

Sacred Sexuality Books

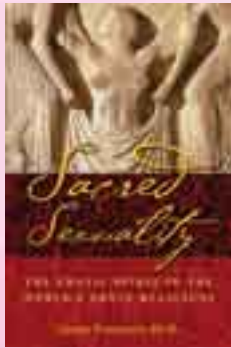
Sacred Sexuality

The Erotic Spirit in the World's Great Religions

GEORG FEUERSTEIN, Ph.D.

This book examines the history of sexuality as a sacramental act. Georg Feuerstein instructs that the fulfillment we long for in our sex lives can be attained when we explore the spiritual depths of our erotic natures. Feuerstein delves into a wide variety of spiritual traditions and reveals that all of these great teachings share the hidden message that spirituality is, in essence, erotic and that sexuality is inherently spiritual.

\$16.95, paper, 256 pages, 6 x 9
12 b&w illustrations
ISBN-13: 978-0-89281-126-7



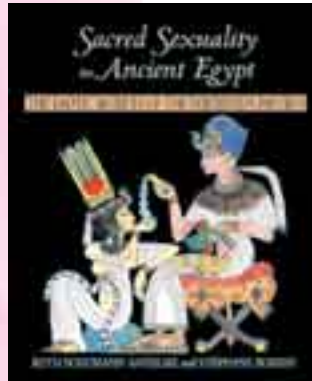
Sacred Sexuality in Ancient Egypt

The Erotic Secrets of the Forbidden Papyrus

RUTH SCHUMANN ANTELME and
STÉPHANE ROSSINI

In this book, the first to fully explore Egyptian sexual philosophy and practices, Egyptologist Ruth Schumann Antelme provides us with a new view of the sexual life of the ancient Egyptians. Richly illustrated throughout, *Sacred Sexuality in Ancient Egypt* explains the symbolism of the erotic scenes illustrating the Turin Papyrus, which have long been kept from public view.

\$24.95, paper
264 pages, 8 x 10
283 b&w and 24 full color images
ISBN-13: 978-0-89281-863-1



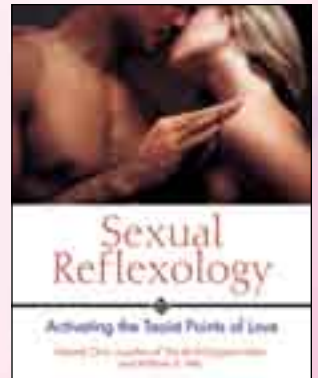
Sexual Reflexology

Activating the Taoist Points of Love

MANTAK CHIA and WILLIAM U. WEI

The most powerful reflex points on the body are on the sexual organs. While the practice of reflexology is normally associated with massage of the feet, in *Sexual Reflexology* Mantak Chia gives applications for using the sexual reflex points in lovemaking, transforming sexual intercourse into a form of ecstatic acupressure.

\$18.00, paper
208 pages, 8 x 10
214 b&w illustrations
ISBN-13: 978-0-89281-088-8



The Complete Illustrated Kama Sutra

LANCE DANE

Written almost 2,000 years ago, the *Kama Sutra* deals with all aspects of sexual life, and how to best achieve ecstatic expression of life's beauty. Augmented with 269 illustrations and works of art gathered from museums and collections around the world, the result is a dazzling and sensuous reading experience through which the teachings of the *Kama Sutra* spring to life.

\$25.00, hardcover
320 pages, 6 1/2 x 9 1/4
269 color illustrations
ISBN-13: 978-0-89281-138-0



The Complete Kama Sutra

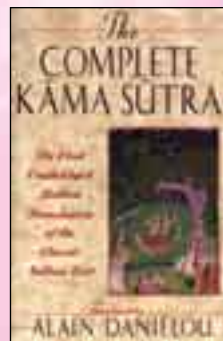
The First Unabridged Modern Translation of the Classic Indian Text

Translated by ALAIN DANIELLOU

The oldest and most widely read guide to the pleasures of sexuality, the *Kama Sutra* deals with all aspects of sexual life, and was compiled from texts dating to the fourth century B.C. In contrast to the only previously available version, Alain Daniélou's new translation preserves the full explicitness of the original.

\$19.95, paper, 576 pages, 6 x 9
ISBN-13: 978-0-89281-525-8

\$29.95, hardcover
ISBN-13: 978-0-89281-492-3



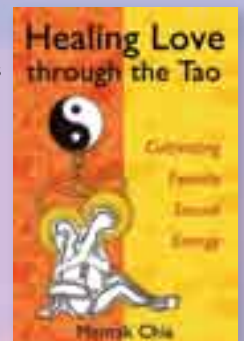
Healing Love through the Tao

Cultivating Female Sexual Energy

MANTAK CHIA

For thousands of years the sexual principles and techniques presented in this book were taught by Taoist masters secretly in the royal courts and esoteric circles of China. This is the first book to make this ancient knowledge available to the West. Mantak Chia teaches powerful techniques to revitalize women's physical, mental, and spiritual well-being.

\$16.95, paper, 288 pages, 6 x 9
147 b&w illustrations
ISBN-13: 978-1-59477-068-5



Available from your Sales Representative or wholesaler, or from

Inner Traditions • Bear & Company

P.O. Box 388, Rochester, VT 05767 • sales@InnerTraditions.com

1-800-246-8648 • www.InnerTraditions.com • fax 802-767-3726



Tantric Orgasm for Women

DIANA RICHARDSON

Exploring Tantra from the female perspective, Diana Richardson reveals the critical role of receptive feminine energy. Her 20 years of tantric research provides an understanding of how women can exert a powerful influence on their sexual experiences when they understand the inner workings of their bodies and avoid adopting conventional ideas about what should be satisfying to them.

\$14.95, paper, 224 pages, 6 x 9
41 b&w illustrations
ISBN-13: 978-0-89281-133-5



Tantric Secrets for Men

What Every Woman Will Want Her Man to Know about Enhancing Sexual Ecstasy

KERRY RILEY with DIANE RILEY, co-creators of *The Secrets of Sacred Sex* video

From the expert teachings of a committed couple practicing and teaching ecstatic sexuality in a modern-day context, men will learn how to satisfy a woman on the levels of body, heart, and soul—and how to bring themselves to new heights of ecstasy in the process.

\$18.95, paper, 272 pages, 6 x 9
17 b&w illustrations
ISBN-13: 978-0-89281-969-0



The Sexual Teachings of the Jade Dragon

Taoist Methods for Male Sexual Revitalization

HSI LAI

A companion guide to *The Sexual Teachings of the White Tigress*, this book reveals how the sexual practices of the Taoist Jade Dragon can help men achieve “immortality” through the enhancement of their sexual prowess.

\$16.95, paper, 256 pages, 6 x 9
9 b&w illustrations
ISBN-13: 978-0-89281-963-8



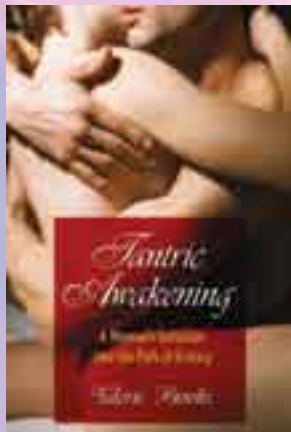
The Sexual Teachings of the White Tigress

Secrets of the Female Taoist Masters

HSI LAI

Unlike other Taoist texts, *The Sexual Teachings of the White Tigress* presents traditions that focus on women, traditions that stem from a long line of courtesans and female Taoists. Translations of the ancient teachings from a rare White Tigress manual dating back 3,000 years explain the sexual and spiritual refinement of the Three Treasures of Taoism and the secret to unlocking eternal youthfulness and immortality.

\$19.95, paper, 280 pages, 6 x 9
ISBN-13: 978-0-89281-868-6



Tantric Awakening

A Woman's Initiation into the Path of Ecstasy

VALERIE BROOKS

This is the story of a 19-year-old girl, disillusioned by the questions that her religion and society fail to answer, who courageously enters the sensuous rituals of tantric sex. In search of authentic knowledge, Brooks was admitted into secret societies where she learned firsthand the ways of the tradition from Tantric adepts.

\$14.95, paper, 176 pages, 6 x 9
ISBN-13: 978-0-89281-906-5



Tantric Quest

An Encounter with Absolute Love

DANIEL ODIER

The author tells of his search for spirituality and passion with a Tantric yogini who taught him the divine nature of love.

\$14.95, paper, 192 pages, 5 1/8 x 8 1/4
ISBN-13: 978-0-89281-620-0



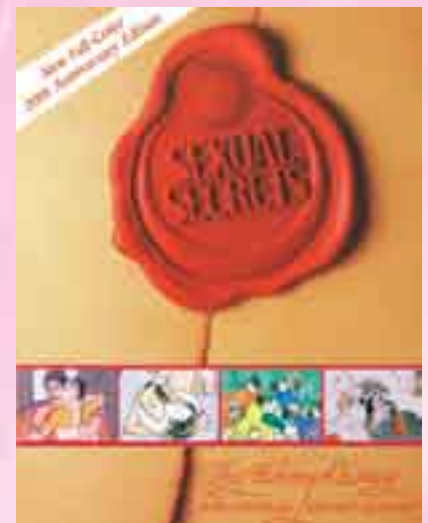
Desire

The Tantric Path to Awakening

DANIEL ODIER

Nothing can match the explosive energy created in the body by pure desire. Exploring the subtle techniques of Tantra that enable the seeker to attain the triple mastery of the breath, thought, and the natural processes of the body, *Desire* reveals many of the secret practices that have been passed down in the major Tantric treatises.

\$14.95, paper, 192 pages, 5 1/8 x 8 1/4
ISBN-13: 978-0-89281-858-7



Sexual Secrets: Twentieth Anniversary Edition

The Alchemy of Ecstasy

NIK DOUGLAS and PENNY SLINGER

Revised and redesigned in full color, the #1 bestselling book on sex and mysticism covers the philosophy, psychology, art, theory, and practice of Eastern sexuality.

\$30.00, paper, 352 pages, 8 1/2 x 11
199 color and 401 b&w illustrations
ISBN-13: 978-0-89281-805-1



Kundalini

The Arousal of the Inner Energy

AJIT MOOKERJEE

An important scholar of the sacred texts of India examines modern accounts of the Kundalini experience. Beautifully illustrated in color with Indian tantric art.

\$16.95, paper, 112 pages, 7 x 10
16 color and 46 b&w illustrations
ISBN-13: 978-0-89281-020-8



Eros, Consciousness, and Kundalini

Deepening Sensuality through Tantric Celibacy and Spiritual Intimacy

STUART SOVATSKY, Ph.D.

In this extraordinary celebration of the erotic, Dr. Stuart Sovatsky introduces us to the Tantric art of sexual sublimation. Exercises based on yoga, kundalini, and chakra meditation help readers learn to harness the divine energy at the heart of all erotic yearning, while exploring the intimate relationship between spirituality and sexuality.

\$22.95, paper, 224 pages, 8 x 10
30 b&w illustrations
ISBN-13: 978-0-89281-830-3



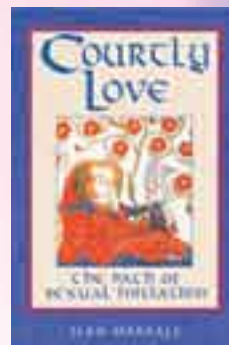
Eros and the Mysteries of Love

The Metaphysics of Sex

JULIUS EVOLA

A comprehensive work on the metaphysical aspects of sexuality. Julius Evola sheds new light on the mystical and spiritual expression of sexual love. This in-depth study explores the sexual rites of sacred traditions, and shows how religion, mysticism, folklore, and mythology all contain erotic forms in which the deep potentialities of human beings are recognized.

\$18.95, paper, 336 pages, 6 x 9
ISBN-13: 978-0-89281-315-5



Courtly Love

The Path of Sexual Initiation

JEAN MARKALE

Jean Markale shows that the roots of the ritual of courtly love recreated here go all the way back to the great mother goddess. In addition, the platonic nature attributed to these relationships is based on a misunderstanding of courtly love; underneath the refined poetry of the troubadours' verses flourished a system of sexual initiation that rivaled Indian Tantra.

\$16.95, paper, 248 pages, 6 x 9
ISBN-13: 978-0-89281-771-9



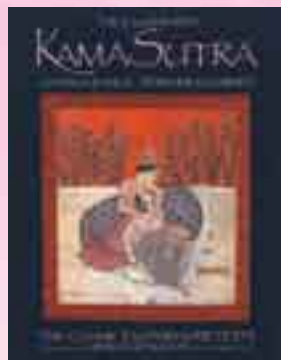
Earth Honoring

The New Male Sexuality

ROBERT LAWLOR

Draws from Taoist, Tantric, and tribal teachings to reveal specific techniques men can use to direct their quest for power into constructive channels, and an ecstatic and compassionate experience of their life-force energies. Robert Lawlor proposes that only a deep transformation in the expression of our sexual energy can lead humanity to a regeneration of the human spirit.

\$12.95, paper, 208 pages, 6 x 9
ISBN-13: 978-0-89281-428-2

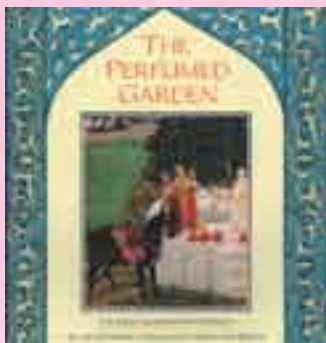


The Illustrated Kama Sutra • Ananga-Ranga • Perfumed Garden

Translated by CAPTAIN SIR RICHARD F. BURTON and F. F. ARBUTHNOT

Selections from three Eastern love texts in one volume, handsomely illustrated with a unique collection of Indian art.

\$24.95, paper, 160 pages, 8 3/4 x 11
100 color plates
ISBN-13: 978-0-89281-441-1



The Perfumed Garden

Translated by CAPTAIN SIR RICHARD F. BURTON

From 16th-century Arabia, *The Perfumed Garden - for the Repose of the Mind* is a classic work of Arab erotica offering a uniquely entertaining collection of tales filled with frank and sound advice on sexual relations, accompanied by rare and previously unpublished erotic paintings and reproductions of exquisite tilework and friezes.

\$19.95, paper, 96 pages, 9 x 9 1/2
50 color plates
ISBN-13: 978-0-89281-443-5

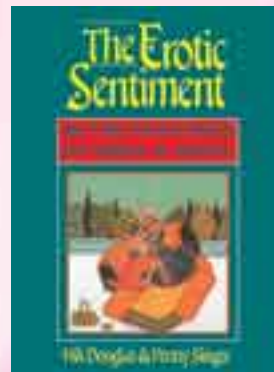


The Erotic Sentiment in the Paintings of China and Japan

NIK DOUGLAS and PENNY SLINGER

In Eastern cultures, it was customary to present collections of erotic art called pillow books to newlyweds. This full-color edition showcases the finest examples of this art from China and Japan, accompanied by selections of Taoist verse.

\$16.95, paper, 80 pages, 8 x 10
65 color plates
ISBN-13: 978-0-89281-495-4



The Erotic Sentiment in the Paintings of India and Nepal

NIK DOUGLAS and PENNY SLINGER

The variety of pillow books represented here bring together some of the finest examples from India and Nepal, including pieces from the private collection of a Nepalese king. Accompanying these exquisite reproductions are commentaries and translations of verse from authentic Tantric treatises. Together with the paintings, they elevate physical love to the spiritual realm of joyous ecstasy.

\$16.95, paper, 80 pages, 8 x 10
66 color plates
ISBN-13: 978-0-89281-685-9



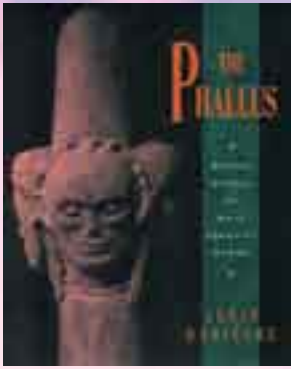
The Path of the Mystic Lover

Baul Songs of Passion and Ecstasy

BHASKAR BHATTACHARYYA with Nik Douglas and Penny Slinger

Carrying on the living tradition of mystic minstrels, the Bauls roam the countryside of eastern India enacting the spiritual love dalliance of Radha and Krishna through songs and dances. *The Path of the Mystic Lover* explores the Bauls' lifestyle and philosophy, describing their sexual and ritual practices as well as their sacred teachings.

\$19.95, paper, 224 pages, 8 x 10
100 b&w illustrations
ISBN-13: 978-0-89281-019-2



The Phallus

Sacred Symbol of Male Creative Power

ALAIN DANIELÉOU

Illustrated throughout with European and Indian phallic art, *The Phallus* celebrates the symbolic expression of masculine creativity in the religious traditions of East and West.

\$19.95, paper, 128 pages, 8 x 10
85 color and b&w illustrations
ISBN-13: 978-0-89281-556-2



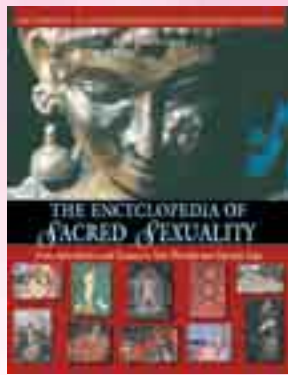
The Yoni

Sacred Symbol of Female Creative Power

RUFUS C. CAMPHAUSEN

Yoni symbolism is a part of the spiritual traditions of cultures in every part of the globe. *The Yoni* traces this primal motif in Australian Aboriginal folk tales, in alchemy, in Tantric practices, and in contemporary art by painters such as Georgia O'Keefe and Judy Chicago.

\$19.95, paper, 144 pages, 8 x 10
94 color and b&w illustrations
ISBN-13: 978-0-89281-562-3



The Encyclopedia of Sacred Sexuality

From Aphrodisiacs and Ecstasy to Yoni Worship and Zap-lam Yoga

RUFUS C. CAMPHAUSEN

This comprehensive reference book, lavishly illustrated and extensively cross-referenced, encompasses all eras and cultures in exploring the meaning of sexuality.

\$29.95, paper, 320 pages, 8 x 10
93 color and 59 b&w illustrations
ISBN-13: 978-0-89281-719-1

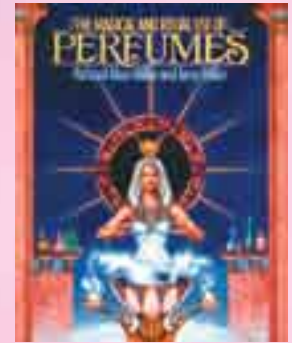


The Magical and Ritual Use of Aphrodisiacs

RICHARD ALAN MILLER

The author shows how intent and motivation can be focused to augment the physical effects of aphrodisiacs and suggests rituals drawn from Tantric yoga and Western magic.

\$14.95, paper, 176 pages, 5 1/4 x 8 1/4
ISBN-13: 978-0-89281-402-2



The Magical and Ritual Use of Perfumes

RICHARD ALAN MILLER and IONA MILLER

Because of their power to elicit specific responses in the body and psyche, perfumes have, through the ages, occupied an important part in ritual. *The Magical and Ritual Use of Perfumes* shows how scents can become the very "essence of magic," providing direct access to the emotional centers of the brain and memory.

\$18.95, paper, 184 pages, 8 x 10
ISBN-13: 978-0-89281-210-3



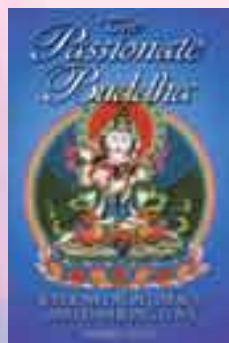
Don Juan and the Art of Sexual Energy

The Rainbow Serpent of the Toltecs

MERILYN TUNNESHENDE

Don Juan and the Art of Sexual Energy recounts Tunneshende's initiation into the ancient sexual energy practices of the Toltec-Mayan tradition. The author shares ancient lessons for empowering sexual energy, enhancing orgasm, balancing polarities, and healing past wounds.

\$15.00, paper, 240 pages, 5 1/2 x 8 1/4
ISBN-13: 978-1-879181-63-2



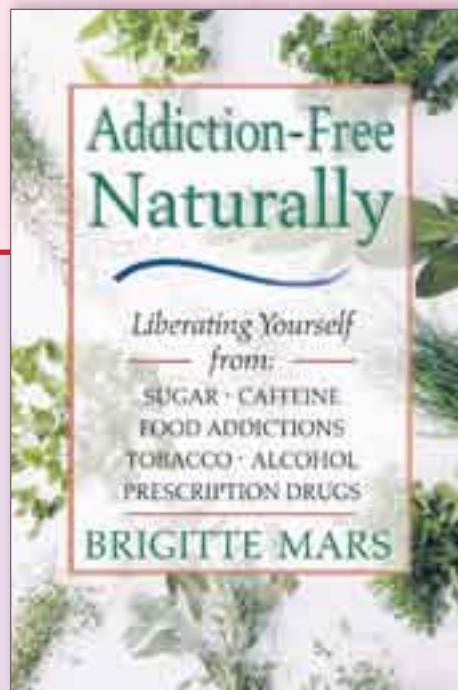
The Passionate Buddha

Wisdom on Intimacy and Enduring Love

ROBERT SACHS

Robert Sachs interweaves traditional Buddhist thought with the concerns of the modern couple. He clarifies how Buddhist practices not only can be integrated into a modern lifestyle but also can be powerful tools for the many changes that occur in any loving relationship.

\$14.95, paper, 224 pages, 6 x 9
ISBN-13: 978-0-89281-914-0



Addiction-Free-Naturally

Liberating Yourself from Sugar, Caffeine, Food Addictions, Tobacco, Alcohol, and Prescription Drugs

BRIGITTE MARS

Addiction-Free—Naturally offers information on gentle but effective ways to ease cravings and nourish the body, as well as on cleansing the body of accumulated toxins and using natural remedies for stress relief.

\$14.95, paper, 272 pages, 6 x 9, ISBN-13: 978-0-89281-892-1

★ Author Brigitte Mars will be holding a workshop at the conference on Sacred Sexuality

★ Featured presenter

