piece of candy. ('Mind candy' of course, as real candy is 'bad' for you, as any good mother knows). Simply put: I love her writing. I love the way she lays it all out there with such honesty and candor and tremendous relatability."-Mo Collins, actress and comedian, *MADtv*, *Parks and Recreation*

"Johanna Stein's wit, humor, compassion, and quirky underdog view on life make her stories a pure joy to read. I just cannot get enough of her writing."-Tracy Vilar, actress, *House M.D.*

"Since her days as a comic with a guitar, writer/comedienne Johanna Stein has never failed to surprise, delight, and blow audiences away with her fearless storytelling. And when I say fearless, I don't mean the, 'Gee, sometimes my kids make me so mad I want to have two glasses of chardonnay!' kind. No, I mean fearless in the making you gasp, 'Oh she did not do that!' way. Stein is the kind of writer we all aspire to be, the fab girl next door who lures you in with unadorned honesty and witty prose and then slams you in to the messy truth in such a viscerally compelling way that you cannot not be moved to laughter, to tears, and most of all to appreciating the great joy of what it means to be human."-Dani Klein Modisett, writer/producer/editor, *Afterbirth*, Huffington Post contributor

***Library Journal*, 5/14/14**

"While the author might proclaim herself as a 'questionable source' when it comes to parenting, her credentials in chuckles as undisputed...Stein has such a delightfully immature sense of humor...that the reader feels compelled to continue reading in anticipation of what she might possibly say next...Stein gives a laugh-out-loud presentation sure to be a hit with the no-punches crowd."



Cooking Is Cool

Heat-Free Recipes for Kids to Cook

Marianne E. Dambra

More than fifty recipes that children can help prepare-no stove or oven required!

Summary

More than 50 heat-free recipes packed with flavor and learning

Cooking can be a delicious learning experience for children. As children read recipes, measure ingredients, and taste each dish, they build math and literacy skills, practice science process skills, and explore different food groups. *Cooking Is Cool* makes all of this hands-on learning possible without stepping foot in the kitchen. These classroom-friendly recipes are all heat-free, meaning they can be made without an oven, stove, microwave, or hot plate. With your guidance, budding chefs can follow the easy instructions to transform fresh, simple ingredients into tasty snacks, beverages, entrees, and treats.

This book includes more than 50 heat-free recipes that are fun to make and taste great, an explanation of the learning that occurs as children cook, tips to create your own classroom cooking center, and nutrition information, extension ideas, and interesting food facts.

Marianne E. Dambra, president of Early Childhood Education Network of Rochester, Inc., has presented on heat-free cooking with children at national and regional conferences since 1994.



Redleaf Press

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paperback (US)

144 pages

Color photos throughout

Cooking / Methods

Author Bio

Marianne E. Dambra: Marianne Dambra has more than twenty-five years of experience in early childhood education. She is the president of Early Childhood Education Network of Rochester, Inc., an early childhood education corporation that provides training to caregivers and teachers in the early childhood field in Rochester, New York. She has presented on heat-free cooking with children since 1994, including eight National Association for the Education of Young Children (NAEYC) conferences, twelve New York State Association for the Education of Young Children (NYAEYC) conferences, and numerous regional AEYC conferences. Marianne holds a bachelor's degree in early childhood studies and is pursuing a master's degree in teaching and curriculum.

Quotes

"*Cooking is Cool* makes preparing and enjoying food with children a breeze! All recipes are heat-free, and having sampled some, I can vouch for the delicious recipes and their artful presentations. *Cooking is Cool* is perfectly suited to young cooks in classrooms, child care settings, or homes. I like that the food presentations are artfully pleasing to children. I especially like the little "Did You Know" information boxes, offering such facts like, "Did you know humans are the only animals to peel a banana from the stem end?" Marianne E. Dambra has perfected heat-free cooking for kids and made the learning experiences as important as the yummy results! I highly recommend *Cooking is Cool* for kids to enjoy learning through cooking."

-MaryAnn F. Kohl, process art author and educational consultant, and author of *Great American Artists for Kids* and *Art with Anything*

"We love the book and have tried all the recipes. Not only do they taste delicious, but they are easy and fun for the kids to make, too! They ask me all the time to make the fairytale punch."

-Bianca Affronti, preschool teacher, Pea Pods Child Care Center

"I can't tell you how excited I am that somebody finally made a cookbook that lets children actually prepare the food themselves instead of just watching. Children love to cook, and I am thrilled to be using *Cooking Is Cool* at our center!"

-Julie McCollumn, Owner and Director, Kids Club Child Care Center

"I find the book very exciting. It has a great variety of cooking activities that engage the children, and it is very simple to plan for each. I love that the photographs provide

a glimpse of what the recipes will look like. I would recommend this book to early childhood educators and parents."

-Colleen Moynihan, owner, Pea Pods Child Care Center

"It's not always convenient to use an oven while working in child care, but with this book I can make healthy, fun, and easy snacks all the time. I have tried some of the recipes with my kids, and they loved making them and then eating what they made. This book provides great ways to spend time with kids."

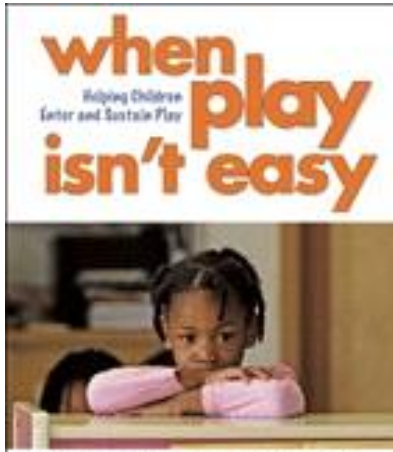
-Brooke Nicholson, pre-kindergarten teacher

"We love this book! I have two daughters, ages 4 and 6, who are always eager to help in the kitchen. We have had so much fun trying several of the recipes and the book suggestions add another element of fun. I would highly recommend this book to anyone who wants easy recipes to follow that will help introduce cooking to kids!"

-Megan Vargulick, parent

"This book is amazingly unique in its incredible ability to create perfect bonding experiences between children and adults. Any parent or educator would be lucky to own this fun and brilliant work!"

-Ashleigh Voros, parent and education major at SUNY Geneseo



When Play Isn't Easy

Helping Children Enter and Sustain Play

Sandra Heidemann, Deborah Hewitt

Ideas for facilitating play when shyness, language delays, special needs, or other reasons prevent children from participating in play.

Summary

Support children who are struggling to enter and sustain play

Play is key to young children's development and one of the most influential ways they learn. Sometimes, though, play isn't easy for children. They may find it hard to fit in, get along, or collaborate with peers. With your help, children can learn more effective strategies to engage in productive play.

This interactive workbook encourages thought, reflection, and discussion as you carefully observe play, identify where children's strengths and struggles are, and offer strategies to improve their play skills. It provides a detailed look at the Play Checklist introduced in the authors' book *Play: The Pathway from Theory to Practice*, and an exploration of how play connects to early learning standards. Use this workbook to deepen your understanding of how developmental challenges affect children's play skills and make play an easier, more enjoyable experience for all children.

Author Bio

Sandra Heidemann: Sandra Heidemann's many roles in the early childhood field have included teaching in regular and therapeutic preschool classrooms, leading workshops, serving as past president of the Minnesota Association for the Education of Young Children, and co-directing a family support program. She is the classroom coordinator of Numbers Work!, an early math professional development initiative.

Deborah Hewitt: Deborah Hewitt's experience in the early childhood field includes work as a therapeutic preschool teacher, consultant for child care providers, Child Development Associate advisor, workshop leader, school readiness program teacher, and a member of the board of directors of the Minnesota Association for the Education of Young Children. Currently, she works for the Minnesota Department of Education as an early childhood education specialist and provides staffing to Minnesota Early Learning Council.

Quotes

"Play is a window into the healthy development of young children. Sometimes teachers sense that something is different about a child's play experiences, but they can't quite put their finger on what it is. This book offers extended information on the authors' highly useful play survey, which can help teachers answer, communicate, and ameliorate those concerns. It includes a family bulletin board to help parents understand what children learn through play in various areas of the classroom. Classroom teachers, parents, consultants, and college educators will all find this book useful."

-Sally Moomaw, EdD, Assistant Professor of Early Childhood Education at the University of Cincinnati and author of *Teaching STEM in the Early Years*

"This helpful workbook is filled with practical ideas for enhancing and facilitating young children's play experiences in any kind of early childhood program or setting. Provocative questions provide opportunities for readers to reflect on their personal childhood play experiences, on the play experiences of the children in their care, and on the ways that they have tried to facilitate children's play. The suggestions and activities help individual readers and provide a great foundation for group discussions, staff development workshops, or coursework for early childhood education students."

-Gaye Gronlund, MA, early childhood education consultant and author of *Developmentally Appropriate Play: Guiding Young Children to a Higher Level* and *Planning for Play, Observation, and Learning in Preschool and Kindergarten*

"This book is just terrific! It is readable and informative. It seems at first very practical and direct and it does offer many clear suggestions about how to do things. However it is by no means a book that claims to contain all the answers. Rather, the suggestions within it are deepened and complicated by all the ways in which readers are asked to

Redleaf Press

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72 pages

Education / Preschool &
Kindergarten

become involved. The reader is a partner in making sense of the issues and problems presented; the reader is asked to remember his or her own experiences in various aspects of play, to observe carefully in the classroom for a variety of specific purposes, to try out one or a new way to arrange the dramatic play area, or another spot, and then to observe the result. With sets of questions and activities as well as text, the book engages the reader in thinking flexibly and deeply about the ways to support children's play. This book would best be used by a group of teachers who could discuss all their responses together."

-Cindy Ballenger, PhD, Director, Teacher Preparation, Eliot Pearson Department of Child Study, Tufts University

"With these books, Heidemann and Hewitt provide thoughtful, thorough guidance and resources as we set out to maximize children's play experiences in early childhood education settings. These hands-on tools deepen our understanding of play, as well as adult roles in relation to play, and help us design concrete strategies to address challenges that arise when children play together. These two books, together with their companion book *Play: The Pathway from Theory to Practice*, should be required reading for every early educator in training or in practice."

-Beth Menninga, Numbers Work! Project Coordinator, Minnesota Philanthropy Partners



When Play Isn't Fun

Helping Children Resolve Play Conflicts

Sandra Heidemann, Deborah Hewitt

Information to help caregivers and educators address and overcome common play challenges in the classroom.

Summary

Uncover strategies to address and overcome common challenges in group play

Play is essential for children's development and as they learn life skills. But some children face challenges when playing with others, and conflicts can erupt over sharing toys, taking turns, and feeling left out. Despite those moments, children want to play together. With your support and guidance, children can learn how to engage in productive play, resolve struggles, and enjoy group play.

This workbook outlines strategies to create an engaging play environment, provides information to help you understand skill development, and suggests ways you can encourage children's growth through rich play. It also explains common challenges children might have during group play-like being unengaged in dramatic play, having conflicts with each other, or playing aggressively-and approaches you can use to address them. Use this interactive workbook to thoughtfully respond to play challenges in a way that can open up opportunities for children.

Author Bio

Sandra Heidemann: Sandra Heidemann's many roles in the early childhood field have included teaching in regular and therapeutic preschool classrooms, leading workshops, serving as past president of the Minnesota Association for the Education of Young Children, and co-directing a family support program. She is the classroom coordinator of Numbers Work!, an early math professional development initiative.

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Quotes

"I love the way this book examines a play issue with real stories and strategies and then gives readers the opportunity to reflect on their own practice while making application. It is one of those books you can come back to again and again as a useful tool in the early childhood setting. You'll want it in your library of go-to books!"

-Cindy Croft, Director, Center for Inclusive Child Care, Concordia University, College of Education

"Teachers often wonder what to do when conflicts erupt during play, violent play themes emerge, or a child is left out. This book has the answers. The authors intersperse information with guided opportunities to reflect and self-evaluate. It is an excellent guide for personal instruction, teacher discussion groups, or educator workshops. College instructors will find helpful materials to use in play and social development classes."

-Sally Moomaw, EdD, Assistant Professor of Early Childhood Education at the University of Cincinnati and author of *Teaching STEM in the Early Years*

"This helpful workbook is filled with practical ideas for enhancing and facilitating young children's play experiences in any kind of early childhood program or setting. Provocative questions provide opportunities for readers to reflect on their personal childhood play experiences, on the play experiences of the children in their care, and on the ways that they have tried to facilitate children's play. The suggestions and activities help individual readers and provide a great foundation for group discussions, staff development workshops, or coursework for early childhood education students."

-Gaye Gronlund, MA, early childhood education consultant and author of

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Education / Preschool & Kindergarten

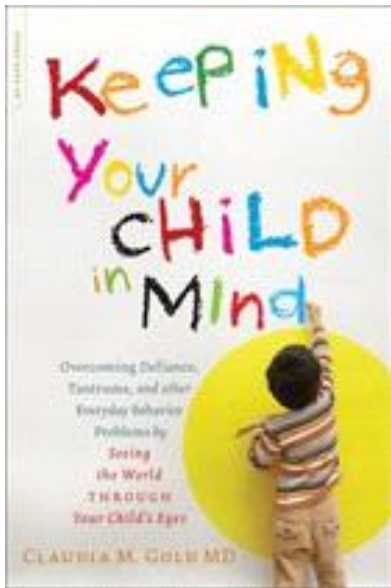
Developmentally Appropriate Play: Guiding Young Children to a Higher Level and Planning for Play, Observation, and Learning in Preschool and Kindergarten

"This book is just terrific! It is readable and informative. It seems at first very practical and direct and it does offer many clear suggestions about how to do things. However it is by no means a book that claims to contain all the answers. Rather, the suggestions within it are deepened and complicated by all the ways in which readers are asked to become involved. The reader is a partner in making sense of the issues and problems presented; the reader is asked to remember his or her own experiences in various aspects of play, to observe carefully in the classroom for a variety of specific purposes, to try out one or a new way to arrange the dramatic play area, or another spot, and then to observe the result. With sets of questions and activities as well as text, the book engages the reader in thinking flexibly and deeply about the ways to support children's play. This book would best be used by a group of teachers who could discuss all their responses together."

-Cindy Ballenger, PhD, Director, Teacher Preparation, Eliot Pearson Department of Child Study, Tufts University

"With these books, Heidemann and Hewitt provide thoughtful, thorough guidance and resources as we set out to maximize children's play experiences in early childhood education settings. These hands-on tools deepen our understanding of play, as well as adult roles in relation to play, and help us design concrete strategies to address challenges that arise when children play together. These two books, together with their companion book *Play: The Pathway from Theory to Practice*, should be required reading for every early educator in training or in practice."

-Beth Menninga, Numbers Work! Project Coordinator, Minnesota Philanthropy Partners



Keeping Your Child in Mind

Overcoming Defiance, Tantrums, and Other Everyday Behavior Problems by Seeing the World through Your Child's Eyes

Claudia M. Gold

Markup Note:

Rights Sold: Dutch: Z&K Uitgevers; Chinese (simplified): Tsingua University Press; Chinese (complex): Good Morning Press; French: Albin Michel; Italian: Sperling & Kupfer
Bringing the magic of empathy to daily life with a child

Summary

Being understood by someone you love is one of the most powerful feelings, at all ages. For a young child, it is the most important of all experiences because it allows the child's mind and sense of self to grow.

In the midst of the perennial concerns parents bring to Dr. Claudia Gold, she shows the magical effect of seeing a problem from their child's point of view. Most parenting books teach parents what to do to solve behavior problems, but Dr. Gold shows parents *how to be* with a child. Crises are defused when children feel truly heard and validated; this is how they learn to understand, and, eventually, control themselves.

Dr. Gold's insightful guide uses new research in developmental psychology and vivid stories from her practice to show parents how to keep a child in mind and deepen this central relationship in their lives.

Author Bio

Claudia Gold, MD, practices behavioral pediatrics in Great Barrington, Massachusetts, and writes a column on children's mental health for the *Boston Globe*. Trained in psychoanalytic theory, she has presented her work widely to parents and professionals.

Quotes

Publishers Weekly, 8/1/11

"Readers seeking a comprehensive approach to child-rearing will welcome this thoughtful book."

Kirkus Review, 9/15/11

"Would be especially useful for new parents in search of holistic guidance. A panoply of hypothetical situations offering broad-based solutions."

Bookviews, September 2011

"The book looks at various ages and stages of development, imparting excellent advice that will make the job of parenting much easier."

Salt Lake City Desert News, 9/11/11

"Engaging and enlightening, *Keeping Your Child in Mind* is a book worth reading and rereading for any parent who is looking for understanding, support and a loving method that will bring out the best in a child. It is a breath of fresh air that parents may not have known they needed."

Infodad.com, 9/15/11

"Valuable...Gold couples an understanding of recent scientific and medical research with insights into parent-child relationships gleaned from her own work ... Connectedness is the point here... Gold's examples of families with which her approach has worked are helpful."

San Francisco Book Review, 10/5/11

"Gold supports her recommendations using easy-to-understand situations, examples and solutions gathered from her interactions with her clients and referring to current research in child development."

Examiner.com, 9/29/11

"Gold's book is a powerful way to bring decades of developmental research and attachment theory to everyday parenting situations. It gives all parents the insight needed to understand the emotions that undermine best intentions and explains why



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Family & Relationships
/ Parenting

there isn't "one right way" in parenting...*Keeping Your Child in Mind* can offer relief to parents frustrated by frustrated by day-to-day parenting or help change a self-defeating parenting pattern. It holds the key to enjoying your child again and creating a satisfying family life."

Mid-Ohio Valley Parents Magazine, October 2011

"Give[s] parents a lot to think about."

Cleveland Psychoanalytic Center (website), 10/9/11

"Highly readable."

Library Journal, 10/20/11

"Parents of older children with behavioral problems who are opposed to medication will find this advice useful...attachment-parenting proponents will applaud her approach."

PensivePediatrician.com, 10/23/11

"Provides incredible insights for parents and anyone who works with children: teachers, doctors, daycare providers or counselors."

PsychCentral.com, 11/14/11

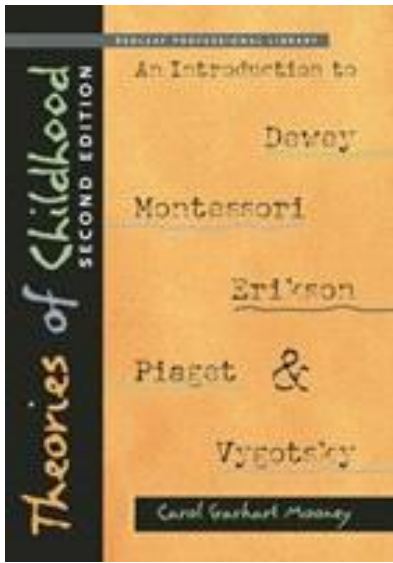
"Rather than have a parenting book for each individual phase, Dr. Gold provides a single resource that can be applied to all stages...Worth your time!"

Midwest Book Review, November 2011

"From infants to teens, this offers different approaches to nurturing and building relationships with a child and is a pick for any parenting library."

ParentHots.com (Malaysia), 7/9/12

"A timely book...A useful guide. It provides suggestions to unlocking some treasures by 'being' with our kids and slowing down to enjoy the flowers, with the life in our care."



Theories of Childhood, Second Edition

An Introduction to Dewey, Montessori, Erikson, Piaget & Vygotsky

Carol Garhart Mooney

Markup Note:

Rights Sold: Chinese (simplified): Capital Normal University Press; Indonesian: PT Indeks; Korean: Hakjisa

The classic guide for early childhood classrooms and professionals, now revised and updated.

Summary

Understand theories of childhood to make your days with children smoother, your job easier, and your program stronger.

This best-selling resource provides clear, straightforward introductions to the foundational theories of John Dewey, Maria Montessori, Erik Erikson, Jean Piaget, and Lev Vygotsky. Each chapter highlights a theorist's work and includes insight on how the theory impacts teaching young children today. Discussion questions and suggested readings are included to help you gain an understanding of what it means to apply each theory to your work with children.

Theories of Childhood, Second Edition:

Builds the bridge between theory and best practices in early childhood education
Supports your genuine enjoyment with children by helping you understand more about the ways they grow and learn

Includes new understandings of Vygotsky's work

Applies the five theories to the realities of the twenty-first century

Carol Garhart Mooney has been an early childhood educator for more than forty years. She is also the author of *Theories of Attachment*, *Use Your Words*, and *Swinging Pendulums*.

Author Bio

Carol Garhart Mooney: Carol Garhart Mooney has written extensively on a wide variety of child development topics. In addition to *Theories of Childhood, Second Edition*, she is also the author of *Theories of Attachment: An Introduction to Bowlby, Ainsworth, Gerber, Brazelton, Kennell, and Klaus*, *Swinging Pendulums: Cautionary Tales for Early Childhood Education*, and *Use Your Words: How Teacher Talk Helps Children Learn*, all published by Redleaf Press. She holds a master's degree in early childhood education from the University of New Hampshire. She is a former preschool, kindergarten, and elementary school teacher and has served as a child care services manager for Belknap-Merrimack Head Start. For twenty-five years, she has been an instructor of early childhood education and sociology of the family for the University System of New Hampshire.

Quotes

"I was quite pleased to see the second edition of *Theories of Childhood* come across my desk. We have used the text for a number of years in our introductory child development course. It provides a strong theoretical foundation for our students through its simple, direct approach. This includes not only the clear presentation of developmental theories in an understandable way, but also implications for and examples of how a particular approach impacts our work with children and families. I have had great feedback from students over the years and from a variety of faculty who have used it!"

-Eileen Micke-Johnson

Department Chair, Early Childhood & Elementary Education

Rogue Community College, Medford, OR



Redleaf Press

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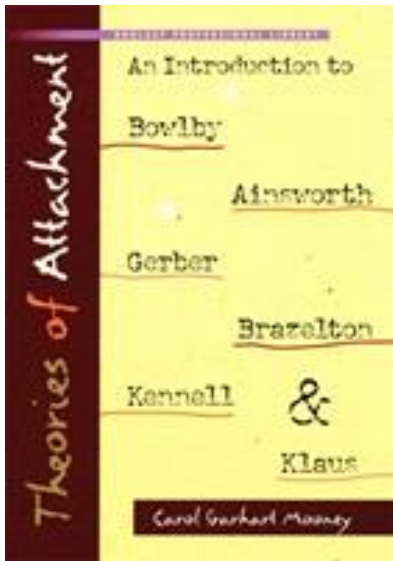
128 pages

B&W photos

Education / Reference

"I chose to incorporate *Theories of Childhood* in my Early Childhood Theory and Practice class. I find that this book covers the main theorists in simple, easy-to-read ways, yet still detailed enough to introduce the students to each theorist. What helped me choose this particular book was that it wasn't designed in a typical 'textbook' format. This book is paperback, small, and reasonably priced so that I can use more than one book with my students. I like the quotes included at the beginning of each section and that each theorist has a biography, and that each theory is detailed, current, and to the point. If I will read a book from cover to cover and enjoy it, I will use it with my students."

-Mrs. Elizabeth Engelhardt
Department of Teacher Education
University of Dayton, Dayton, Ohio



Theories of Attachment

An Introduction to Bowlby, Ainsworth, Gerber, Brazelton, Kennell, and Klaus

Carol Garhart Mooney

Complex information on six trailblazing early childhood theorists made accessible for child care providers and educators.

Summary

In this book, early childcare professionals will gain an understanding of the theories of attachment as well as the background and research of the prominent minds behind them. This book explains the core elements of each theorist's work and the ways these elements impact and support interactions with babies, including the topics of bonding, feeding practices, separation anxiety, and stranger anxiety.

Carol Garhart Mooney, also the author of the best-selling *Theories of Childhood*, has worked as a preschool teacher and college instructor of early childhood education for over thirty years.

Author Bio

Carol Garhart Mooney has worked as a preschool teacher and college instructor for over 30 years. She currently serves as the child care services manager at Belknap-Merrimack Head Start and an instructor in early childhood education at the College of Lifelong Learning. She is also the author of *Theories of Childhood*.



Redleaf Press

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120 pages

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Education / Reference

Engaging Autism

Using the Floortime Approach to Help Children Relate, Communicate, and Think

Stanley I. Greenspan, Serena Wieder

No Image
Available

Markup Note:

Rights Sold: Chinese (complex): iG Publishing; Chinese (simplified): Huaxia Publishing House; Hebrew: Amazia Publishing; Italian: Raffaello Cortina; Japanese: Sogensha; Polish: Jagiellonian UP; Russian: Terevin;

Engaging Autism includes new, exciting information on neuroscience research into the effects of this approach, plus guidance for parents navigating the controversies surrounding the treatment of autism.

Summary

Grateful parents and professionals worldwide have welcomed this essential guide to the highly recommended Floortime approach for treating children with any of the autism spectrum disorders (ASD). Now available in paperback, *Engaging Autism* includes new, exciting information on neuroscience research into the effects of this approach, plus guidance for parents navigating the controversies surrounding the treatment of autism. Unlike approaches that focus on changing specific behavior, Greenspan's program promotes the building blocks of healthy emotional and behavioral development. He shows that, remarkably, children with ASD do not have a fixed, limited potential, and may often join their peers to lead full, psychologically healthy lives. The Floortime approach can also be applied at any age-including early infancy, when the first signs of risk for ASD may appear-so that preventing the full development of autism becomes a real possibility.

Author Bio

Stanley I. Greenspan, M.D., is Clinical Professor of Psychiatry and Pediatrics at George Washington University Medical School. His books include *The Growth of the Mind*, *The Challenging Child*, and *The Child with Special Needs* (co-authored by Serena Wieder, Ph.D.).

Serena Weider, Ph.D., a psychologist in clinical practice, is on the faculty of the Washington (D.C.) School of Psychiatry.



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Partnership Parenting

How Men and Women Parent Differently--Why It Helps Your Kids and Can Strengthen Your Marriage

Kyle Pruett, Marsha Pruett

No Image
Available

Markup Note:

Rights Sold: Chinese (simplified); Huaxia Publishing House; Greek: Gonis; Korean: Hans Media

A groundbreaking exploration of how men and women uniquely parent and communicate with their children, and why kids need both influences

Summary

Men and women not only have naturally different communication styles, but unique approaches to parenting as well. While mothers tend to overprotect their kids, fathers tend to push them toward independence. And whereas many experts tend to advocate "a united front," Drs. Kyle and Marsha Pruett reveal how Mom and Dad not always being on exactly the same page- which, initially, may seem to cause conflict- can actually strengthen the whole family.

Informed by the Pruett's research and extensive experience with parents and children, *Partnership Parenting* offers a new outlook. In addition to fascinating biological insights, the book features strategies for negotiating common "landmine situations" from birth to age eight, from discipline and bedtime to helping kids with homework and teaching them responsibility.

With wisdom and humor, *Partnership Parenting* helps couples take advantage of their individual strengths to raise confident children while simultaneously improving their marriage.

Author Bio

Kyle Pruett, MD, a child psychiatrist at the Yale Child Study Center, is an award-winning author.

Marsha Kline Pruett, PhD, MSL, a professor at Smith College, has done landmark research on co-parenting.

They live in Northampton, Massachusetts, with their children.

Quotes

Blogcritics.org, 10/9

"The authors are experienced in parenting both from personal and professional perspectives. This book is a good read...For the curious reader, the research and examples will be welcome background to support the recommendations the authors propose... Overall, the authors do an excellent job of holding mothers and fathers equally accountable for parenting, identifying gendered differences, and presenting tools for creating a parenting partnership, which works in excellent fashion to serves the needs of the child(ren)...Expectant parents, new parents, and parents in second families will find this book particularly useful as a tool to understand their similarities and differences in parenting and work together to build a parenting partnership."

Tuscon Citizen, "Shelf Life" blog, 10/12

"Provides parents with the information they need to strengthen family life at all levels."

InfoDad.com, 10/29/09

"The book's suggestions for managing conflict, handling discipline effectively, and finding ways to strengthen the parental bond even when two people approach child-rearing differently, are certainly worth considering-and may make it easier to develop a family structure that works better for children and adults alike."

Midwest Book Review

"From rules for negotiation to appreciating a partner's contributions, this is packed with case histories, quizzes, questions and solutions to common co-parenting issues. Any parent's library needs this."



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Paperback / softback / Trade
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Family & Relationships
/ Parenting

Work & Family Life, February 2010

"Describe[s] how men and women naturally parent differently and what can be gained from each approach...With wisdom and humor, *Partnership Parenting* will help both of you take advantage of your individual strengths to stay connected and confidently raise children together."

Family Therapy, Winter 2010

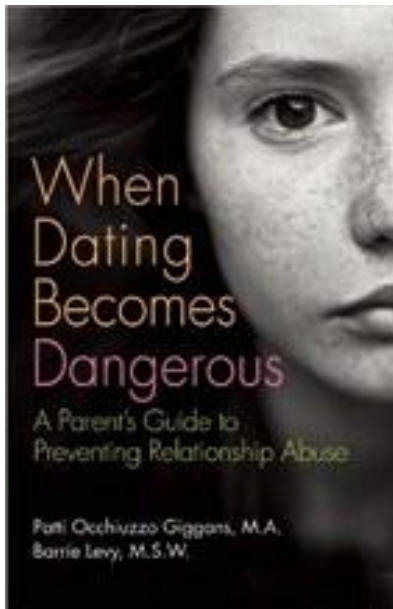
"The authors reveal how men and women naturally parent differently-and what can be gained by both approaches...*Partnership Parenting* offers couples distinctly balanced ways to deal with everyday situations, from bedtime and feeding to discipline and schooling."

New York Family, April 2010

"Explore[s] the different qualities that men and women bring to child-rearing, and how couples can combine their individual strengths in order to co-parent successfully."

MensNewsDaily.com, 5/20/10

"An engaging and excellent book on gender differences in parenting...Shows that realization of the sexes' complementary strengths can help foster a deep appreciation of the other parent, which can only serve to fortify the fabric of a partnership...The authors clearly care deeply about supporting parents' and children's well-being. Don't miss this fabulous work!"



When Dating Becomes Dangerous

A Parent's Guide to Preventing Relationship Abuse

Barrie Levy, Patricia Occhiuzzo Giggans, Mariska H...

Send your teenager out into the dating world equipped with the knowledge, strength, and communication skills to walk away from abusive relationships--and to develop healthy ones.

Summary

Send your teenager out into the dating world equipped with the knowledge, strength, and communication skills to walk away from abusive relationships--and to develop healthy ones.

As our kids grow older and they start asserting their independence, we worry about their safety and well being. And when it comes to dating and intimacy, it is hard to know how to protect them when a would-be gentle relationship turns violent, be it verbally or physically. The fact is that as many as one in four high school and college-aged youth are affected by an abusive relationship. So, how do we as parents protect our kids from becoming another statistic? And how do we give them the self-assurance to leave a dangerous situation?

In this informative guide for parents, Barry Levy and Patricia Occhiuzzo Giggans, both experts in relationship violence, draw on their professional experience to provide guidance for getting through the relationship challenges kids, both gay and straight, face today. Here you'll discover:

- How to give your teen the skills to encourage healthy relationships
- Why many teenagers hide their abusive relationship
- How to recognize the warning signs of dating violence, including cyber abuse
- What to do if your child is the abuser, and when girls are the perpetrator of abuse

Author Bio

Patti Occhiuzzo Giggans, MA, is the Executive Director of the Los Angeles Commission on Assaults on Women.

Barrie Levy, MSW, is the author of *In Love and In Danger* and the editor of *Dating Violence*.

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paperback (US)

200 pages
Family & Relationships / Life
Stages

Reproductive coercion
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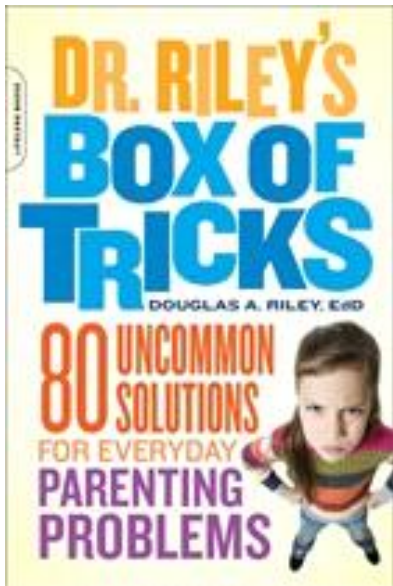
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Victims' recovery
Parents
Siblings and friends



Dr. Riley's Box of Tricks **80 Uncommon Solutions for Everyday Parenting Problems**

Douglas A. Riley

Markup Note:

Rights sold: Chinese (complex): iG Publishing; Chinese (simplified): Beijing Mediatime Books; Indonesian: PT Gramedia Pustaka Utama

From the author of *The Defiant Child* (70,000 copies sold), fun and effective reverse-psychology techniques to instantly fix kids' bad behavior.

Summary

Every parent sends their child to his or her room as a punishment at one time or another. But, have you ever considered grounding your children from their rooms? Dr. Douglas Riley has. In fact, if your daughter isn't allowed to use her own room after you have declared it "unfit for human habitation" until she straightens it, you'll be amazed how clean she will keep her space next time.

Dr. Riley has prescriptions for every situation, from messy rooms to homework procrastination, from sibling combat to cell-phone abuse. Ideal for any exasperated parent, this must-have guide offers dozens of creative solutions for the most persistent parenting problems. These gentle yet proven techniques turn the tables to put you back in charge--and get your kids to laugh in the process.

Author Bio

Douglas Riley, EdD, is a licensed clinical psychologist with more than thirty years of experience working with children, adolescents, and parents. He lives in Virginia.

Quotes

USA Weekend, 7/17/11

"The secret weapon for battling some of the constant challenges parents face"

Scholastic Parent & Child, September 2011

"A treasure trove of unconventional suggestions."

Library Journal (starred review), 8/18/11

"Riley has both a winning plan and a clever style; recommended."

MyLittleMe.com, 8/25/11

"A very interesting and promising book."

Mid-Ohio Valley Parent, August-September 2011

"In an easy-to-read format, Riley tackles everyday problems with a touch of humor and an easy script for kids to follow...definitely a book I'll be coming back to time and time again."

Portland Book Review, September-November 2011

"The tricks are easy to implement and very efficient at eliminating problem behaviors... For parents that frequently have to deal with kids' more obnoxious behavior this book will be one that is referred to frequently."

ANovelMind.com, 11/12/11

"Not your typical parenting book."

Treasure Valley Family, January 2012

"*Dr. Riley's Box of Tricks* gives parents the tools they need to get their kids back on track and proves that with a little bit of humor and a lot of love, a child's most challenging habits can disappear."



Da Capo Lifelong Books

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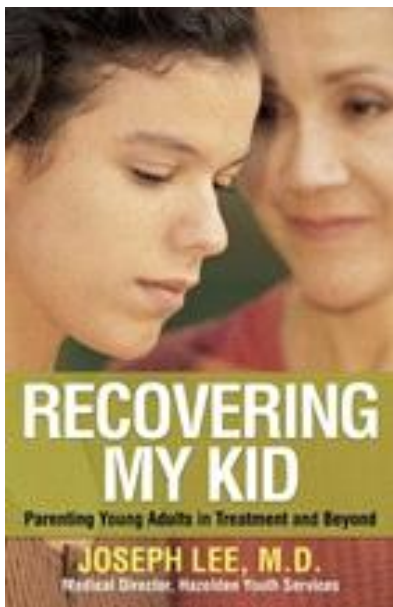
\$15.00

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Family & Relationships

/ Parenting



Recovering My Kid **Parenting Young Adults in Treatment and Beyond**

Joseph Lee

Summary

National expert Dr. Joseph Lee explains the nature of youth addiction and treatment, and how families can create a safe and supportive environment for their loved ones during treatment and throughout their recovery.

Raising a child is tough as it is, but when your kid becomes addicted to alcohol or other drugs, it can feel as if you're living a nightmare. You're not alone. In *Recovering My Kid*, Dr. Joseph Lee, a leading youth addiction specialist, takes worried, confused, and angry parents by the hand and addresses their most pressing questions and fears: What is addiction? What happens when my child returns home from treatment? How can my family support his or her recovery? What if my child relapses? How can my family get well again?

Getting your child and your family well again requires the support and understanding of the whole family, even if feelings and trust were damaged. In his engaging and straightforward style, Lee explains the difficult concepts of addiction, treatment, and recovery in a way parents and families can understand, and he gives them concrete strategies they can put into practice.

This book will help family members begin to understand what their loved one is going through and how they can help the addict adjust to a clean-and-sober life while still taking care of themselves.

Author Bio

Dr. Joseph Lee is the Medical Director for Hazelden's Youth and Young Adult Services. A popular public speaker and commentator in the national media, Dr. Lee has been featured on *The Dr. Oz Show*, NPR, CNN and in the *Wall Street Journal*. In addition to his board certification in addiction medicine, Dr. Lee completed his adult psychiatric training at Duke University and his child psychiatry fellowship at Johns Hopkins Hospital.

Dr. Lee lives in Center City, Minnesota.

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About the Author

My only quarrel with the memoir is that perhaps a better title would have been simply *On Becoming a Mother*, as these pages are limited to the initial weeks and months after the baby is born, to this transition time of becoming a mother, which the author so clearly does. A book to read before you get pregnant, as well as afterwards (if you can stay awake long enough to read.) A lot of people could benefit from reading Cusk's account. New mothers will find solace, perhaps, in its pages, validation of their own feelings of isolation and resentment. Working fathers ought to read it, so they can better understand the complaints of their shut-in wives, for whom "work is considered an easy, attractive option."