This book offers clinicians an effective method of diagnosing, managing, and treating oppositional, resistant, and disruptive older children and adolescents. Dr. Bustamante understands oppositional states as an expression of the teenager’s uncertainty about his own identity and alienation from his true self. Attempts to curb rebellion that rely solely on firm behavioral limits will fail, because they thwart rather than promote development and disregard the real meaning of the disruptive behavior. The author’s approach is a sensitive and creative alternative to treating this difficult population. Currently, adolescent aggression is also topping the agenda in Russia, including discourse on a range of antisocial adolescent behaviors, such as public order violations, hooliganism, and vandalism. Recent studies of disruptive behaviors in children and adolescents have shown that 50% to 70% of delinquent young people suffered with mental health problems and disorders. Another crucial driver of adolescent disruptive behavior are adverse family circumstances including domestic violence. For instance, a traumatized child may show aggression towards other people a lot more often than children who hav