Educational Systems For Disruptive Adolescents

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Disruptive behavior disorders can be highly impairing to children and families and costly to society. Thus, effective treatment and prevention strategies for disruptive behavior disorders are critically important. This chapter describes cognitive therapy approaches to improve anger management in children with, or at risk for, disruptive behavior disorders. Empirically based components of cognitive therapies for correcting interpersonal perceptions and planning effective responses are explicated, using the Coping Power program as an exemplar.